RSVP:



303-914-6394

LOCATION:

Red Rocks Community College Community Room 13300 W. 6th Avenue, Lakewood CO 80228



CLASS COST \$25.00



WOULD YOU BE ABLE TO FIGHT OFF AN ATTACKER? IF NOT, THEN LEARN HOW!

The course includes lecture, discussion and self-defense techniques. No prior experience needed. Class is offered to kids, teens, adults, and seniors. Open to those who identify as women.

Saturday & Sunday October 14th & 15th

9am-6pm

90% OF SELF-DEFENSE IS EDUCATION. COME FIND OUT WHAT YOU CAN DO TO PROTECT YOURSELF AGAINST SEXUAL PREDATORS AND OTHER ATTACKERS!



The R.A.D. system is a comprehensive, women-only course that teaches risk awareness, risk prevention, risk reduction, and risk avoidance. These four personal safety factors are the building fundamentals in the progression of the basics for hands-on self-defense training. R.A.D. is not a martial arts program. Our courses are taught by nationally certified R.A.D. instructors and provide each student with a workbook/reference manual. This manual outlines the entire Physical Defense Program for reference and continuous personal growth. This manual is the "Golden Ticket" to our free lifetime return and practice policy anywhere in the world where the class is offered. **www.rad-systems.com**









