

SATURDAY MAY  $28^{th}$  & SUNDAY MAY  $29^{th}$ , 2016 OR SATURDAY JUNE  $18^{TH}$  & SUNDAY JUNE  $19^{TH}$  2016 FROM 9:00AM-3:00PM-PM

## PLEASE RSVP @ 303-914-6394

Red Rocks Community College 13300 W. 6<sup>th</sup> Ave. Lakewood, CO., 80228 In the Community Room

## Sponsored by:

Red Rocks Campus Police Department 13300 W. 6<sup>th</sup> Ave Lakewood CO 30228 T: 303-914-6394

E: Ericka.Rendon@rrcc.edu

E: Sam.Hufschmidt@rrcc.edu



NO PRIOR EXPERIENCE NECESSARY!

NO AGE REQUIRMENTS!

OPEN TO ALL WOMEN!

FREE TO RED ROCKS COMMUNITY COLLEGE

STUDENTS, \$25.00 FOR ALL OTHERS.

## NO BOYS, OR MEN ALLOWED!

The R.A.D. Systems of Self Defense offers programs for women, children, men and seniors. These offerings provide a truly holistic approach to self-defense education, supporting the necessity of continuous learning in order to provide realistic options for each population as they go through life. Each of these programs includes educational components comprised of lecture, discussion, physical resistive strategies. All of which are facilitated by certified R.A.D. Instructors supported by a network of dedicated professionals who honor one another's studentthrough our unique Lifetime Return and Practice Policy.

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