

# THE JOHN LETTER

Student Activities for the Week of November 20th - November 26th 2017

All events listed in the John Letter are open and FREE for current students unless otherwise noted! E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center - Room 1551

# Student Activities



## GROUP FITNESS CLASSES

### **Tuesdays:**

Vinyasa Flow Yoga with Jenna 4:30pm - 5:30pm

#### Wednesdays:

Vinyasa Flow Yoga with Jenna 12:00pm - 1:00pm

Zumba with Julie 4:15pm - 5:15pm

Classes in room 5400; lower building of the yoga studio. For more information contact: www.rrcc.edu/src

# Student Recreation

Center Fall Programs

Stress Release Day at the SRC!

Wednesday, November 29th

Meditation and Sleep:

Stress Release Clinic

12:00pm-1:00pm

Fitness Studio 2

THROW THINGS AT

YOUR INSTRUCTOR

Dodgeball Tourney

3:00pm-4:00pm in the Gym

facebook.com/rrccstudentrec

Save the Date
Interprofessional
Education
Lunch-N-Learn Event
Friday, December 1st
11:30am - 1:00pm

# **Talk to a Teacher**

Interested in Education as a
Career Choice?
Want to make a lasting
change in the world?

Join us:
Thursday, November 30th
3:00pm - 5:00pm
Tuesday, November 5th
12:00pm - 2:00pm

Great Hall

## Hurricane Relief Donations

Boxes are located throughout the school collecting donations including baby-care items, personal-care items and school supplies.

Please donate new or gently used items.

Each box is labeled and includes a list of items specifically needed.
The drive will continue through November 2017



#### **Inclusion & Diversity**

Transgender Day of Remembrance

Monday, November 27th Noon The Den

### **Trefny Honors Program**

Applications Now Open for Spring 2018!

rrcc.edu/honors

## **Service Learning Center**

New service learning courses available for Spring 2018! Talk to your advisor or visit rrcc.edu/hub/servicelearning/ approved-courses for a complete list.

service.learning@rrcc.edu for more information!

Contact:

# INTERNSHIP OPPORTUNITIES

- Various Internships with CVS Health Paid
- UX Engineer with SpotXchange \$18/hour
- JS/FS Engineer with SpotXchange \$18/hour
- Communications Intern with Great Outdoors Colorado \$15/hour
- Payroll Specialist Intern with Payroll Vault \$10/hour
- Sales/Marketing
   Assistant Internship
   Orgadate USA
   Paid
- Treasury Intern with Tallgrass Energy \$15/hour

"Breathe in the Good Sh!t"

Meditation

Wednesdays

10:00am - 11:00am

Mt. Falcon Room

# ATTENTION STUDENTS

Activate and use your student email account. RRCC communicates with students via email ONLY

through your student email address.





# 4 Reasons You Need to Make Extra Payments on Your Student Loans:

- You'll save thousands of dollars – seriously!
- 2. You'll be debt free faster.

3. You can build up

savings more efficiently
4. You may be able to
buy a home or a car

more easily.

It's important to know your student loan debt and your options for successful repayment.

Find out more at:

studentaid.gov/repay

## **CAMPUS INFORMATION**

# RRCC Club List

- AIGA
- Anime Club
- Black Student Association
- Concurrent Enrollment Club
- Creative Writers of Red Rocks
- Cultural Diversity
- D&D Club
- Engineering Club
- Geology Club
- International Students Club
- Mechatronics Club
- NASA Space Grant Club
- Organic Gardening Club
- Political Science Club
- Psychology Club
- Rainbow Alliance
- Red Rocks Global Mentors
- Sustainable Energy
- Tea Club
- Veterans Club
- Video Game Club

For more club information:

http://www.rrcc.edu/ student-life/student-clubsand-organizations

# Solar and Space Physics Summer REU Information Session

Dr. Martin Snow from
University Colorado will
be on campus on
Friday, December 1st for
an information
session about their
2018 Research
Experience for
Undergraduates
Program in Solar and
Space Physics.

Friday, December 1st 12:00pm-1:00pm Room 2674

# Student Life Hours of Operation

### Student Life Desk:

Monday - Thursday: 9:00 am - 7:00 pm Friday: 9:00 am - 5:00 pm Saturday: 10:00 am - 2:00 pm

# **Student Project Center:**

Monday - Thursday: 8:00 am - 9:00 pm Friday: 8:00 am - 6:00 pm Saturday & Sunday: 10:00 am - 4:00 pm

(Color Printing is only available during Student Life Desk hours.)

#### The Den:

Monday - Thursday: 11:00 am - 7:00 pm Saturday: 10:00 am - 2:00 pm

### **Recreation Center:**

Monday - Friday: 6:00 am - 9:00 pm Saturday & Sunday: 9:00 am - 6:00 pm

## Student Health Clinic:

Monday - Friday:
9:00 am - 4:00 pm
Monday, Tuesday, & Thursday
Physical & Behavioral provider
access. Fridays: Behavioral provider
by appointment only



