

**Holistic Health
And
Reflexology Certificate Combined
Sample Schedule**

Courses	Credits
<u>Fall First Semester</u>	
HHP 244 Holistic Health I	1
HHP 166 Intro to Reflexology	1
HHP 164 Hand Reflexology (offered fall only)	1
HHP 169 Intro to Healing Hands and Feet (offered fall only)	1
HHP 188 Reflexology Lab	1
<u>Spring Second Semester</u>	
HHP 254 Holistic Health II	2
HHP 260 Advanced Reflexology (offered spring only)	1
HHP 190 Crystals and Minerals	0.5
HHP 263 Creating a Holistic Practice (offered spring only)	0.5
HHP 188 Reflexology Lab	1
<u>Fall Third Semester</u>	
HHP 270 Clinical	2
HHP 229 Wellness Counseling	1
HHP course (choose any course to get 1 credit from HHP)	1
<u>Summer</u>	
Holistic Health III (offered only summer)	2
Total Required Credits	16