



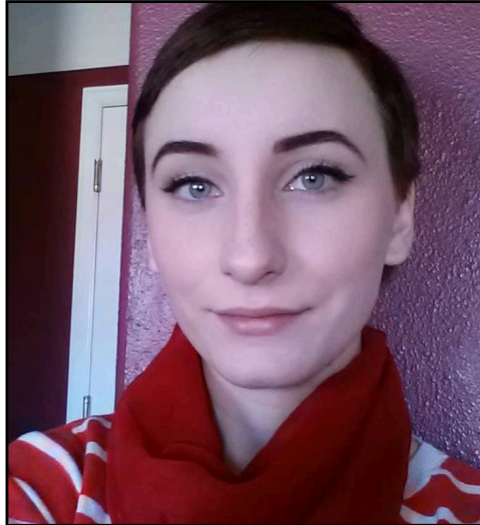
# THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF MARCH 10TH - MARCH 16TH 2014

Email your items to Terry.Hutchinson@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

## Get To Know...



### Alexa Ellstorm

#### About:

**Where she's from:** Born in Cali.

**Someday she wants to:**

Go back to Ireland

**The last trip she took:**

Germany and France

**Dream car:** Volvo C30

**Her one wish is:** Free education

**Pets:** 2 dogs and 3 cats

**Daily craving:** Pizza burrito

**Worst job:** Child's Ski Instructor

#### Favorites:

**Book:** Neverwhere by Neil Gaiman

**TV Show:** Dr. Who

**Superhero:** Green Lantern

**Flower:** Lilies

**Clothing:** Shirts

**RRCC Fitness** will now be open from 6:30 a.m - 5:00 p.m. Fridays; service will no longer be pausing in the morning from 8:00 - 9:45 a.m. This is part of a series of improvements that will be coming to the RRCC Fitness over the next several months. Aaron, the new coordinator, invites you to let him know what they can be doing better.

Email him at:

[aaron.roppolo@rrcc.edu](mailto:aaron.roppolo@rrcc.edu)

We hope to see you soon!

More "John" on the back!

## CAMPUS ACTIVITIES

Monday, March 10th

### Money Makeover

Examine your unique money personality and use new insights to develop a budgeting system that makes sense for you.

12:00 - 1:00 p.m. in the Community Room

Tuesday, March 11th

### A MAJOR Decision

Not sure what you want to do for the rest of your life? In this workshop we will explore different college majors and ways they link to careers to help guide you through your college journey.

12:00 - 1:00 p.m. in the Gateway Room

### STUDENT FOOD BANK:

AT THE STUDENT LIFE DESK. UP TO 4 FREE ITEMS PER WEEK WITH CURRENT STUDENT ID.

11:00 A.M. - 1:00 P.M. & 4:00 - 6:00 P.M.

Wednesday, March 12th

### ΠDay

2 Guessing Jars! (One at the Student Life Desk & one in the Learning Commons) Scavenger Hunt! Answer questions hidden throughout the school.

10:00 a.m. - 2:00 p.m. in the Great Hall Pie & Green ice cream in the Den at Noon and 5:00 p.m. until it is gone.

### PTK Member Meeting

11:00 a.m. OR 5:30 p.m. in the Mt. Evans room.

### Film: Girl Rising

An educated girl can empower herself, lift her family, help her community, and change her country. Join us for an influential film that will raise your awareness and attest to the power of education.

12:00 - 3:00 p.m. in the Community Room

### STUDENT FOOD BANK:

AT THE STUDENT LIFE DESK. UP TO 4 FREE ITEMS PER WEEK WITH CURRENT STUDENT ID.

11:00 A.M. - 1:00 P.M. & 4:00 - 6:00 P.M.

Campus activities continued on the back!

## Available at the Student Life Desk:

Student IDs - Free (replacement \$10)

RTD 10-ride booklets - \$17

Locker Rental - \$8

Movie Tickets (limit 6) - \$8

Postage Stamps (limit 6) - 46¢

Photocopies - 10¢/page

Color Prints - 50¢/page

Faxes - 50¢ local \$1 long distance

### Checkout with Current ID:

Playstation 3 and Xbox 360 Games

Pool Balls and Cues

Computer Equipment

Ping-Pong Paddles & Balls

Basketballs, Volleyballs, Soccerballs

Tennis Equipment

### Did you know?

According to the CDC flu season peaks either in the month of January or later! It's not too late to protect yourself. Come by the Student Health Center and get a flu shot or call us to schedule an appointment at

(303) 914-6655.

\*Must provide current student ID

## ARVADA CAMPUS ACTIVITIES:

### Free Popcorn

Tuesdays, Wednesdays, & Thursdays:  
11:00 a.m. - 2:00 p.m. & 5:00 - 7:00 p.m.  
Saturdays: 10:00 a.m. - 1:00 p.m.

### Food Bank

Wednesday: 5:30 - 7:00 p.m.  
Thursdays: 11:00 a.m. - 12:30 p.m.

### Math Tutoring

Monday: 3:00 - 6:00 p.m.  
Tuesday: 1:30 - 2:30 p.m. & 3:00 - 5:00 p.m.

### Writing Tutoring

Mondays: 9:30 a.m. - 2:30 p.m.  
Tuesdays & Thursdays: 2:00 - 3:00 p.m.

### CIS Tutoring

Mondays: 5:00 - 8:00 p.m.  
Thursdays: 2:00 - 6:00 p.m.  
Saturdays: 10:00 a.m. - 1:00 p.m.

## Wednesdays

Behavioral Health Counselor Katey Parsons will be on campus by appointment only, Wednesdays 10:00 a.m. - 2:00 p.m. please call 303- 914-6655.



**THE BACK OF THE**

# **JOHN LETTER**

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

## **CAMPUS ACTIVITIES CONT.**

Thursday, March 13th

### **Test Anxiety**

Relax and tackle your tests with a few techniques you can apply before, during, and after the exam.

3:00 - 4:00 p.m. in the Community Room.

Saturday, March 15th

### **Rugby Game!**

Come support our rugby team at 1:00 p.m. over at the Pavilion. Cheer them on as they go against the Adams State!

**Next week...**

**look for the leprechaun to score St. Pat's Day goodies; Green Ice Cream in the Den starting at 12:30 p.m. and 5:00 p.m.**

## **Exploring Careers in Performing Arts**

Meet with industry and university professionals representing:

- ★ Performance
- ★ Technology
- ★ Education
- ★ Production

Includes a panel discussion plus small group and one-on-one interactions. Attending the entire event is highly recommended. Wednesday, March 19th at 11:00 a.m. - 1:00 p.m. in the Community room.

## **Work Out Free**

The Fitness Center is FREE for all RRCC students. Bring your current student ID & stop by for orientation.

Fitness Center hours vary each semester, during semester breaks, holidays and school closures. Please call 303-914-6375 or stop by for current hours.



## **Campus Portal**

Find what you need!

Log in to The Rock:

- Add/Drop classes
- Student Clubs
- Desire2Learn
- Upcoming Events
- And more

Check out the link on [www.rrcc.edu](http://www.rrcc.edu)

# the rock



Follow us on:

facebook!

[facebook.com/redrockscscc](http://facebook.com/redrockscscc)

AND



twitter!

[twitter.com/rrccedu](http://twitter.com/rrccedu)

## **Learning Commons News**

### MGD Tutoring Hours

Monday: 10:00 a.m. - 5:00 p.m.

Tuesday: 1:00 - 2:00 p.m. & 3:00 - 9:00 p.m.

Wednesday: 12:00 - 7:00 p.m.

Thursday: 10:00 a.m. - 3:30 p.m.

Located in the MGD Lab room 0551.

## **STUDENT VETERANS CENTER**



Southwest Corner of Library

Computer, TV Lounge,

VA Literature, Magazines, etc.

## **Payroll Deadline**

Biweekly Payroll: 3/08 - 3/21

E-timesheets are due Friday, March 21st by

**12:00 p.m.** Pay will be direct

deposited Friday, April 4th, 2014.

## **MONEY!**

Remember, there are two steps to COF:

1: Apply

2: Authorize

Please preview your bill to ensure your

COF stipend has been applied to your

account! If not...

Contact:

Jenn Panetta, COF Advisor

303-914-6254 or email

[jennifer.panetta@rrcc.edu](mailto:jennifer.panetta@rrcc.edu)



Welcome to RRCC's online career network

# CAREER connect

BRINGING STUDENTS AND EMPLOYERS TOGETHER

### **Hot Jobs:**

#1286 - Accounting Intern - Lakewood

#1201 - Tax Preparation Assistant - Colorado

#1168 - Intern at the State Capitol - Denver

### **Hot Internships:**

#752 - Security Officer - Advantage Security Inc.

#1484 - Independent Contractor - Yeti Lights

#1654 - Bilingual Medical Assistant -

WSI Healthcare Personnel Inc.

For more information about these and many other positions, visit:

<http://www.rrcc.edu/careerconnect>

**NEED HELP FILLING OUT THE FAFSA? NO PROBLEM!**

Stop by the Financial Aid Office or call (303) 914-6256 and schedule an appointment with Larry Porter. He can sit with you one on one and help guide you through the whole FAFSA application process online. Fill out the 2013 - 2014 FAFSA for the Spring semester or complete the new 2014 - 2015 FAFSA, now available online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov)

So don't waste any time, schedule your appointment today!

**"DON'T GO AROUND SAYING THE WORLD OWES YOU A LIVING. THE WORLD OWES YOU NOTHING. IT WAS HERE FIRST. - MARK TWAIN"**