

ACE GROUP FITNESS INSTRUCTOR COURSE

PASSION IS THE ONLY PREREQUISITE



This course will prepare you to earn an NCCA-accredited group fitness instructor certification through ACE, a mission-driven nonprofit with 30 years of science-based research.

Spring 2018 Information Sessions

**All sessions will take place at the Student Recreation Center, Fitness Studio 1.

NEXT COURSE WILL BE HELD:

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|--------------------------------|----------------|
| - Wednesday January 17th, 2018 | 12:00 - 1:00pm |
| - Thursday January 18th, 2018 | 3:00 - 4:00pm |
| - Monday January 22nd, 2018 | 12:00 - 1:00pm |
| - Tuesday January 23rd, 2018 | 3:00 - 4:00pm |



ACEFITNESS.ORG