Psy 249 Abnormal Psychology/Weekend College Spring 2017

Rm: REA 2305

April 21st through May 6th, 2017

Fridays 5:00-10:00 pm

Saturdays 8:00-5:00 pm

Instructor: Linda Buzogany, MS, Licensed Professional Counselor Office Hours: (as needed, before or after class or by appointment) Email: <u>linda.buzogany@rrcc.edu</u>



Hello! I am a licensed professional counselor and have been teaching various Psychology courses for 15 years including Neuropsychology, Abnormal Psychology, and the Psychology of Dreams. Prior to teaching, I worked as a therapist in inpatient psychiatric hospitals. In 2012, I wrote and published a book about the psychological aspects of long illness, and several radio and public speaking opportunities followed. I also have a private therapy practice. Nature is my biggest source of mental health, and I enjoy the outdoor activities Colorado has to offer, mostly hiking outside of my home in the foothills. My husband and I have a daughter and a son in college (so I know your pressures!). I look forward to a great semester.

Course Description

This course reviews the classic and current research on the causes, symptoms, and treatments of several psychological disorders: Anxiety, Stress, Somatoform & Dissociative, Mood, Eating, Substance related, and Psychosis. Perspectives and treatment of the disorders in other cultures will also be presented.

Objectives

In addition to gaining understanding and knowledge in the subject areas just listed, students will learn to adopt a critical approach to studying psychological research, and to examine their own behavior and mental processes.



Required Text

Abnormal Psychology, by Ronald J. Comer, 8th OR 9th edition.

Plagiarism: Plagiarism is grounds for failing an assignment or course and/or disciplinary action from RRCC. DO NOT PLAGIARIZE. Plagiarism means copying passages directly from the text of study guide or any other source, without quotation marks and citations. Even if it is only one sentence! Summarize or paraphrase the information. If you paraphrase by rearranging the order of a sentence or words, then give credit for the source. **No credit will be given for plagiarized papers.**

Late Policy: I do not accept late work

Extra Credit: I do not offer extra credit

Course Requirements

Grades for the course will be determined by:

1. Your attendance and participation in roughly 10 in-class exercises or discussions over the course of the three weekends

2. A psychiatric interview about a psychological disorder (conducted weekend 1, write up due weekend 2)

- 3. A presentation to your peers on a psychological disorder, therapy, or issue (weekends 2 and 3)
- 4. Two Multiple Choice tests over the text material

The course will roughly follow this schedule:

Weekend 1

- Vintage psych treatments
- Psych treatment around the world

Psychiatric interviews (write up due before class next weekend)

Weekend 2

- The Mood DO's: Unipolar Depression, Bipolar Depression, Suicide
- The Anxiety DO's: Generalized Anxiety DO, Panic DO, Phobias, Obsessive Compulsive DO

Presentations

Test 1 due

Weekend 3

- Eating DOs
- Addictions
- Schizophrenia

Presentations

Test 2 due