# **Arvada John Letter**

October 16th through October 22nd, 2017 All events listed in the John Letter are open and FREE for current students unless otherwise noted! E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication. Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center in Room 1551

# **Student Activities:**

TRICK OR TREAT ON THE ROCKS SATURDAY OCTOBER 28TH 3:00PM- 6:00PM GREAT HALL

# **Student Food Bank**

# 4 items free with a current student ID at the Student Life Desk. Tuesdays & Wednesdays 11am to 1pm & 4pm to 6pm

Student Recreation Center Fall Programs: Red Rocks Bouldering Competition November 11th rrcc.edu/src/adventure-program for details. Want a Fitness Certification? Email: <u>Breuna.keeton@rrcc.edu</u> for more info. Free group fitness classes! Visit: rrcc.edu/src/group-fitness for class schedule.

Grab-n-Go!

Snacks every Saturday from10:00 am to 2:00 pm at the Student Life Desk

LGBTQ History Month Lakewood Campus: Project Censored October 24th 12:00pm to 1:30pm in The Den

Arvada Campus "TRANSforming Healthcare" Film Screening October 18th 11:00am, Noon, & 2:00pm in room 7102

"Homo Promo" Film Screening October 25th 11:00am & 2:00pm in room 7102

> MOLE DAY CELEBRATION Monday, October 23rd 10:00am to 12:00pm Great Hall

# **Internship Opportunities**

-Engineering Technician with Black & Veatch – Paid

•Safety Engineer with Ready Foods - \$15/hour

Claims Specialist with Social Security Administration –
Paid

•ADA Assessment with City of Lakewood – Paid

•Research & Development with Proctor & Gamble (Summer 2018 - Cincinnati, OH) - Paid

Doing an Internship this semester? Want to receive credit or a certification of completion? Contact Melissa English, Internship Coordinator to find out more! melissa.english@rrcc.edu

303-914-6361 or stop by room 1264 in the Learning Commons.

### Star Party Wednesday, October 18th from 7:30pm to 9:30pm

NANOWRIMO National Novel Writing Month Writing Workshops Wednesday, November 1st 1:30pm to 4:30pm Torreys Peak Wednesday, November 6th 12:00pm to 1:00pm Coffee Shop Wednesday, November 14th 3:00pm to 4:00pm Coffee Shop

# **Social Justice Reading Group** This semester we will be reading *Waking Up White, and Finding Myself in the Story of Race* by Debby Irving.

There are copies available at the RRCC Bookstore. Group 1: Read pages 185 through 249 by Thursday, November 2nd at 1:30pm in the Red Fox Room at Lakewood OR Arvada Campus room 7211

Group 2: Read pages 185 through 249 by Monday, October 30th at 2:30pm at Lakewood Campus in the Sandstone Room

Please consider the reflective questions at the end of each section as preparation for our discussion.

# **Attention Students!**

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

National Collegiate Alcohol Awareness Week Event October 18th 10:00am to 12:00pm Great Hall Get screened for alcohol use disorder and try the alcohol impairment goggles! More resources at: screening.mentalhealthscreening.org/rrcc

# Student Health & Behavioral Health Counseling MONDAY-FRIDAY 9AM-4PM

• Monday, Tuesday, and Thursday at Lakewood Clinic a Physical and Behavioral Health Provider will be available from 9am to 4pm.

• Wednesday at Arvada Clinic there will be Behavioral Health Counseling and nurse visits only from 9am-4pm.

- Fridays at Lakewood Clinic will be Behavioral Health Counseling by appointment only from 9am-4pm.
  - Friday at Arvada Clinic a Physical Health Provider will be available from 9am to 4pm.

Hours and days are subject to change. This schedule is for October 2017. Thank you for your patience during our transition of staff.

**Arvada Hours of Operation** Welcome Desk Hours **Monday through Friday** 7:30am to 7:00pm, **Saturday** 8:00am to 5:00pm **Coffee Shop Hours** Monday through Thursday 7:30pm to 6:00pm, Friday 8:00am to 3:00pm, Saturday 8:00am to 1:00pm **Advising Hours By Appointment** 303-914-6011 Walk-In hours are **Tuesday through Thursday** 9:00am to 4:00 pm **Financial Aid Hours Monday through Friday** 8:00amt to 5:00pm Assessment Hours **Monday through Friday** 9:00am to 5:00pm

Arvada Hours of Operation Continued: Bookstore Hours Monday 10:00am to 3:00pm Tuesday through Thursday 10:00am to 5:30pm Friday 10:00am to 3:00pm Student Life Office Monday: 10:00am to 2:00pm Tuesday/Thursday 11:00am to 3:00pm Wednesday/Friday 10:00am to 3:00pm

Talk 24/7 Sexual Assault Hotline

#### 303-322-7273

## **Report a Concern:**

www.rrcc.edu/safe

#### **Suicide Prevention Hotline:**

#### 1-800-273-8255

**Tutoring Hours Biology, Microbiology & Anatomy & Physiology** Monday/Wednesday: 3:00pm to 5:00pm **Thursday** 10:00am to 12:00pm Friday 1:00pm to 3:00pm Saturday 10:00am to 2:00pm Chemistry **Monday & Thursday** 3:00pm to 5:00pm Math Monday1:00pm to 3:00pm Tuesday11:00am to 1:00pm **Writing Center** Tuesdays 9:00am to 3:00pm Thursdays 10:0am to 2:00pm

### **RRCC Club List**

**Anime Club Concurrent Enrollment Club Creative Writers of Red Rocks Cultural Diversity D&D Club Engineering Club Geology Club International Students Club Mechatronics Club NASA Space Grant Club Organic Gardening Club Political Science Club Psychology Club Rainbow Alliance Red Rocks Global Mentors Sustainable Energy Tea Club Veterans' Club Video Game Club** 

For more club information:

http://www.rrcc.edu/student-life/student-clubs-andorganizations