ZUMBA®

FORGET ABOUT THE WORKOUT

JUST LOSE YOURSELF IN THE MUSIC AND FIND YOURSELF IN SHAPE AT THE ULTIMATE DANCE-FITNESS PARTY.

FOR CLASS DETAILS
CONTACT YOUR LICENSED ZUMBA® INSTRUCTOR:

Mindy Heimer

303-914-6375

http://mindyh.zumba.com

Join Mindy every Monday at 12pm in the Community Room for Zumba!

Cost: Free for all members at RRCC Fitness!

Contact RRCC Fitness with questions @ 303-914-6375

zumba.com

JOIN THE party™

Copyright © 2014 Zumba Fitness, LLC. | Zumba® and the Zumba Fitness logos are trademarks of Zumba Fitness, LLC