

# ARVADA JOHN LETTER

Student Activities for the Week of November 20th - November 26th 2017

All events listed in the John Letter are open and FREE for current students unless otherwise noted! E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center - Room 1551

# Student Activities

# **Stressbusters Week**

**Candle Making** Monday, November 27th

**Board Games** 

Tuesday, November 28th **Coloring Books** 

Wednesday, November 29th **All Events:** 

> 11:00am - 1:00pm **Arvada Campus Student Lounge**

## **GROUP FITNESS CLASSES**

#### **Tuesdays:**

Vinyasa Flow Yoga with Jenna 4:30pm - 5:30pm

#### Wednesdays:

Vinyasa Flow Yoga with Jenna 12:00pm - 1:00pm

Zumba with Julie 4:15pm - 5:15pm

Classes in room 5400; lower building of the yoga studio. For more information contact:

www.rrcc.edu/src

# **NANOWRIMO**

National Novel Writing Month

Writing Workshops

Wednesday, November 29th

1:30pm - 4:30pm

Coffee Shop lounge

Lakewood Campus

# **RED ROCKS COMMUNITY** COLLEGE **CAMPUSES** WILL BE CLOSED THURSDAY, **NOVEMBER 23RD** AND FRIDAY. **NOVEMBER 24TH**

**Save the Date Interprofessional Education Lunch-N-Learn Event** Friday, December 1st 11:30am - 1:00pm

### **Hurricane Relief Donations**

Boxes are located throughout the Lakewood Campus collecting donations including baby-care items, personal-care items and school supplies. Please donate new or gently used items. Each box is labeled and includes a list of items specifically needed. The drive will continue through November 2017

#### Student Recreation Center Fall Programs:

Stress Release Day at the SRC! Wednesday, November 29th Meditation and Sleep: Stress Release Clinic 12:00pm-1:00pm Fitness Studio 2 THROW THINGS AT YOUR INSTRUCTOR Dodgeball Tourney 3:00pm-4:00pm in the Gym facebook.com/rrccstudentrec

## **Doing an Internship this** semester? Want to receive credit or a certification of completion?

Contact Melissa English, Internship Coordinator to find out more!

melissa.english@rrcc.edu 303-914-6361 or stop by room 1264 in the Learning Commons

# **INTERNSHIP OPPORTUNITIES**

- Various Internships with CVS Health Paid
- UX Engineer with **SpotXchange** \$18/hour
- JS/FS Engineer with SpotXchange **\$18/hour**
- Communications **Intern with Great Outdoors Colorado** \$15/hour
- **Payroll Specialist Intern with Payroll** Vault \$10/hour

# **Talk to a Teacher**

Interested in Education as a Career Choice? Want to make a lasting change in the world?

Join us: Thursday, November 30th

Tuesday, November 5th

3:00pm - 5:00pm

12:00pm-2:00pm Great Hall

Lakewood Campus

**Activate and use your** student email account. **RRCC** communicates with students via email ONLY

through the student email address.



303-322-7273 SEXUAL ASSAULT HOTLINE

# **4** Reasons You **Need to Make Extra Payments on Your** Student Loans:

- 1. You'll save thousands of dollars seriously!
- 2. You'll be debt free faster.

3. You can build up

savings more efficiently 4. You may be able to buy a home or a car

more easily. It's important to know your student loan debt and your options for successful repayment. Find out more at:

studentaid.gov/repay

# **CAMPUS INFORMATION**

# **RRCC Club List**

- AIGA
- **Anime Club**
- **Black Student Association**
- Concurrent Enrollment Club
- **Creative Writers of Red Rocks**
- Cultural Diversity
- D&D Club
- Engineering Club
- Geology Club
- International Students Club
- **Mechatronics Club**
- **NASA Space Grant Club**
- **Organic Gardening Club**
- **Political Science Club Psychology Club**
- **Rainbow Alliance**
- **Red Rocks Global** Mentors
- Sustainable Energy
- Tea Club
- **Veterans Club**
- Video Game Club

For more club information:

http://www.rrcc.edu/ student-life/student-clubsand-organizations

#### **Solar and Space Physics Summer REU Information Session**

Dr. Martin Snow from University Colorado will be on campus on Friday, December 1st for an information session about their 2018 Research Experience for Undergraduates Program in Solar and Space Physics.

Friday, December 1st 12:00pm-1:00pm Lakewood Campus Room 2674

# **Arvada Hours of Operation**

Welcome Desk Hours Monday - Friday

7:30am-7:00pm,

Saturday 8:00am - 5:00pm Coffee Shop Hours

Monday - Thursday 7:30pm-6:00pm, Friday 8:00am-3:00pm, Saturday 8:00am-1:00pm

### Advising Hours

By Appointment 303-914-6011

Walk-In hours are

Tuesday - Thursday 9:00am - 4:00 pm

Financial Aid Hours Monday - Friday

8:00am-5:00pm

Assessment Hours Monday - Friday 9:00am-5:00pm

**Bookstore Hours** Monday 10:00am-3:00pm Tuesday - Thursday

10:00am - 5:30pm

Friday 10:00am - 3:00pm Student Life Office

Monday:

10:00am - 2:00pm Tuesday/Thursday 11:00am - 3:00pm Wednesday/Friday 10:00am - 3:00pm



