

**COM 125-601 Interpersonal Communication**

Spring 2017

**Section 601 Fri 5:00 pm – 10:00 pm****Sat 8:00 am – 5:30 pm**

RRCC Lakewood Campus – REA 2215

Office Hours: MW 10:30-11:30 TR 1:30 -3:00 or by appointment

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**2/24 -3/11**

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**Desire2Learn URL:** <https://rrcc.desire2learn.com/>*LABEL ALL E-MAIL WITH YOUR NAME, COURSE & SECTION NUMBER COM 125-601***DROP DATE: Feb 25th WITHDRAW DATE: March 7th**

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**Required Materials:**

Text: Looking Out, Looking In, 15th Edition by Adler and Proctor

**COURSE DESCRIPTION**

This course is designed to enable students to develop and/or enhance communication skills and use those skills to interact effectively in family, social and professional relationships. This course will look at the following elements of Interpersonal Communication:

- Why we communicate and the process of communication
- Influences, benefits and drawbacks of mediated communication and social media
- Intrapersonal communication, self-concept and perception
- The impact of language on interpersonal communication
- Understanding and managing emotional responses
- The power of verbal and nonverbal communication
- Listening vs. hearing
- Intimacy and self-disclosure
- Relational communication and improving communication climates
- Effectively managing conflict

**LEARNING OBJECTIVES/outcomes:**

1. Distinguish the interpersonal communication context from other communication contexts.
2. Understand self-concept and its relationship to interpersonal communication.
3. Demonstrate an awareness of the effect of perception on interpersonal communication.
4. Critically evaluate and apply appropriate emotional expression in interpersonal interactions.
5. Demonstrate an understanding of the impact of language on relationships.
6. Demonstrate an understanding of the impact of nonverbal communication on relationships.
7. Demonstrate effective listening and response strategies.
8. Recognize and describe appropriate strategies for self-disclosure.
9. Analyze conflict situations and propose approaches for conflict management and resolution.
10. Illustrate understanding of gender and cultural influences on interpersonal communication.
11. Recognize concepts of relationship dynamics.
12. Demonstrate understanding of the link between technology and interpersonal communication

**Desire2Learn**

The syllabus, lecture notes, assignments and supplemental materials will be posted on Desire2Learn (D2L). The URL for Desire2Learn is shown at the top of this page. Students are expected to hand in the self-concept paper through the D2L Dropbox. Attendance data and grades will also be posted in D2L.

**ADAAA (Americans with Disabilities Act Amendments Act of 2008) and Section 504 of the Rehabilitation Act of 1973:** Red Rocks Community College is committed to access for students with disabilities. If you are a student with a disability and need assistance or are interested in requesting accommodations, please contact Accessibility Services. Faculty are not obligated to provide accommodations without proper notification by Accessibility Services and accommodations are not retroactive. Students may contact the Access staff by telephone or email to make an intake appointment at 303-914-6733, 720-372-1591(VP) or [Accessibility Services](mailto:access@rrcc.edu) access@rrcc.edu. Accessibility Services is located in Suite 1182 at the Lakewood campus. More information is available at the [Accessibility Services website](http://www.rrcc.edu/accessibility-services): www.rrcc.edu/accessibility-services.

### **Mandatory Reporting**

Our College is committed to preserving a safe and welcoming educational environment for all students. As part of this effort, I have an obligation to report certain issues relating to the health and safety of campus community members. I must report to the appropriate College officials any allegation of discrimination or harassment. Sexual misconduct, which includes sexual harassment, non-consensual sexual contact, non-consensual sexual intercourse, and sexual exploitation, is considered a form of discrimination.

In addition to reporting all discrimination and harassment claims, I must report all allegations of dating violence or domestic violence, child abuse or neglect, and/or credible threats of harm to yourself or others. Such reports may trigger contact from a College official who will want to talk with you about the incident that you have shared. In almost all cases, it will be your decision whether you wish to speak with that individual. If you would like more information, you may reach the Title IX/EO Coordinator: **D. Arnie Oudenhoven, Executive Director of Human Resources/Title IX Administrator, 303-914-6298** or [Arnie Oudenhoven](mailto:arnie.oudenhoven@rrcc.edu) (arnie.oudenhoven@rrcc.edu)

Reports to law enforcement can be made at the Red Rocks Campus Police Department behind the Welcome Desk at the Main Entrance or [RRCC Dispatch](mailto:rrpd.dispatch@rrcc.edu) (rrpd.dispatch@rrcc.edu) at 303-914-6394. If you would like a confidential resource, please contact **Deborah Houser, Assistant Director of Human Resources/Deputy Title IX Administrator, 303-914-6224** or [Deborah Houser](mailto:deborah.houser@rrcc.edu) (deborah.houser@rrcc.edu) Further information may be found on the college [Human Resources webiste](http://www.rrcc.edu/human-resources/sexual-misconduct): <http://www.rrcc.edu/human-resources/sexual-misconduct>.

### **Student Handbook**

The [RRCC Student Handbook](http://www.rrcc.edu/student-life/handbook) is your most current source of dates, resources, contacts, and policies: <http://www.rrcc.edu/student-life/handbook>.

### **Academic Integrity:**

As per the RRCC student handbook, *“Those committing academic dishonesty will be subject to disciplinary actions which may include failing the assignment and/or the course, and/or being suspended or expelled from the college. Disciplinary procedures are outlined in the Student Code of Conduct. Guidelines for the definition of cheating (Article I.I.) and for plagiarism (Article I.J.) can also be found in the Student Code of Conduct.”* The instructor reserves the right to enforce any and all of the above penalties should a student engage in plagiarism or academic dishonesty.

## **COURSE REQUIREMENTS:**

### **SELF-CONCEPT PAPER:**

This 3-4 page (900-1200 words) double spaced, 12 pt. font, typed essay asks you to look inward at your own self-concept and the influences on elements of your self-concept. You will be incorporating and applying the terminology related to self-concept from your textbook (self-concept, self-esteem, self-fulfilling prophecy, presenting self, etc.) and using these concepts directly in your paper in context. A detailed assignment sheet is on our course content page. This paper will be turned in to the D2L drop box.

### **REFLECTION JOURNALS:**

These journals will be written in class to reflect upon discussions, readings, or videos we watch together in class. The journals are worth 10 points each.

### **DEAR COM125 ACTIVITY:**

This activity asks you to write an anonymous letter to the class detailing an interpersonal communication problem you or someone you know is facing. You will then need to work in groups to respond to classmates' letters in class. This activity is part of your homework grade.

### **PERFORMANCE LABORATORY:**

We will be watching a live performance on Friday March 3<sup>rd</sup> and using it as a laboratory to examine different communication concepts and theories. There will be a write up and discussion about the performance in class. The write-up will be done in class and is worth 35 points.

### **QUIZZES:**

There will be a short 15 point quiz every Saturday about the items covered in class that weekend. The quizzes will be directly related to class lectures and discussions as well as related reading in the text. **The quizzes will be open note.** If you do not understand, just **ask!**

<b><u>Assignment</u></b>	<b><u>Point Value</u></b>
Syllabus Quiz	10
Quizzes 1-3	45
Self-Concept paper	50
Dear Com 125	35
Participation (attendance 30, discussions 15, activities 15)	60
Journals	40
Performance Laboratory	35
Film Critique	35
<b>TOTAL POSSIBLE POINTS</b>	<b>310</b>

### **CLASSROOM ETIQUETTE:**

- ***NO CELL PHONES OR TEXT MESSAGING IN CLASS!*** Please be considerate and turn off cell phones and other electronic devices. It is obvious, distracting and inconsiderate to the instructor and your classmates if you are sending or receiving a text message during class. The instructor reserves the right to ask you to leave the class if you are texting during class.
- ***LAPTOPS FOR NOTETAKING ONLY!*** Please refrain from using your laptop to play video games, use the Internet or engage in other personal tasks while in class. Please be considerate to your fellow classmates and instructor. The instructor reserves the right to ask students to shut off a laptop during class and refrain from bringing it back in these situations.

**TENTATIVE CALENDAR (may be subject to change)**

<b><u>DATE:</u></b>	<b><u>AGENDA</u></b>	<b><u>ASSIGNMENTS/READING DUE</u></b>
Friday 2/24	Course Introduction Communication Model Mediated Communication Self <b>Syllabus Quiz</b>	Chapter 1,2, 3
Sat 2/25	Perception Emotions Empathy <b>Film Critique</b> <b>Quiz: Chap 1 - 5</b>	Chapter 4,5
Friday 3/3	Language Nonverbal <b>Presentation Laboratory</b>	Chapter 6,7 <b>Self-Concept Paper Due in D2L dropbox</b>
Sat 3/4	Nonverbal cont. Listening Relational Dynamics <b>Quiz: Chap 6 -9</b>	Chapter 8,9
Fri 3/10	Close Relationships Improving Communication	Chapter 10, 11 <b>Dear Com 125 Paper Due in class</b>
Sat 3/11	Managing Conflict <b>Dear Com 125 activity</b> Class review <b>Quiz: Chap 10 - 12</b>	Chapter 12