

Instructions for Self-Assessment Module



1. Download the **Learning Styles Inventory** and the **Learning Styles Scoring** page. Complete the inventory and use the scoring page to determine which learning style is your strongest. Please note – you may be close in several areas and therefore use more than one style to learn and remember information.
2. Read the information found in the **How to use Learning Styles** to ascertain the techniques which will help you to study better.
3. Download the **Skills Questionnaire** and complete it. Which areas of the assessment are you strong and which need some work?
4. Download the **Multiple Intelligences Inventory** and complete it.
5. Read the section **Multiple Intelligence Explained**; then determine the skills and career areas you might consider.
6. After completing the previous steps, **write an action plan** for how you will use the information from the self-assessment module in the future. Print up your plan and put the copy up in your study area.
7. **For more information on any of these concepts contact the Connect to Success Office - Office #1655 or dana.kobold@rrcc.edu or 303.914.6317**