



PROVIDER POST

Fall 2010

September—December

Child Care Innovations has existed for more than twenty years, providing training and support to child care providers, building child care capacity, and developing programs to enhance quality. As a contracted partner of Qualistar Early Learning, we provide child care referrals, consumer education, and provider services for the counties of Adams, Arapahoe, Broomfield, Clear Creek, Douglas, Gilpin, Jefferson, and Park.

Director: Patricia Bolton
303-914-6527

Provider updates and services:
303-969-9666

Training information: 303-914-6307

Community Child Care Referrals:
1-877-338-CARE

Child Care Licensing: 303-914-6304

www.rrcc.edu/childcareinnovations/

**Service Area Community College
ECE Contacts**

Red Rocks Community College
303-914-6326

Arapahoe Community College
303-797-5784

Community College of Aurora
303-340-7078

Front Range Community College
303-404-5525

Professional Development Opportunities!

This bi-annual publication provides information regarding training sessions offered by our agency. All sessions are presented by highly qualified part time college instructors. In addition to providing certificates documenting professional development, we offer participants interactive learning experiences, current information on best practices for early childhood professionals, and connections to supportive community resources...all at affordable prices.

We are also available for consultation and provision of customized training sessions provided at community locations throughout our service delivery area, early childhood professional organizations, or child care centers.

Well trained early childhood professionals are essential to the provision of high quality child care.

For information on other workshops, conferences, and training sessions throughout Colorado, visit the training calendar at www.qualistar.org

Training sessions are based on Colorado's Core Knowledge and Standards for Early Childhood Professional Development

Child Growth and Development (Growth)

Family and Community Relations (Family)

Health, Safety and Nutrition (Health)

Cultural and Individual Diversity (Diversity)

Developmentally Effective Approaches (DEA - formerly known as DAP)

Professionalism (Prof)

Guidance (Guidance)

Administration and Supervision (Administration)

Please note: **REGISTRATION POLICY**

- **All registrations are non-refundable & non-transferable**
- In order to guarantee your enrollment, payment must be received by our office at least 2 business days prior to the scheduled training and this is dependant upon current enrollment status of the training.
- Participants attending a training for which payment has not been received will not be issued a certificate until payment plus a **late fee** of \$5.00 has been received.
- **Instructors cannot accept registration fees.**
- Participants must arrive on time to receive a certificate of completion. Late arrivals may be denied access to the class.
- There may be a \$25 fee assessed for payments not honored by your financial institute.
- Classes are held at Red Rocks Community College, at the Lakewood campus unless otherwise indicated.
- Child Care Centers or School Personnel must have their own individual information; the site information alone will not be accepted.
- You must register for weekend classes by Wednesday of the week of class and by the previous Friday for week night classes.
- **\$5.00 fee for replacement of certificates.**

**Medications Administration
AND
Universal Precautions**

Medications Administration: 9:00 am - 1:30 pm
Universal Precautions: 2:00 pm—3:30 pm

#1 September 11, 2010	Room #2305
#2 September 25, 2010	Room #1452
#3 October 2, 2010	Room #2317
#4 October 23, 2010	Room #2305
#5 November 6, 2010	Room #2315
#6 November 13, 2010	Room #2304
#7 December 4, 2010	Room #2305
#8 December 11, 2010	Room #2305

Cost: Med. Admin: \$45 Universal Precautions: \$20
Save \$10.00: Attend both on the same day: \$55.00

This curriculum, developed by a collaborative team including representatives from the Colorado Department of Public Health and Environment, Healthy Child Care Colorado, The Children's Hospital and the Colorado Department of Human Services, Division of Child Care, is designed to help providers safely administer medications to children in their care. Topics include a medication overview, handling and administration of routine medications, Epi-Pen® training, medication orders, documentation, and rights and responsibilities

First Aid and Adult/Infant CPR

8:00 am-2:00 pm **Cost: \$50.00**

#9 September 11, 2010	Room #1450
#10 October 9, 2010	Room #1450
#11 November 13, 2010	Room #1450

Learn the basics of CPR and choking for the adult, infant and child. Learn the basics of First Aid including General Principles, Medical Emergencies, and Environmental Emergencies.

**#12
Arranging Your Family Child Care Home
to Encourage Learning**

September 7, 2010 6:30 pm – 9:30 pm Room #0664 West
Instructor: Debi Nelson Cost: \$20.00

Have you ever wondered how you could arrange your home in a way that encourages learning, make your day go smoother, and still meet the needs of your family? Whether you are just starting out or have been in the child care business for a while, join us for a fun, interactive evening of looking at space and designing your environment.

Renewal Hours: 2 hours Child Growth and Development (1.4A, B, C, E, 1.5 E, 1.6D, 1.6F, 1.7D); 1 hour Health (2.3 A)

**#13
From Coping to Resilience:
Managing Stress and Living a “Charmed Life”**

September 11, 2010 9:00 pm-1:00 pm Room # 2304
Instructor: Christine Cerbana, M.S. Cost: \$25.00

This interactive workshop will examine the true causes and effects of stress, understand the pressures you face, head off unnecessary problems, cope with those that are unavoidable, and explore ways to reduce and manage stress. In the process, discover your unique potential and inner strengths and channel it to promote health, fitness and self-esteem! This workshop is about valuing yourself, meeting challenges, savoring everyday experiences, finding time for what's really important, and living the life you were meant to live- a “Charmed Life”.

Renewal Hours: 2 Professionalism (7.6B); 2 Health (2.1C)



#14
Books, Kids, & Libraries

September 11, 2010 9:00 am -12:00 pm Cost: FREE
Instructor: Robyn Lupa
Location: Standley Lake Library
8485 Kipling Street
Arvada, CO 80005

The children's librarians of Jeffco offer tips and tricks based on their successful experience in bringing books and kids together. Your public library offers a wealth of learning for children. Learn the best books to read aloud, all-time children's favorites and ideas for projects based on the books.
Renewal Hours: 3 DEA (3.3 and 3.4)

#15
Resources for Families in Crisis

September 25, 2010 9:00 am - 4:30 pm Room #1450
Instructor: Peggy Shannon **Cost:** \$35.00

Have you been challenged by families who are experiencing crisis situations and are coming to you for help? If you have struggled with how to deal with their emotional states and where to send them for more help, this workshop's for you. Learn how to assess the needs of families in crisis and help them work through tough times using basic intervention skills. Participants will receive information of a wide variety of helpful resources available in the community. There will also be opportunities to practice appropriate referrals.

Renewal Hours: 3 hours Family (5.4A); 2 hours Prof (7.1A); 2 hour Diversity (6.1A)

#16
"The Language Journey"
Promoting Children's Emerging Literacy

September 29, 2010 6:30 pm-9:30 pm Room: #7191
Instructor: Patty Gardner **Cost:** \$20.00
Location: Arvada Campus, RRCC
5420 Miller Street
Arvada, CO 80002

We strive to communicate with children the moment they are born. This training will help you understand how language develops and explore ways to effectively support children's development of communication and literacy skills...starting with those adorable infants, moving into the toddler's explosion of language, and identify the ways preschoolers use language. This training is for child care professionals who want a practical and fun class about supporting children's communication skills.

Pre-class requirement: bring one (1) child's book that you love to read to children with lots of expression. You may have the opportunity to read your book to the class.

Renewal Hours: 3 Growth (1.4B, 1.5B, 1.6B)

#17
The Power of Play:
Social-Emotional Development Through Play

September 30, 2010 6:30 pm-9:30 pm Room: WE 2533
Instructor: Jamie Brenner **Cost:** \$20.00

Play is the work and language of childhood. This interactive training will teach you how to use play as a tool to teach children social-emotional skills that they need for healthy development and later success. You will learn play techniques for addressing challenging behaviors, helping children express their emotions, building peer relationships and more!

Renewal Hours: 3 Growth (1.4C)

#18
Preventing Illnesses and Communicable Diseases

October 7, 2010 6:30 pm-9:30 pm Room: WE 3678
Instructor: Crystal Brandt **Cost:** \$20.00

Illnesses and communicable diseases in child care facilities are like "wild fires" in a dry forest, burn out of control, and are hard to contain. Join us and find out if immunizations really work, how they work, and are they safe. Have you been baffled by all of the immunization rules, schedules, and forms? Can you identify illnesses that spread like "wild fire" through your facility? How to prevent it from happening and/or what to do once the outbreak occurs?

Renewal Hours: 3 Health (2.1A)



#19
Child Care is More Than Caring for Children:
The Art of Record Keeping, Family Relationships and Professional Development

October 12, 2010 6:30 pm-9:30 pm Room #7132
Instructor: Debi Nelson **Cost:** \$20.00
Location: The Arvada Campus, RRCC
5420 Miller Street
Arvada, CO 80002

Families, program management, professionalism: you need all three working together for a thriving business. We will look at sharing, helping, involving, and listening to build relationships. What do you have and what do you need for good record keeping? What are your personal and professional goals? Get resources and connections for involvement in the early childhood field.

Renewal Hours: 1 Family (5.2A, 5.3B); 1 Professionalism (7.2B, 7.3A, 7.4A, 7.4B); 1 Administration (8.1D)

#20
Joyful Art of Story Telling



October 16, 2010 **9:00 am– 1:00 pm**
Instructor: Priscilla Queen **Cost: FREE**
Location: Lone Tree Library
8827 Lone Tree Parkway
Lone Tree, CO 80124

Children are natural storyteller and we can help develop this ability that, not surprisingly, is an important skill for getting ready to learn to read.

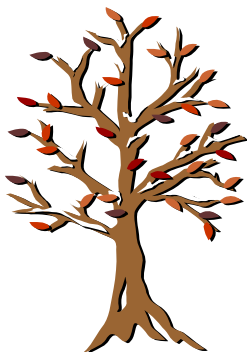
Renewal Hours: 3 Health (1.5B, 1.5E, 1.6B, 1.6B, 1.6E, 1.6F); 1DEA/Developing Social and Emotional Competency (3.8A)

#21
Be a Paperwork Pro!
(for family child care professionals)

October 20, 2010 **6:30 pm-9:30 pm** **Room #7191**
Instructor: Kristy Matthias **Cost: \$20.00**
Location: The Arvada Campus, RRCC
5420 Miller Street
Arvada, CO 80002

You will learn easy ways to organize children's files to ensure that all state mandated paperwork requirements are being fulfilled. There will also be discussion around timelines of when paperwork is due as well as the paperwork that needs to be updated within specific timeframes.

Renewal Hours: 3 Administration (8.1D, 8.1E)



#22
Building Resiliency in our Communities:
Health Disparities

October 23, 2010 **9:00 am-3:30 pm** **Room EA 1017**
Instructor: Wendy Zieker **Cost: \$30.00**

- *When the bough breaks: how racism gets imbedded in the body and affects birth outcomes
- *Becoming American: Latino immigrants arrive healthy but don't stay that way
- *Bad sugar: Diabetes in two Native American Communities
- *Location matters: where you live predicts your health

The conditions of early life not only affect how sick or well we are as children they have an impact on life-long health. Children are still developing so they are especially vulnerable to deprivation and stressful environments. Circumstances set in motion during the early stages of child development are difficult to overcome later on. We will explore through lecture, video and group activities the affect of health disparities in our communities and some choices we can make to change things.

Renewal Hours: 2 Health (2.1); 2 Family (5.1B, 5.1C, 5.2D); 2 Culture (6.1A, 6.3A)

#23
Activities for School Age Children

October 28, 2010 **6:30 pm-9:30 pm** **Room # WE 1692**
Instructor: Liz Jackson **Cost: \$20.00**

Are you at a loss at times for things to do with school age children? Do you feel like you don't have enough ideas to work with this age of children? Come join us to explore ways to have fun and learn more about activities for school age children. This workshop is for professionals working in school age programs and family child care professionals.

Renewal Hours: 3 DEA (3.5)

#24
Putting it All Together:
The Smooth Running Classroom

November 3, 2010 **6:30 pm-9:30 pm** **Room # 7191**
Instructor: Patty Gardner **Cost: \$20.00**
Location: The Arvada Campus, RRCC
5420 Miller Street
Arvada, CO 80002

There is a lot that can contribute to a smooth running day in child care. This class will explore daily schedules, transitions, transition activities, working with an assistant, room arrangement, and intention.

For the greatest potential to benefit, please bring (1) a copy of you daily schedule showing the times and activities and (2) a sketch of your classroom arrangement including doors and windows.

Renewal Hours: 1.5 Growth (1.4E, 1.5E, 1.6F); 1 DEA (3.5C); .5 Guidance (4.1D)

#25

Be a Paperwork Pro!
(for Child Care Center staff)

November 10, 2010

Room # EA 1017

Instructor: Kristy Matthias

6:30 pm –9:30 pm

Cost: \$20.00

You will learn easy ways to organize children's files to ensure that all state mandated paperwork requirements are being fulfilled. There will also be discussion around timelines of when paperwork is due as well as the paperwork that needs to be updated within specific timeframes.

Renewal Hours: 3 Administration (8.1D, 8.1E)

#26

Nurture the Nature: A Product of Our Time

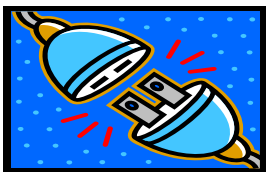
November 13, 2010 9:00 am - 4:30 pm Room #2301

Instructor: Christine Cerbana

Cost: \$40.00

This interactive workshop will examine the principles of brain development and discuss the interaction of heredity and environment in the context of helping children of all ages and academic abilities understand the brain and how their thinking affects their feelings and behavior. Along the way discover how the brain's ability to form new connections helps children, teens, and adults learn to make good choices and responsible decisions. By teaching the BrainWise "10 Wise Ways" children learn to replace impulse behavior with problem solving using "The Wizard Over the Lizard".

Renewal Hours: 2 Growth (1.1A); 2 Guidance (4.3A); 2 DEA (3.1C) & 1 Diversity (6.1B)



#27

Making Connections With Professional Development

November 16, 2010 6:30 pm - 9:30 pm Room #TBD

Instructor: Kris Robledo

Cost: \$20.00

This workshop will help you understand the importance of professional development, help you develop a plan, and help make good sound decisions about professional development for personal development and career advancement.

Renewal Hours: Professionalism (7.4A)



#28

Orientation to the Qualistar Rating

December 2, 2010

Room #WE 1692

Instructor: Kris Robledo

6:30 pm– 9:30 pm

Cost: \$20.00

One of the primary goals of Child Care Resource and Referral is to assist early childhood programs in quality improvement. The Qualistar Rating provides an independent mechanism for accessing program strengths and weaknesses, as well as the development of strategies to improve quality. This session will help participants in understanding the Qualistar Rating process, the five components of the rating, and resources for supporting continuous quality improvement.

Renewal Hours: 3 Administration (8.1D)

Helpful Websites

- * Early Childhood Colorado
www.earlychildhoodcolorado.org
- *Colorado Department of Human Services,
Division of Child Care
www.cdhs.state.co.us
- *Colorado Office of Professional Development
www.coloradoofficeofprofessionaldevelopment.org
- *Colorado Department of Public Health &
Environment
www.cdphe.state.co.us
- *National Association of Child Care Resource and
Referral
www.naccrra.org

Non-Profit Org.
 U.S. POSTAGE
 PAID
 Golden, CO
 Permit No. 190

Red Rocks Community College
 Child Care Innovations
 13300 West 6th Ave., Box 22B
 Lakewood, CO 80228

Registration Form

Name: _____ **Email Address** _____
Address: _____ **City/Zip:** _____
County: _____ **Home Phone** _____ **Work Phone** _____

Class #	Date	Amount	Class #	Date	Amount
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

TOTAL AMOUNT FOR ALL CLASSES: _____

No Refunds/No Class Transfers

Please enclose check with form
 Mail to:
 Child Care Innovations
 Attn: Registration
 13300 W. 6th Ave., Box 22B
 Lakewood, CO 80228

Occupation or Title: _____
Business or Site Name: _____
Site Address: _____
City/Zip: _____ **County:** _____
Director's Name: _____

Call 303-914-6307 to register using a major credit/debit card
All classes listed are held at Red Rocks Community College: 13300 W. 6th Ave. in Lakewood, CO 80228

If a classroom number is "To be announced" (TBA), please call prior to attendance or plan to arrive a few minutes early in order to check the signs and monitors located on campus.