Psy 249 Abnormal Psychology/Weekend College Spring 2016

Rm: REA 1015

April 1st through April 16th, 2016

Fridays 5:00-10:00 pm

Saturdays 8:00-5:00 pm

Instructor: Linda Buzogany, MS, Licensed Professional Counselor Office Hours: (as needed, before or after class or by appointment)

Email: <u>linda.buzogany@rrcc.edu</u>

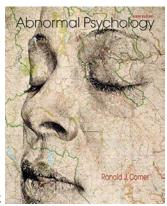


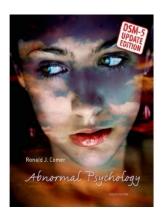
Course Description

This course reviews the classic and current research on the causes, symptoms, and treatments of several psychological disorders: Anxiety, Stress, Somatoform & Dissociative, Mood, Eating, Substance related, and Psychosis. Perspectives and treatment of the disorders in other cultures will also be presented.

Objectives

In addition to gaining understanding and knowledge in the subject areas just listed, students will learn to adopt a critical approach to studying psychological research, and to examine their own behavior and mental processes.





Required Text

Abnormal Psychology, by Ronald J. Comer, $\mathbf{8}^{\text{th}}$ \mathbf{OR} $\mathbf{9}^{\text{th}}$ edition.

Plagiarism: Plagiarism is grounds for failing an assignment or course and/or disciplinary action from RRCC. DO NOT PLAGIARIZE. Plagiarism means copying passages directly from the text of study guide or any other source, without quotation marks and citations. Even if it is only one sentence! Summarize or paraphrase the information. If you paraphrase by rearranging the order of a sentence or words, then give credit for the source. **No credit will be given for plagiarized papers.**

Late Policy: I do not accept late work

Extra Credit: I do not offer extra credit

Course Requirements

Grades for the course will be determined by:

- 1. Your attendance and participation in roughly 10 in-class exercises or discussions over the course of the three weekends
- 2. A psychiatric interview about a psychological disorder (conducted weekend 1, write up due weekend 2)
- a mock therapy session where you choose the appropriate therapy approach for the client issue (conducted weekend 2)
- 4. A presentation to your peers on a psychological disorder, therapy, or issue (weekend 3)
- 5. Three Multiple Choice tests over the text material

The course will roughly follow this schedule:

Weekend 1

- Vintage psych treatments
- Psych treatment around the world

Psychiatric interviews

Test 1

Weekend 2

- The Mood DO's: Unipolar Depression, Bipolar Depression, Suicide
- The Anxiety DO's: Generalized Anxiety DO, Panic DO, Phobias, Obsessive Compulsive DO

Therapy sessions

Test 2

Weekend 3

- Eating DOs
- Addictions
- Schizophrenia

Presentations

Test 3