



THE JOHN LETTER

Student Activities for the Week of October 9th - October 15th, 2017

All events listed in the John Letter are open and FREE for current students unless otherwise noted!
E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center - Room 1551

Student Activities

Suicide Prevention Project

**World Mental Health Day
Depression Screenings**
Tuesday, October 10th from
11:00am - 1:00pm in
the Great Hall

**Film - My Depression
(The Up and Down of it)**
Tuesday, October 10th from
3:00pm - 4:00pm in
the Den

Depression Screenings
Tuesday, October 11th from
1:00pm - 3:00pm in
the Welcome Center
(Arvada)

Student Recreation Center Fall Programs:

FREE rock climbing trip on
10/14 with the
Red Rocks Adventure
Program. Go to [rrcc.edu/
src/adventures-program](http://rrcc.edu/src/adventures-program)
for details.
Need a Fitness
Certification?
Email Fitness Coordinator,
Bre'una Keeton, at
breuna.keeton@rrcc.edu
for more information.
Group Fitness Classes
Going on Now! Visit one of
our free classes today - no
commitment. Visit
rrcc.edu/src/group-fitness
for class schedule

LGBTQ HISTORY MONTH

Lakewood Campus

LGBTQ Film:
"But I'm a Cheerleader"
October 10th at 1:30pm
in the LGBTQ Center

National Coming Out Day
October 11th
9:00am - 3:00pm
on The Bridge

Coming Out Stories
October 11th from
10:30am - Noon
in The Den

Arvada Campus

"Gen Silent"
Film Screening
October 11th at 11:00am
& 2:00pm in room 7102

"TRANSforming Healthcare"
Film Screening
October 18th 11:00am,
Noon, & 2:00pm
in room 7102

"Homo Promo"
Film Screening
October 25th 11:00am

Star Party
Wednesday, October 18th
from 7:30pm - 9:30pm
Lakewood Campus

Phi Theta Kappa Member Meeting

Thursday, October 12th
1:15pm - 2:15pm, Mt. Evans
Meet your chapter officers
for a discussion of our
chapter's College Project.

President: Manisha Jaiswal
mjaiswal@student.cccs.edu
V.P.: Christopher Mason
cmason30@student.cccs.edu

Student Health Clinic & Behavioral Health Counseling

MONDAY-FRIDAY
9AM-4PM

- Monday, Tuesday, and Thursday at Lakewood Clinic a Physical and Behavioral Health Provider will be available from 9am to 4pm.
 - Wednesday at Arvada Clinic there will be Behavioral Health Counseling and Nurse visits only from 9am-4pm.
 - Fridays at Lakewood Clinic will be Behavioral Health Counseling by appointment only from 9am-4pm.
 - Friday at Arvada Clinic a Physical Health Provider will be available from 9am to 4pm.
- Hours and days are subject to change. This schedule is for October 2017. Thank you for your patience during our transition of staff.

Social Justice Reading Group

This semester we will be reading *Waking Up White, and Finding Myself in the Story of Race* by Debby Irving. There are copies available at the RRCC Bookstore.

Group 1

Read pages 93 - 184 by Thursday, October 12th at 1:30pm in the Red Fox Room at Lakewood OR Arvada campus room 7211
Read pages 185 - 249 by Thursday, November 2nd at 1:30pm in the Red Fox Room at Lakewood OR Arvada Campus room 7211

Group 2

Read pages 93 - 184 by Monday, October 9th at 2:30pm at Lakewood campus in the Sandtone Room
Read pages 185 - 249 by Monday, October 30th at 2:30pm at Lakewood campus in the Sandtone Room

Please consider the reflective questions at the end of each section as preparation for our discussion. If you have any questions email: amy.braziller@rrcc.edu

Internship Opportunities

- Engineering Technician with Black & Veatch - Paid
 - Safety Engineer with Ready Foods - \$15/hour
 - Claims Specialist with Social Security Administration - Paid
 - ADA Assessment with City of Lakewood - Paid
 - Research & Development with Proctor & Gamble (Summer 2018 - Cincinnati, OH) - Paid
- Contact Melissa English, to find out more!
melissa.english@rrcc.edu
303-914-6361

GRAB-N-GO!

Snacks every Saturday from
10:00 am - 2:00 pm
at the Student Life Desk

DID YOU KNOW!?

All you need is a current student ID to access the **STUDENT FOOD BANK!**
4 items free!
At the Student Life Desk.
Tuesdays & Wednesdays
11am-1pm & 4pm-6pm

CAMPUS INFORMATION

RRCC Club List

- Anime Club
- Concurrent Enrollment Club
- Creative Writers of Red Rocks
- Cultural Diversity
- D&D Club
- Engineering Club
- Geology Club
- International Students Club
- Mechatronics Club
- NASA Space Grant Club
- Organic Gardening Club
- Political Science Club
- Psychology Club
- Rainbow Alliance
- Red Rocks Global Mentors
- Sustainable Energy
- Tea Club
- Veterans Club
- Video Game Club

For more club information:
[http://www.rrcc.edu/
student-life/student-clubs-
and-organizations](http://www.rrcc.edu/student-life/student-clubs-and-organizations)

Student Life Hours of Operation

Student Life Desk:
Monday - Thursday:
9:00 am - 7:00 pm
Friday: 9:00 am - 5:00 pm
Saturday: 10:00 am - 2:00 pm

Student Project Center:
Monday - Thursday:
8:00 am - 9:00 pm
Friday: 8:00 am - 6:00 pm
Saturday & Sunday:
10:00 am - 4:00 pm

(Color Printing is only available during Student Life Desk hours.)

The Den:

Monday - Thursday:
11:00 am - 7:00 pm
Saturday: 10:00 am - 2:00 pm

Recreation Center:

Monday - Friday:
6:00 am - 9:00 pm
Saturday & Sunday:
9:00 am - 6:00 pm



TALK 24/7 | 303-322-7273
SEXUAL ASSAULT HOTLINE

REDLINE Art Exhibit

This exhibit showcases work that ranges from conceptual statements about social issues to work that reflects on domesticity, new interpretations of historical art, and work that push into new ways of working with age old materials like drawing and photography.
Susan K. Arndt Gallery
Lakewood Campus
Through October 18th
M-F 7:00am - 10:00pm
Sat.-Sun. 7:00am - 10:00pm

