



THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF AUGUST 19TH - AUGUST 25TH 2013

Email your items to Terry.Hutchinson@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

CAMPUS ACTIVITIES

Wednesday, August 21st

ASK A COP!

See how the Campus Police can serve you!
11:00 a.m. - 1:00 p.m. out on the Bridge

Stop by the Student Life Desk to vote for your choice for movie night. This week's voting: B-Movie Horror's Top 2 movie choices!

Good Eats from the café! We are trying to reach out to all types of diets. For vegans, we have new sandwiches with a new tofu mayo. We are also doing Gluten free items. Please come see me if you have a special that you would like me to prepare. We are eager to please. Let's cook, Christina.

Greetings humans & robots who are impersonating humans to learn "what is this thing... love?" We here in the *Bremuda* triangle wanted you to know that we are taking steps toward a more salubrious menu! All of our drinks can be made with skim, soy, or almond milks, and we are increasing our variety of teas. On the food front, we now carry organic apples, grown in the USA! (Add a caramel dipping cup for .75 cents!) We'll also be carrying more dried fruit and nuts on our "Nutty guys" shelf, as well as a selection of vegan and gluten free "go-free" bars. Yay! For the animatronic amongst us, we will continue to offer our cliff bars, sandwiches, veggie wraps, and hummus cups, which you should be able to masticate as a convincing parody of the human eating process. -Bob, the magic coffee makin' man
More "John" on the back!

Get To Know...



Nathaniel LaCrué

About:

- One day he wants to:**
Travel to all places
- How often he goes dancing:**
Anytime I can
- Current shoes:** Sketchers
- Regular shoes:** Converse
- Pets:** Fat cat and rat dog
- Daily craving:** Raspberry-white chocolate scones
- Happy place:** In a good book
- Best job:** RRCC Coffee Job or Speech Coach (both current)
- Greatest fear:** Riding a giant spider
- Famous person he's told he resembles:** Justin Long
- Favorites:**
- Color:** Green and purple
- Food:** Potato
- Class:** American Sign Language
- Actress:** Marlee Matlin
- Ice cream:** Cookies and Cream
- Movie theater spot:** Middle row closer to the front
- Animal:** Wolf
- Number:** 27
- Tea:** Peppermint
- Clothing:** Sweaters

Attention Students!

Thoughts, ideas, or ads for the John Letter? Stop by the Student Project Center or email Terry.Hutchinson@rrcc.edu

Available at the Student Life Desk:

- Student IDs - Free (replacement \$10)
- RTD 10-ride booklets - \$17
- Locker Rental - \$7 - \$8
- Movie Tickets (limit 6) - \$8
- Elitches Tickets (limit 6) - \$27.99
- Postage Stamps - 46¢
- Photocopies - 10¢/page
- Color Prints - 50¢/page
- Faxes - 50¢ local \$1 long distance
- Free Checkout with ID:**
- Playstation 3 and Xbox 360 Games
- Pool Balls and Cues
- Computer Equipment
- Ping-Pong Paddles & Balls
- Basketballs, Volleyballs, Soccerballs
- Tennis Equipment

RRCC BIGGEST QUITTER CONTEST

You CAN break free from tobacco (and earn up to \$75 in Target Gift Cards)! Pick up your application at the RRCC Fitness Center Front Desk before Sept. 19, 2013 Questions? Call 303-239-7022

It's time for the Office of Disability Services Semester Kick Off Incentives Program. Get your Semester Requests in by September 9th and Signed Accommodation Forms by September 27th to the office to be eligible for prizes. Students with the Office of Disability Services can talk to staff in room 1182 for details.

ARVADA CAMPUS ACTIVITIES:

Free Popcorn

Tuesdays, Wednesdays, & Thursdays:
11:00 a.m. - 2:00 p.m.

Food Bank

Tuesday: 12:00 - 2:00 p.m.
Wednesday: 5:00 - 7:00 p.m.

Thursday, August 22nd

Healthy Foods

10:00 a.m. - 12:00 p.m. & 5:00 - 7:00 p.m.
in the Front Lobby



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New Species Found!

Imagine a mini-raccoon with a teddy bear face that is so cute it's hard to resist, let alone overlook. But somehow science did – until now. Researchers announced Thursday a rare discovery of a new species of mammal called the olinguito. The reddish-brown animal is about 14-inches long with an equally long tail and weighs about 2 pounds.

It belongs to a grouping of large creatures that include dogs, cats and bears. The critter leaps through the trees of mountainous forests of Ecuador and Colombia at night, according to a Smithsonian researcher who has spent the past decade tracking them.



To find out more go to http://www.huffingtonpost.com/2013/08/15/olinguito-new-mammal-species_n_3761649.html

Tobacco Quitters at Lunch

Whether you're ready to quit, thinking about it, or just need information, let's talk! Bring your lunch and join us Thursdays in the Council Conference Room (next to the Student Life Desk), Aug. 22nd-Dec. 12th. Drop-ins welcome. For more information call 303-239-7022.

"You are so finished when I get in there! I'm gonna stuff you in the blender, push "puree," then bake you into a pie and feed it to the social worker! And when he says, "Mmmm, this is great, what's your secret?" I'm gonna say...

[Mr. Bubbles hooks his foot around hers and pulls her away from the dog-door] ...Love... and... nurturing..."
Nani- Lilo and Stitch

Campus Portal

Find what you need!
Log in to The Rock:

- Add/Drop classes
- Student Clubs
- Desire2Learn
- Upcoming Events
- And more

Check out the link on www.rrcc.edu



Follow us on:
Facebook!

facebook.com/redrockscscc
AND



Twitter!

twitter.com/rrccedu

Learning Commons News

Mon – Thurs: 7:00 a.m. – 9:00 p.m.
Fri: 8:00 a.m. – 6:00 p.m.
Sat: 8:00 a.m. – 4:00 p.m.

Library hours:
Mon – Thurs: 8:00 a.m. – 9:00 p.m.
Fri: 8:00 a.m. – 6:00 p.m.
Sat: 8:00 a.m. – 4:00 p.m.

Check out the website for times at http://www.rrcc.edu/lc/tutor_lkwd.htm

STUDENT VETERANS CENTER

Southwest Corner of Library
Computer, TV Lounge,
VA Literature, Magazines, etc.

Payroll Deadline
Biweekly Payroll: 8/10 - 8/23
E-timesheets are due Friday, August 23rd
by **12:00 p.m.** Pay will be direct
deposited Friday, August 23rd 2013.

Did you know RRCC has MANY clubs on campus?

We have clubs such as Poli-Sci, Anime Club, Engineering, Video Games, Cru, etc. If you are interested in joining an existing club or starting your own, contact Sara Oviatt 303.914.6547 or sara.oviat@rrcc.edu
Club flyers are located on the West End of the Bridge

Taking an Online Class?



RRCC's online system is
Desire2Learn

For more details go to:
online.rrcc.edu

Welcome to RRCC's online career network

CAREER Connect

BRINGING STUDENTS AND EMPLOYERS TOGETHER

Hot Jobs:

- #650 - Accounting Specialist - Westerra Credit Union
- #645 - FT W/WW Plant Operator - The Verandas
- #655 - LSRT Medical Assistant - Arbor Occupational Medicine

Hot Internships:

- #639 - AEG Live Denver Fall 2013 Concert Promotions/Marketing
- #651 - Public Policy Internship
- #656 - Photography/Art Internship

For more information about these and many other positions, visit:
<http://www.rrcc.edu/careerconnect>

Meet Your Health Clinic Staff

☀ Johnna Jaynes MMS PA-C
Johnna graduated from the RRCC PA program in 2009. She is the Director of Student Health and the full time Physician Assistant for the Health Clinic.

☀ Ginger Stewart MMS PA-C
Ginger graduated from the RRCC PA program in 2009. She is the part time Physician Assistant for the Health Clinic.

☀ Nicole Brown MA
Nicole graduated from Heritage College in 2007 with a degree in Medical Assisting. She is the full time Medical Assistant for the Health Clinic.

We also have student workers that run our front desk. If you have any questions regarding the health clinic please feel free to stop by.

Work Out Free

The Fitness Center is FREE for all RRCC students. Bring your current student ID & stop by for orientation.
Fitness Center hours vary each semester, during semester breaks, holidays and school closures. Please call 303-914-6375 or stop by for current hours.

