

Red Rocks Community College
Jin Shin Level 2 – HHP 230-601
Weekend Syllabus

Time: Sun. 9:00 – 4:30 2/7/10 –2/28/10
Room: RWE 2683
Instructor: Denise Proulx, RN, BSN
Voice Mail: 970-691-3158
E-mail: wholistic@comcast.net
Office Hours: 15 min. before and after class and by appointment
Required Book: High Touch Jin Shin Workbook 2 Betsy Ruth Dayton, M.Ed

Course Description:

Balance the body with a hands-on non-invasive technique based on the Chinese model. This class expands on what was learned in level one. Now that the basics are covered level two teaches how to read combination pulses and how to do more flows that balance at much deeper levels. The mind-body connection is covered more in-depth within the context of this modality. Concepts of the Chinese model that were introduced in level one are reviewed and expanded to a working level. At the end of Level two passing students will be able to take pulses and give a full session of Jin Shin to self and others. A certificate will be issued to passing students, allowing them to apply for practitioner status within the High Touch Jin Shin Network.

Course Goals:

At the end of this course using the textbook a student should be able to:

1. Identify single and combination pulse patterns and decide on appropriate flows to balance the body's energy.
2. Perform correctly a full 1hour session on client.
3. Recognize mind-body information suggested by pulses throughout the session.
4. Have basic understanding of Chinese Model as it relates to Jin Shin.
5. Identify safe terminology and practices for working on clients.
6. Express ways that they can use Jin Shin in their career or life
7. Awareness of other supportive modalities that can enhance Jin Shin Sessions.

COURSE REQUIREMENTS:

Grade Composite:

Straight scale 90% A, 80% B, 70% C, 60% D
Participation ¼ grade
Quizzes and paper ¼ grade
Written final ¼ grade
Practical ¼ grade

IMPORTANT DATES:

Last day to **drop** class with refund: 02/09/10

Last day to **withdraw** from class with no refund but without grade: 02/23/10

Itinerary:**To do for following date**

DATE		HOMEWORK
Day 1 AM	Introductions, review of points and locations, Q&A, review of book one charts, differences between number and organ flows, reading all three pulse charts and practice	
Day 1 PM	Flows #1, #2, #3, #4, #5,6,7,8, depth chart, charts on page 13, tooth chart	Study meanings of points 1, 2, 3, 4, 5, 6, 7, 8 reading pulse patterns. Practice session.
Day 2 AM	QUIZ: Meanings of points 1, 2, 3, 4, 5,6,7,8,reading pulse patterns. flows #9, #10, #11, 12, #13, #14, flow stories, practice.	
Day 2 PM	Charts on pg. 12, flow #15,16, 17, 18, 19, #20, practice.	Study meanings of 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20 depth sensations. Practice session with story.
Day 3 AM	QUIZ: Meanings of 9, 10, 11, 12, 13, 14, 15, 16, 17,18, 19, 20 and depth sensations, #20, 21, 22, #23, 25, #24, 26 practice.	.
Day 3 PM	Practitioner information, fingers, depth flows, spinal charts, methods of corrections, practice.	Study meanings of # 21, 22, 23, 24, 25, 26. Assigned reading: The depths, Practice session.
Day 4 AM	Review, WRITTEN FINAL	
Day4 PM	PRACTICAL	

CLASS POLICIES:

1. Jin Shin practice session sheets = your participation grade. Be sure your client gives you a working phone # on the form and is willing to receive a call. Please include any questions about your sessions on these sheets.
2. Sleeping in class (except when receiving a session), coming late or leaving early will take points away from participation grade at a rate of 5 points each time. If there is an emergency you need to contact me.
3. You can retake or take a missed quiz on the 6th to increase your grade.
4. Eating is allowed in class, but because sessions work best when not digesting I would suggest eating at the beginning of class, as practice sessions will be at the end of class.
5. Dress comfortably; realize that you will be lying on massage tables.
6. Instructor reserves the right to modify the syllabus & calendar for this class.

*Students who engage in plagiarizing, cheating or helping someone else violate reasonable standards of academic behavior may, at the discretion of an instructor be dismissed from a class or receive a reduced or failing grade.

Students with disability are encouraged to contact the Office of Special Services to arrange for accommodations and support services.