

THE JOHN LETTER

Student Activities for the Week of November 13th - November 19th 2017

All events listed in the John Letter are open and FREE for current students unless otherwise noted! E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center - Room 1551

Student Activities

Wellness Fair

Wednesday, November 15th

Prizes, stressbuster tables, mini workshops: fitness, meditation, stretching, tapping, Careers in healthcare.

> 11:00am - 2:00pm Great Hall





Pack the Gym!

Join us for Yoga, Tea, Pumpkin Pie, Prizes and more! Wednesday, November 15th 4:00pm-6:00pm SRC Gymnasium. FREE to all students/faculty/staff. Visit rrcc.edu/src for more

details.

Science: Bouldering can help relieve symptoms of depression and anxiety.

Stop by your climbing wall today or contact ben.wygant@rrcc.edu for a free clinic.

Follow us on facebook: facebook.com/rrccstudentrec



Inclusion & Diversity

Our Journey to Healing presented by the Sicangu Youth Council and Tokala Peer Mentors

Tuesday, November 14th Noon – 1:30pm The Den

Transgender Day of Remembrance

Monday, November 27th Noon The Den

Entrepreneur Center

"Put Some Muscle in Your Hustle" Entrepreneur Series PITCH WORKSHOP

Thursday, November 16th Noon - 1:00pm Community Room

Trefny Honors Program

Applications Now Open for Spring 2018! rrcc.edu/honors

"Applying for Honors" Workshop

Tuesday, November 14th 1:30pm - 2:30pm Red Fox Room

Service Learning Center

New service learning courses available for Spring 2018!
Talk to your advisor or visit rrcc.edu/hub/servicelearning/approved-courses for a complete list.
Contact: service.learning@rrcc.edu

for more information!

International Student Expo

Come celebrate
International Education Week
at our annual International
Student EXPO. Meet
students from over 15
countries as they share their
countries, cultures,
languages and traditions with
the RRCC community. Make
sure to to get an EXPO
passport that gives
you a chance to
converse and sample foods
from around the globe.

Wednesday, November 15th 11:00am-1:00pm Great Hall



INTERNSHIP OPPORTUNITIES

- Various Internships with CVS Health Paid
- UX Engineer with SpotXchange \$18/hour
- JS/FS Engineer with SpotXchange \$18/hour
- Communications Intern with Great Outdoors Colorado \$15/hour
- Payroll Specialist Intern with Payroll Vault \$10/hour

International Survivors
of Suicide Loss Day
There will be a
Memory Tree and
resources available
Thursday, November 16th
9:00am= 2:00pm
The Creat Hall

"Breathe in the Good Sh!t"

Meditation

Wednesdays

10:00am - 11:00am

Mt. Falcon Room

Career Questions?

Come ask the career coach!
Tuesday,
November 14th
11:00am - 1:00pm
The Bridge





Do You Know:

- What you owe?
- Who your lender is?
- How much your monthly payment will be?
- What the terms of your loan are?
- What options you have if you have trouble making payments?
- Who can help?

Call: 303-914-6495

Ask Tom Miller your Default Prevention Loan Advisor in Financial Aid. thomas.miller@rrcc.edu

CAMPUS INFORMATION

RRCC Club List

- AIGA
- Anime Club
- Black Student Association
- Concurrent Enrollment Club
- Creative Writers of Red Rocks
- Cultural Diversity
- D&D Club
- Engineering Club
- Geology Club
- International Students Club
- Mechatronics Club
- NASA Space Grant Club
- Organic Gardening Club
- Political Science Club
- Psychology Club
- Rainbow Alliance
- Red Rocks Global Mentors
- Sustainable Energy
- Tea Club
- Veterans Club
- Video Game Club

For more club information:

http://www.rrcc.edu/ student-life/student-clubsand-organizations

Black Student Association Information Session

Join us as we come together to gain a better knowledge on the purpose and founding of BSA, as well as how it affects students and the Red Rocks community as a whole.

Tuesday, November 14th 5:00 pm-6:00 pm
Thursday, November 16th 12:00 pm-1:00 pm
The Den. 1592

Student Life Hours of Operation

Student Life Desk:

Monday - Thursday: 9:00 am - 7:00 pm Friday: 9:00 am - 5:00 pm Saturday: 10:00 am - 2:00 pm

Student Project Center:

Monday - Thursday: 8:00 am - 9:00 pm Friday: 8:00 am - 6:00 pm Saturday & Sunday: 10:00 am - 4:00 pm

(Color Printing is only available during Student Life Desk hours.)

The Den:

Monday - Thursday: 11:00 am - 7:00 pm Saturday: 10:00 am - 2:00 pm

Recreation Center:

Monday - Friday: 6:00 am - 9:00 pm Saturday & Sunday: 9:00 am - 6:00 pm

Student Health Clinic:

Monday - Friday:
9:00 am - 4:00 pm
Monday, Tuesday, & Thursday
Physical & Behavioral povider acess
Fridays: Behavioral provider by
appointment only



