

Psychology of Dreams



September 25th and 26th, 2015 (one credit)

This class will focus on working with participants' dreams in a group process. Learn techniques drawing on Jungian, Shamanic, and Tibetan traditions to cultivate dream recall, enhance lucidity, and to integrate the mysterious wisdom of dreams into your daily life for psychological/spiritual growth and well-being.

Don't worry if you haven't remembered a dream in years. All that is necessary is an interest.



Linda Buzogany, psychology professor and Licensed Professional Counselor, has taught and worked with dreams for over 14 years.

