

Associate of Applied Science Holistic Health (Transfers to Metro State's Integrative Therapeutic Practices Degree)

HHP 244 Holistic Health Level I	1 credit
HHP 254 Holistic Health Level II	2 credits
HHP 256 Holistic Health Level III	2 credits
HHP 229 Wellness Counseling	1 credit
HWE 100 Human Nutrition	3 credits

General Education Courses

Arts & Humanities

6 credits

Choose any 6 credits from this area of Statewide GT
(Guaranteed Transfer courses)

English

ENG 121, 122, COM 115 or 125 9 credits

Math

MAT 135 3 credits

Science

BIO 111, 201, 202, CHE 101 18 credits

Social & Behavioral Science

HIS: Chose any Statewide GT
(Guaranteed Transfer courses) 3 credits

ANT 101 (Cultural Anthropology) 3 credits

HHP (elective courses, any) 10 credits

Total Credits 61

(Holistic Health 3 can only be taken after completing 13 credits of HHP classes)

