

Jefferson High School Concurrent Enrollment Courses

| Course | Description | Credits |
|-------------------|---|---------|
| | | |
| LIT 115 Spring | Intro to Literature <u>(Guarantee Transfer Course)</u> High School Instructor: Carrie Paulson | 3 |
| Enrollment | Introduces fiction, poetry, and drama. The course emphasizes active and responsive reading and writing. | |
| | Prerequisite: ACT Scores: English 18 SAT Scores: Verbal 440 Accuplacer Scores: Sentence Skills 95 | |
| | Plans of study: <u>http://www.rrcc.edu/english</u> http://www.rrcc.edu/degrees-certificates | |
| ECE 101 | Introduction to Early Childhood Education High School Instructor: Nicole Kamman | 3 |
| Fall Enrollment | Provides an introduction to early childhood education. It includes the eight key areas of professional knowledge: child growth and development; health, nutrition, and safety; developmentally appropriate practices; guidance; family and community relationships; diversity; professionalism; and administration and supervision. This course focuses on birth through age eight. | |
| | Prerequisites: ACT scores: English 18 SAT scores: Verbal 440 Accuplacer Scores: Sentence Skills 95 | |
| | Plans of Study: <u>http://www.rrcc.edu/early-childhood-</u> education | |

| ECE 111 | Infant and Toddler Theory and Practice | 3 |
|----------------------------|---|---|
| | High School Instructor: Nicole Kamman | |
| Spring Enrollment | | |
| | Presents and overview of theories, applications (including | |
| | observations), and issues pertinent to infant and toddler | |
| | development in group and/or family settings. It also | |
| | includes the state mandated infant and toddler | |
| | requirements for licensing, health, safety, and nutrition | |
| | issues. | |
| | Prerequisites: | |
| | ACT scores: English 18 | |
| | SAT scores: Verbal 440 | |
| | Accuplacer Scores: Sentence Skills 95 | |
| | Plans of Study: <u>http://www.rrcc.edu/early-childhood-</u> | |
| | education | |
| | | |
| PED 102 | Weight Training | 3 |
| | High School Instructor: Rosa Maes | |
| Fall and Spring Enrollment | | |
| | Offers basic instruction and practice in weight training. | |
| | Students will use eight training equipment in accordance | |
| | with their abilities and goals. Emphasis is placed upon | |
| | weight training equipment orientation, correct lifting | |
| | techniques, and basic program design for men and | |
| | women. | |
| | Prerequisite: N/A | |
| | Plan of Study: <u>http://www.rrcc.edu/degrees-certificates</u> | |
| PED 103 | Advanced Weight Training | 1 |
| | High School Instructor: Rosa Maes | |
| Fall and Spring Enrollment | | |
| | Offers guided instruction and independent practice in | |
| | weight training for men and women. Students will | |
| | practice various weight-training techniques in accordance with your abilities. Emphasis is placed upon physiological | |
| | considerations, equipment orientation, correct lifting | |
| | techniques, program design, and nutrition. | |
| | | |
| | Prerequisite: PED 102 or permission if instructor | |
| | Plan of Study: <u>http://www.rrcc.edu/degrees-certificates</u> | |