



THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF JULY 22ND- JULY 28TH 2013

Email your items to Terry.Hutchinson@rcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

CAMPUS ACTIVITIES

Wednesday, July 24th

STUDENT FOOD BANK:
AT THE STUDENT LIFE DESK.
UP TO 4 FREE ITEMS PER WEEK.
11:00 A.M. - 1:00 P.M. & 4:00 - 6:00 P.M.

Stop by the Student Life Desk to vote for your choice for movie night.
Last week's genre winner: Horror!
This week's voting: Horror categories.

Tobacco Quitters at Lunch

Whether you're ready to quit, thinking about it, or just need information, let's talk! Bring your lunch and join us Tuesdays 11:00 a.m. - 12:00 p.m. in the Mt. Evans Room, June 11th - July 30th. Drop-ins welcome. For more information call 303-239-7022.

This week in Science!

The researchers used the new ALMA (Atacama Large Millimetre/submillimetre Array) telescope in Chile -- the most powerful radio telescope in the world -- to view the stellar womb which, at 500 times the mass of the Sun and many times more luminous, is the largest ever seen in our galaxy. The researchers say their observations -- to be published in the journal *Astronomy and Astrophysics* -- reveal how matter is being dragged into the centre of the huge gaseous cloud by the gravitational pull of the forming star -- or stars -- along a number of dense threads or filaments. "Even though we already believed that the region was a good candidate for being a massive star-forming cloud, we were not expecting to find such a massive embryonic star at its centre. This cloud is expected to form at least one star 100 times more massive than the Sun and up to a million times brighter. Only about one in 10,000 of all the stars in the Milky Way reach that kind of mass."

Find out more on www.sciencedaily.com

More "John" on the back!

Get To Know...



Carmen Lucero

About:

Where she's from:

Mazatlan, Mexico

What's her major: Business Administration Accounting

One day she wants to: Travel around the world

The last trip she took: To Mexico to visit my family

Childhood idol: My mom

Daily craving: Chocolate

Happy place: With my family

Favorite place on Friday night: With friends enjoying a nice dinner

Best job: Teacher Assistant

Dinner with anyone from from anytime: Mahatma Gandhi

Favorites:

Activity: Weightlifting

Color: Turquoise

Food: Fish/salads

Song: "The Best Thing About Me Is You" by Ricky Martin

Movie: The Illusionist

Book: Pride and Prejudice

Class: Accounting 121

Artist: My daughters

TV show: Big Bang Theory

TV character: Charlie (Two and a Half Men)

Ice cream: Butter pecan

Animal: Dog

Flower: White roses

Tea: Herbal

Available at the Student Life Desk:

Student IDs - Free (replacement \$10)

RTD 10-ride booklets - \$17

Women in IT shirts - \$12

Locker Rental - \$7 - \$8

Movie Tickets (limit 6) - \$8

Elitches Tickets (limit 6) - \$27.99

Postage Stamps - 46¢

Photocopies - 10¢/page

Color Prints - 50¢/page

Faxes - 50¢ local \$1 long distance

Free Checkout with ID:

Playstation 3 and Xbox 360 Games

Pool Balls and Cues

Computer Equipment

Ping-Pong Paddles & Balls

Basketballs, Volleyballs, Soccerballs

Tennis Equipment

Got Grades?

Do your test taking skills need a boost? Don't fear, Connect to Success Services is here! Stop by to meet us in the Learning Commons and take away helpful hints and handouts for your final exams.

ARVADA CAMPUS ACTIVITIES:

Free Popcorn

Tuesdays & Thursdays: 11:00 a.m. - 2:00 p.m.
& 5:00 - 7:00 p.m.
Wednesday: 5:00 - 7:00 p.m.

Food Bank

Tuesday: 1:00 - 2:00 p.m.
Wednesday: 5:00 - 6:00 p.m.

Math Tutoring

Tuesday & Thursday: 4:30 - 6:30 p.m.

Writing Tutoring

Monday & Wednesday: 3:45 - 5:45 p.m.
Tuesday: 1:00 - 6:00 p.m.
Thursday: 2:30 - 5:30 p.m.

Tuesday, July 23rd

Chocolate Day
in the Front Lobby

Thursday, July 25th

Mental Health Counselor

At the Arvada Campus 10:00 a.m. - 2:00 p.m.



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Good Eats from the café! We are trying to reach out to all types of diets. For vegans, we have new sandwiches with a new tofu mayo. We are also doing Gluten free items. Please come see me if you have a special that you would like me to prepare. We are eager to please. Let's cook, Christina.

Red Rocks Student Health Clinic

Need a physical for the program you're enrolled in? Come to the Student Health Clinic and get your physical for free! If you need any immunizations for your program we offer them at cost. We carry Hepatitis B, Tetanus, and Tuberculosis testing. Stop by or give us a call for an appointment at 303-914-6655

Did you know RRCC has MANY clubs on campus?

We have clubs such as Poli-Sci, Anime Club, Engineering, Video Games, Cru, etc. If you are interested in joining an existing club or starting your own, contact Sara Oviatt 303.914.6547 or sara.oviatt@rrcc.edu Club flyers are located on the West End of the Bridge

DO YOU KNOW:



- ★ Who your lender is?
 - ★ How much your monthly payment will be?
 - ★ What the terms of your loans are?
 - ★ What options you have if you have trouble making payments?
 - ★ Who can help?
- Ask Tom Miller, your Default Prevention Loan Advisor in the Financial Aid Department.

Campus Portal

- Find what you need!
Log in to The Rock:
- Add/Drop classes
 - Student Clubs
 - Desire2Learn
 - Upcoming Events
 - And more

Check out the link on www.rrcc.edu



Follow us on:
acebook!
facebook.com/redrockscce



AND
witter!
twitter.com/rrccedu

Learning Commons News

Lakewood Summer Math Tutoring
Mon-Thurs: 9:00 – 5:30 p.m.
Fri: 11:00 – 3 p.m.

Arvada Summer Math Tutoring
Tues & Thurs: 4:30pm – 6:30 p.m.

Check out the website for times at
http://www.rrcc.edu/lc/tutor_lkwd.htm

STUDENT VETERANS CENTER

Southwest Corner of Library
Computer, TV Lounge,
VA Literature, Magazines, etc.

Payroll Deadline
Biweekly Payroll: 7/13 - 7/26
E-timesheets are due Friday, July 26th by
5:00 p.m. Pay will be direct
deposited Friday, August 9th 2013.

DEN SUMMER HOURS

Monday - Thursday: 11:00 a.m - 7:00 p.m.
Friday: Closed
Saturday: 10:00 a.m. - 2:00 p.m.

Taking an Online Class?



RRCC's online system is
Desire2Learn

For more details go to:
online.rrcc.edu

Welcome to RRCC's online career network

CAREER Connect

BRINGING STUDENTS AND EMPLOYERS TOGETHER

Hot Jobs:

- #650 - Accounting Specialist -
Westerra Credit Union
- #645 - FT W/WW Plant Operator -
The Verandas
- #655 - LSRT Medical Assistant - Arbor
Occupational Medicine

Hot Internships:

- #639 - AEG Live Denver Fall 2013 Concert
Promotions/Marketing
- #651 - Public Policy Internship
- #656 - Photography/Art Internship

For more information about these
and many other positions, visit:
<http://www.rrcc.edu/careerconnect>

Meet Your Health Clinic Staff

☀ Johnna Jaynes MMS PA-C
Johnna graduated from the RRCC PA program in 2009. She is the Director of Student Health and the full time Physician Assistant for the Health Clinic.

☀ Ginger Stewart MMS PA-C
Ginger graduated from the RRCC PA program in 2009. She is the part time Physician Assistant for the Health Clinic.

☀ Nicole Brown MA
Nicole graduated from Heritage College in 2007 with a degree in Medical Assisting. She is the full time Medical Assistant for the Health Clinic.

We also have student workers that run our front desk. If you have any questions regarding the health clinic please feel free to stop by.

Work Out Free

The Fitness Center is FREE for all RRCC students. Bring your current student ID & stop by for orientation. Fitness Center hours vary each semester, during semester breaks, holidays and school closures. Please call 303-914-6375 or stop by for current hours.

