

COURSE OUTLINE/SYLLABUS

COURSE TITLE & NO:	PSY 101-004 General Psychology I	PREREQUISITES:	ENG 090 or equivalent
SEMESTER:	Fall 2015	CREDIT HOURS:	3
DAYS TAUGHT:	Friday and Saturday	TIME TAUGHT:	Friday 5-9pm; Saturday 8-5pm
BEGINNING DATE:	November 20, 2015	ENDING DATE:	December 12, 2015
INSTRUCTOR'S NAME:	Cara Garland	PHONE NUMBER	
OFFICE #:		ROOM #:	
OFFICE HOURS:	Fridays before class at 4:00pm	E-MAIL ADDRESS:	cara.garland@rrcc.edu

COURSE DESCRIPTION:

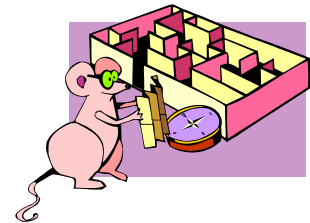
This course is a scientific study of behavior including motivation, emotion, physiological psychology, stress and coping, research methods, consciousness, sensation, perception, learning, and memory.

COURSE OUTCOMES:

This survey course covers the discipline of psychology in terms of its development and application. Because of taking this course, students should be conversant with the basic rules of research in psychology, the biological influences of behavior, consciousness, motivation, emotion, principles of sensation and perception, principles of learning, memory and forgetting, and the factors involved in stress and effective strategies for management of stress.

The student shall:

1. Understand the discipline of psychology in terms of its development and application.
2. Understand the basic rules of research in psychology and be able to evaluate their application.
3. Understand the biological influences on behavior.
4. Understand consciousness and factors that may influence it.
5. Understand motivation in terms of the inborn and learned determinants.
6. Understand emotion and its relationship to physiology and cognition.
7. Understand the principles of sensation and perception.
8. Understand the principles of learning and its application to behavior.
9. Understand memory and forgetting and the application of memory skills to life.
10. Understand the factors involved in stress and effective strategies for management of stress.



RRCC POLICIES AND PROCEDURES:

Student Code of Conduct and Academic Integrity: Admission to the Red Rocks Community College implies that you agree to respect the rights of others and observe moral and civil laws. Interference with the normal processes of education in the classroom or elsewhere on the campus will be regarded as unacceptable conduct, warranting suspension or dismissal. Complete Student Code of Conduct is at this web site: <http://www.rrcc.edu/handbook/codeofconduct.pdf>.

Special Needs Notification: Red Rocks Community College in compliance with federal guidelines, is committed to equal educational opportunity by assuring otherwise qualified students with disabilities equal access to RRCC programs and activities that are provided to students without disabilities. An otherwise qualified person with a disability is a student who meets the academic and technical standards required for admission or participation in all educational programs and activities. To ensure the provision of reasonable and appropriate services at Red Rocks, students with disabilities must identify themselves in a timely manner to the Office of Disability Services (ODS), Room 1182, Learning Commons, 303-914-6733., in order to be eligible for the requested accommodation(s). Current and comprehensive documentation must be on file with the office prior to approval of the accommodation. This Accommodation Certificate identifies the services that you are authorized for this semester; for this class. It is your responsibility to maintain your status as a student to be sure your services are in place. Accommodations are re-authorized every semester for every class. It is strongly encouraged that students self-disclose their need for accommodations at the beginning of their academic experience because accommodations are not retroactive. RRCC will provide accommodations for qualified students with disabilities through communication with your instructor via an Accommodation Certificate and your conversation with me. To request accommodations, contact the Office of Disability Services. The Office of Disability Services located in the Learning Commons in Room 1182. The Office of Disability Services also recruits volunteer and paid note takers to assist in providing this service to other students. Contact the office for more information.

Grade of Incomplete: Incomplete: An "I" indicates that the course objectives are not yet fulfilled. It is the responsibility of the student to request, if needed, the assignment of an incomplete grade. The instructor's decision to authorize or not authorize an incomplete grade is final. The student must have completed 75% of the class with a C or better, and must complete the rest of the work with the same instructor. Arrangement for the completion of the course must be made with the instructor prior to the assignment of the "I" grade. This agreement must be written on a Contract for Incomplete Grade Form. The instructor may allow up to one full semester for the student to complete missing requirements. "I" grades not changed by the end of the following semester will automatically become failing grades (F). **This instructor rarely gives incompletes.**

Plagiarism: Plagiarism is grounds for failing an assignment or course and/or disciplinary action from RRCC. **DO NOT PLAGIARIZE.** Plagiarism means copying passages directly from the text of study guide or any other source, without quotation marks and citations. Summarize or paraphrase the information. If you paraphrase by rearranging the order of a sentence or words, then give credit for the source. **No credit will be given for plagiarized papers.**

METHODS OF CONDUCTING THE CLASS:

This course will generally be conducted through class lectures through PowerPoint presentations, independent research, group discussions, testing, and other formats that may prove to be appropriate.

Introspection papers: The purpose of the introspection assignments is to integrate the information from the lecture with the information from the book and apply them to your own life or beliefs. These are typed, one-two page double spaced papers on various subjects throughout the semester. The assignment for the Introspection papers will be given in class so you must be present in order to completely understand the assignment. **These must include a reference from the textbook to get full credit.** For example, in your paper you would use a quote from the book to support what you are saying in your paper. The reference will have an in-text citation that will look like this: "Psychology is defined as the scientific study of behavior and mental processes." (Myers, David, G., 7). Put the name of the author of your book and the page number where you found the information or quote after each reference. These references should support what you are saying and add academic depth to your paper. If the reference does not meet these requirements, you will not get full credit. **EVERY paper needs to have a reference to the textbook.** If you have plagiarized any material in your introspection paper, you will not be able to redo it and will get a zero on the assignment. **You must turn papers in D2L in the specific dropbox.** Introspection papers will generally be graded and commented on within a week.

Research Paper: The purpose of the research paper is to gain an in-depth understanding of a psychology related topic and the importance/impact it has made in your life today. For example, you may want to do a research paper on sleep disorders and tie it into your own issues with sleeping and how you now understand your sleeping disorder due to what you learned from this class. Finding ideas for what to write about is often the most difficult part of this assignment. Fortunately, there are plenty of great places to find inspiration and ideas for your psychology research papers. Spend some time skimming your textbook or browsing the Web to find more possible topics. You can write a paper about a historical figure in the psychology field, analyze a famous experiment, write about a specific career in psychology, design a study or perform an experiment, or create a case study of an individual or group of people. You must use at least 2 references and must reference all resources used. This paper should be 4-5 typed, double spaced pages. You will give an in class presentation of your research paper the last weekend of class. This will be a 5-10 minute power point presentation highlighting key aspects of why you picked this topic and what you learned as a result of writing the paper. If you have plagiarized any material in your paper, you will get a zero on the assignment. **You must turn papers in D2L in the specific dropbox.**

Group Research Experiment: Groups of 3-4 students will work together to do a psychological experiment. Details will be given in class. This will be an on campus/in-class activity and will be run from start to finish the last Saturday of the class.

Desire2Learn: Much of this class is available on-line through the Red Rocks Community College website (www.rrcc.edu) through the D2L program. There are several computer labs on the Red Rocks campus if you do not have a computer or internet access from home. Available on D2L are all of the PowerPoint presentations used throughout the class, many handouts, and all introspection assignments. **IT IS HIGHLY RECOMMENDED THAT YOU HAVE AN EMAIL ADDRESS.** You will be able to get updates, reminders, and know if class has to be cancelled or delayed for any reason. **All Introspection papers and Research Paper will be turned in through D2L ONLY!**

Tests on D2L: The final will be given on D2L. This means that you can use your textbook and notes while taking the test. If you are having ANY problems getting onto D2L or navigating the site, you can email ehelpdesk@rrcc.edu or seek help in the library or computer labs. Tests must be completed during the specified time unless arranged with the instructor beforehand.

CLASS POLICIES:

Attendance: Attendance for this class is mandatory to facilitate class discussions, and complete in-class activities. You will earn 20 points per class you attend. **If you do not attend class on a regular basis you will not pass the class. If you are not in class you will have a difficult time completing assignments and will NOT be given the opportunity to do the extra credit assigned on that day (not necessarily posted on the syllabus).** General attendance requirements follow RRCC attendance requirements in the college catalog. Please do not be late to class. If you know you are going to be in late, please inform me, via email, in advance.

Late Work: No late work is accepted. You will have plenty of time to get work done. No exceptions.

Extra Credit: There will be several extra credit options given throughout the class. Any extra credit papers follow the same guidelines as the introspection paper, including a reference to the textbook unless otherwise noted. These papers are worth 25 points each. **A maximum of 50 points will be allowed as extra credit.**

GETTING IN TOUCH WITH YOUR PROFESSOR:

Email is the best form of communication to get in touch with me. Feel free to email me your paper or any clarification. Make it much easier for me to help you: **When you do send an email, please include your first and last name, the specific class you are in and include the meeting time.**

TEXT AND MATERIALS NEEDED:

King, Laura A. Experience Psychology 2nd ed., McGraw Hill Publishing, 2013
Recommended: Writing at RRCC resource guide

MEETING DATES/COURSE OUTLINE:

Date	Topic	Homework Assigned
November 20	Overview of class. Discussion of Course Outline; explanation of assignments. D2L overview Intro to Psychology	Read Chapter 1, 2, 4: The Science of Psychology, The Brain and Behavior, States of Consciousness
November 21	Intro to Psychology, The Biological Perspective, States of Consciousness	Read chapters 3, 5, 6, 9: Sensation and Perception. Learning, Memory, Motivation and Emotion Introspection paper #1 assigned: Dream Analysis Research Topic overview/Begin working on research paper
December 1	ASSIGNMENT DUE	Introspection paper #1 Due by Midnight
December 3	ASSIGNMENT DUE	Research paper topic due by Midnight
December 4	Sensation and Perception	
December 5	Learning and Memory Motivation and Emotion	Read Chapters 11: Health Psychology Introspection paper #2 assigned: Behavior Modification
December 8	ASSIGNMENT DUE	Introspection paper #2 Due by Midnight
December 9	ASSIGNMENT DUE	Research Paper due by Midnight
December 11	Health Psychology Group Experiments In class presentations	Prepare for experiment and in class presentation
December 12	Group Experiments In class presentations Review for Final	Final Due by Midnight December 13 All extra credit due by Midnight December 13

Research Paper Scoring Rubric

Student name: _____ Topic: _____

CATEGORY	21-25	16-20	11-15	6-10	Score
Organization					
Introduction	The introduction is inviting, clearly states a focused topic and previews the structure of the paper	The topic is vaguely stated of unfocused, but the introduction is inviting and previews the structure of the paper	The topic is vaguely stated of unfocused, and there is little indication about the structure of the paper.	There is no clear introduction of the topic or structure of the paper.	
Sequencing	Details are placed in logical order and the way they are presented effectively keeps the interest of the reader.	Details are placed in a logical order, but the way in which they are presented/introduced sometimes makes the writing less interesting.	Some details are not in a logical or expected order, and this distracts the reader.	Many details are not in a logical or expected order. There is little sense that the writing is organized.	
Conclusion	The conclusion is strong and leaves the reader with a feeling that they understand what the writer is "getting at".	The conclusion is recognizable and ties up almost all the loose ends.	The conclusion is recognizable, but does not tie up several loose ends.	There is no clear conclusion, the paper just ends.	
Content					
Accuracy of facts	All supportive facts are reported accurately.	Almost all supportive facts are reported accurately.	Most supportive facts are reported accurately.	NO facts are reported OR most are inaccurately reported.	
Credibility of sources	All sources used for quotes and facts are credible, come largely from professional journals and are cited correctly.	Most sources used for quotes and facts are credible, come largely from professional journals and most are cited correctly.	Most sources used for quotes and facts are not from professional journals, but are cited correctly.	Many sources used for quotes and facts are less the credible (suspect) and/or are not cited correctly.	
Focus on topic	There is one clear, well focused topic. Main idea stands out and is supported by detailed information.	Main idea is clear, but the supporting information is general.	Main idea is somewhat clear, but there is a need for more supporting information.	The main idea is not clear. There is a seemingly random collection of information.	
Support for topic	Relevant, telling, quality details give the reader important information that goes beyond the obvious or predictable.	Supporting details and information are relevant, but only marginal evidence of critical thinking.	Supporting details and information are relevant, but several key issues or portions of the storyline are unsupported.	Supporting details and information are typically unclear or not related to the topic.	
Format					
Grammar & Spelling	Writer makes NO errors in grammar or spelling that distract the reader from the content.	Writer makes 3-4 errors in grammar or spelling that distract the reader from the content.	Writer makes 5-10 errors in grammar or spelling that distract the reader from the content.	Writer makes more than 10 errors in grammar or spelling that distract the reader from the content.	
TOTAL SCORE (out of 200)					

<u>METHODS OF DETERMINING GRADE:</u>																			
<p>GRADING SCALE: 100-90 %= A 89-80 %= B 79-70 %= C 69-60 %= D 59 > %= F</p>	<p>ASSIGNMENTS:</p> <table> <tr> <td>Introspection papers</td> <td>100 points each (200 total)</td> </tr> <tr> <td>Research Paper Overview</td> <td>50 points</td> </tr> <tr> <td>Research Paper</td> <td>200 points</td> </tr> <tr> <td>Classroom Presentation</td> <td>50 points</td> </tr> <tr> <td>In class activities</td> <td>50 points</td> </tr> <tr> <td>Attendance</td> <td>120 points</td> </tr> <tr> <td>Experiment</td> <td>200 points</td> </tr> <tr> <td>Final Exam</td> <td>250 points</td> </tr> <tr> <td>Total</td> <td>1120 points</td> </tr> </table>	Introspection papers	100 points each (200 total)	Research Paper Overview	50 points	Research Paper	200 points	Classroom Presentation	50 points	In class activities	50 points	Attendance	120 points	Experiment	200 points	Final Exam	250 points	Total	1120 points
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