



THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF APRIL 18TH - APRIL 24TH, 2016

E-mail your items to Terry.Hutchinson@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

NOTICE!

RRCC Student Government is proposing changes to their constitution. These changes are available for review from April 4th - 17th. A campus referendum will follow on the Week of April 18th. Students will be able to vote on these changes. Questions can be presented to president.sg@rrcc.edu (303 - 914 - 6373) or mark.squire@rrcc.edu

CAMPUS ACTIVITIES

Monday, April 18th

Willpower and Grace

Join the fitness center in group fitness every Monday from 12:00 - 1:00 p.m. in the Mt. Evans Room

Bringing in The Bystander Workshop

As part of Sexual Assault Awareness month, please join guest presenters from The Blue Bench. Discuss sexually inappropriate behaviors and ways that bystanders can make a difference in preventing assault. April 18th, 10:30 - 11:45 a.m. in The Den

Tuesday, April 19th

Student Food Bank

Up to 4 free items per week with current student ID at the Student Life Desk. 11:00 a.m. - 1:00 p.m. & 4:00 - 6:00 p.m.

Wednesday, April 20th

Rainbow Alliance

Rainbow Alliance is a club that raises awareness and community involvement for the GLBT+ community. Meeting occurs every Wednesday from 12:00 p.m. - 1:00 p.m. in The Green Mountain Room.

Student Food Bank

Up to 4 free items per week with current student ID at the Student Life Desk. 11:00 a.m. - 1:00 p.m. & 4:00 - 6:00 p.m.

More Campus Activities on the back of the John Letter!

Get To Know...



Becca C.

About:

Where they work:

Project Center

How long: Started Fall 2015

What they wanted to be when they grew up:

Marine Biologist

Childhood Idol:

Grandma Province

Last trip they took:

Rainbow Lakes

Pet Peeve: Repetitiveness

Pets: Schrödinger the cat

Dinner with anyone from any

time: Martin Luther King Jr.

One invention they wish

existed: A working effective re-breather

Favorites:

Activity: Playing Dark Souls III (at the moment)

Artist/Art: Edgar Degas / Ballet collection

Song/Band: Let it be / The Beatles

Animal: Orca / Black Panther

Food: Fresh Baked Bread

Season/ing: Fall / Clove

Flower: Lilac

Star Cluster: M13

TV Show: Magical Shopping Arcade Abenobashi

More "John" on the back!

Available at the Student Life Desk:

Student IDs - Free (replacement \$10)

RTD 10-ride booklets - \$20

Locker Rental - \$8

Movie Tickets (limit 6) - \$8.50

Postage Stamps (limit 6) - 49¢

Photocopies - 10¢/page

Color Prints (limit 8) - 50¢/page

Faxes - 50¢ local, \$1 long distance

Checkout with Current ID:

Playstation 4, Xbox 360, and Xbox One Games

Ping-Pong, Basketballs, Soccer balls,

Volleyballs, Tennis Equipment

ARVADA CAMPUS ACTIVITIES:

Free Popcorn

Monday - Friday: 11:00 a.m. - 2:00 p.m.

Saturday: 10:00 a.m. - 1:00 p.m.

Writing Tutoring

Tuesday: 1:00 - 4:00 p.m.

Wednesday: 4:00 - 6:00 p.m.

Math Tutoring hours

Monday: 9:15 - 11:15 a.m.

Wednesday: 9:15 - 11:15 a.m.

Thursday: 10:15 a.m. - 12:15 p.m.

Librarian hours

Monday, Tuesdays, and

Wednesdays: 12:00 - 4:00 p.m.

Thursdays: 8:00 a.m. - 12:00 p.m.

Military & Veterans Service Coordinator on the Health Sciences Campus

Every Thursday: 11:00 a.m. - 4:00 p.m.

Food Bank

Wednesday: 11:30 a.m. - 1:00 p.m.

Thursday: 11:30 a.m. - 1:00 p.m.

Enrollment opportunities

CRN 30721, HPR 102 - 622, and CPR for professionals Saturday, April 30th 9:00 a.m. - 5:00 p.m. Worth 0.5 credit

Ultrasound Program

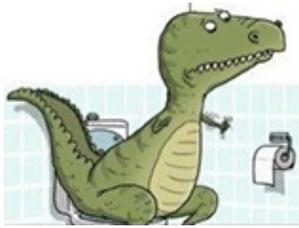
RRCC Ultrasound program is looking for

Women 8 - 32 weeks pregnant. email:

brenda.smith@rrcc.edu or

amanda.hampel@rrcc.edu

More Campus Activities on the back of the John Letter!



All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

Campus Activities

Wednesday, April 20th

Movie and Munchies

The Colorado Dept. of Public Health and Environment will have a 30 minute Q & A on marijuana retail, laws, and safety with Erin Flynn. There will then be a showing of the movie Pineapple Express. April 20th from 7:45 p.m. - 10:15 p.m. on the RRCC Front Lawn. **Please note RRCC is a drug and alcohol free school. Use or possession will NOT be tolerated.**

Thursday, April 21st

Free Reflexology Treatments

Help students get their contact hours while getting the chance to relax. Appointments will be available for Thursdays between March 31st - April 28th. Appointment times are available at 4:30 p.m., 5:15 p.m., 6:00 p.m., and 6:45 p.m. Schedule your free appointment by calling 303 - 914 - 6011.

WATER DAY

Learn what you can do with a Bachelor of Applied Science in Water Quality. The World's Water: How We Use it, Treat it, Regulate it will be held on April 21st from 9:30 a.m. - 1:00 p.m. in the Great Hall

Open House

RRCC invites you to see both our campus's. We have a new Arvada facility that will open Fall 2016. See Lakewood on April 21st from 4:30 - 7:30 p.m. and Arvada April 28th from 6:00 - 8:00 p.m. visit www.rrcc.edu/openhouse to RSVP

Saturday, April 23rd



Grab-n-Go!



Food and snacks at the front desk from 10:00 a.m. - 2:00 p.m. on Saturday April 23rd and May 7th.

Learning Commons Fall Semester Hours

Monday - Thursday:

7:00 a.m. - 9:00 p.m.

Friday: 7:00 a.m. - 6:00 p.m.

Saturday: 8:00 a.m. - 4:00 p.m.

Sunday - CLOSED

Tutoring available weekly for:

Writing Center

Monday - Thursday:

9:00 a.m. - 6:00 p.m.

Friday: 9:00 a.m. - 1:00 p.m.

Biology

Monday: 10:30 a.m. - 2:00 p.m.

Tuesday: 8:00 a.m. - 1:00 p.m.

Wednesday: 10:30 a.m. - 12:30 p.m.

Thursday: 8:00 a.m. - 10:00 a.m. and 5:00 - 7:00 p.m.

Communication Lab

Monday: 8:00 a.m. - 7:00 p.m.

Tuesday: 10:00 a.m. - 7:30 p.m.

Wednesday: 8:30 a.m. - 7:00 p.m.

Thursday: 10:30 a.m. - 2:30 p.m.

Friday: 10:30 a.m. - 2:30 p.m.

Saturday: 10:30 a.m. - 2:30 p.m.

Spanish

Monday - Thursday:

11:45 a.m. - 1:45 p.m.

Monday & Wednesday: 4:00 - 6:00 p.m.

Please see student worker at assistance desk for questions.

For Tutoring times for other subjects

LOOK ON NEXT WEEKS JOHN LETTER FOR

Truth About Substance Abuse: Can You Handle it?

(speakers & snacks) Tuesday, April 26, at 12:00 - 1:30 p.m. in The Den

Finals Decompression

(student activities) Tuesday, April 26th and Thursday, April 28th from 12:00 - 1:00 p.m. in The Great Hall.

Stress buster

(events hosted by clubs)

Aromatherapy, Adult Coloring, Fortune Telling, Paint Splatter, Take a shot, Volley Ball, Freshen Up the Nominees, Drag Show, Casino Night and more. Will be held on the Week of April 25th.

And More!

There will be a Cook Out on May, 3rd. Ice Cream on May, 5th.

For dates, times and locations of these

CAMPUS INFORMATION

Fitness Center Hours

Monday: 6:30 a.m. - 10:00 p.m.
Tuesday: 6:30 a.m. - 6:30 p.m.
Wednesday: 6:30 a.m. - 10:00 p.m.
Thursday: 6:30 a.m. - 6:30 p.m.
Friday: 6:30 a.m. - 6:30 p.m.
Saturday: 10:00 a.m. - 4:00 p.m.
Closed Sunday

New Financial Aid Applications

The 16-17 FAFSA application is now available. Apply early to maximize the amount of aid you may qualify for at RRCC.

Library Spring Semester Hours

Monday - Thursday: 8:00 a.m. - 9:00 p.m.

Friday: 8:00 a.m. - 6:00 p.m.

Saturday: 8:00 a.m. - 4:00 p.m.

Sunday: Closed

Discount RTD Tickets

The Student Life desk is selling bus tickets for students. A booklet of 10 tickets are \$20 with proof of eligibility. **Must have current student ID.**

Flu Shots Available in the Clinic

Flu shots are \$15 with current Student I.D., Monday - Friday: 9:00 - 11:30 a.m. and 12:00 - 5:00 p.m.

Internships

Interested in an Internship for Spring 2016? Contact Melissa English, the Experiential Learning Coordinator, at melissa.english@rrcc.edu, 303-914-6361 or stop by Room 1264 in The Learning Commons.

GLBT Resource Center Spring Hours

Monday - Friday: 8:00 a.m. - 5:00 p.m.

Room 1252 (located in the Learning Commons)

Payroll Deadline

Biweekly Payroll: 3/19 - 4/1
E-time sheets are due Friday, 4/15 by **12:00 p.m.** Pay will be direct deposited Friday, May 15th, 2015.