

EMERGENCY CONTACTS

<h2>Is Someone in Imminent Danger?</h2> <p>The risk of death is high. The person has a plan and access to a lethal means, is planning to make an attempt very soon, or is currently in the process of making an attempt.</p>		
YES	UNCERTAIN	NO
<p>CALL THE POLICE (on or off campus)</p> <ul style="list-style-type: none"> • 9-1-1 • 303-914-6394 	<p>BEHAVIORAL HEALTH COUNSELOR</p> <ul style="list-style-type: none"> • 303-914-6655 • if no one is available, call 303-914-6316 • state that it is a possible emergency <p>CAMPUS POLICE</p> <ul style="list-style-type: none"> • 9-1-1 • 303-914-6394 <p>COLORADO CRISIS SERVICES</p> <ul style="list-style-type: none"> • 1-844-493-8255 	<p>BEHAVIORAL INTERVENTION TEAM VIA THE "REPORT A CONCERN" FORM</p> <ul style="list-style-type: none"> • found online at www.rrcc.edu/safe • through The Rock portal <p>BEHAVIORAL HEALTH COUNSELOR</p> <ul style="list-style-type: none"> • 303-914-6316 • if no one is available, call 303-914-6655 <p>COLORADO CRISIS SERVICES</p> <ul style="list-style-type: none"> • 1-844-493-8255

If you are worried that someone may be in imminent danger, please try the various options listed above until you reach someone who can help. Do NOT simply leave a voice message.

Campus Police and local police are available 24 hours a day, 7 days a week, 365 days a year. You may request a Crisis Intervention Team trained officer

The Behavioral Health Counselor at the Student Health and Counseling Center is typically available during RRCC's business hours

For assistance during evenings, weekends, or holidays, call Colorado Crisis Services at 1-844-493-TALK (8255) or the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) Colorado Crisis Services also offers text support (text "TALK" to 38255) and 24-hour walk-in locations. The nearest walk-in location to RRCC is 4643 Wadsworth Blvd, Wheat Ridge.

The RRCC Behavioral Intervention Team (BIT) consists of the Vice President for Student Success, the Executive Director of Advising, Transfer and Career Services, the Vice President of Instruction, the Executive Director of Human Services, and the Campus Police Chief

RRCC Suicide Prevention and Mental Health Resources

On Campus

Campus Police – Contact in case of emergency: 911 or 303-914-6394. You may request a CIT-trained officer on the Crisis Intervention Team.

Behavioral Health Services – Free behavioral health assessment, short-term counseling (up to 6 sessions per semester), and referrals for current students. In the Student Health and Counseling Center on both campuses: 303-914-6655.

Peer Counseling Program – Peer Coaches are thoroughly trained in recognizing mental health concerns and will assist their peers in locating appropriate resources either on campus or in the community: Room 1577, 303-914-6185.

Behavioral Intervention Team – Promoting and maintaining the safety and well-being of the campus community through positive, proactive, and practical risk assessment and intervention using the online “Report a Concern” form: <http://www.rrcc.edu/safe>.

Veterans and Military Family Members – Private and confidential counseling offered off campus through Jefferson Center, 303-425-0300.
<https://www.jcmh.org/services/veterans-services/>

Off Campus

Colorado Crisis Services – 24/7 confidential and immediate mental health, substance use or emotional help for yourself or someone you know: call 1-844-493-TALK (8255), text “TALK” to 38255, participate in an online chat, or visit a 24/7 walk-in location, found at <http://coloradocrisisservices.org>.

National Suicide Prevention Lifeline – 24/7 free and confidential support for people in distress and prevention and crisis resources for you or your loved ones: call 1-800-273-TALK (8255), or participate in an online chat at <http://www.suicidepreventionlifeline.org>.

The Trevor Project – 24/7 crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24: 1-866-488-7386, or participate in an online chat or text at <http://www.thetrevorproject.org>.

Jefferson Center – Promoting mental health and providing quality mental health services for persons in Jefferson, Clear Creek, and Gilpin counties: 303-425-0300, <http://www.jcmh.org>.

The following RRCC employees have been trained to help in case of a mental health crisis:

Name	Where?	Phone
Lauren Badger	Academic Advising – 1314	x6908
Allen Burch	TRIO SSS – 1258	x6760
Ty Casias	Arvada Welcome Desk	x6011
Ali Christopherson	Academic Advising – 1311	x6912
Sean Dugan	Campus Police Chief	x6494
Danea Fidler	The Hub Front Desk	x6175
David Finchem	Learning Commons – 1207	x6701
Lisa Fowler	Student Success – 1219	x6302
Tim Griffin	Planning, Research, & Effectiveness – 1011	x6516
Ryan Horecny	Campus Police Officer	x6394
Deb Houser	Human Resources – 1022	x6224
Lou Hren	EMS Clinical Coordinator – 2713	x6461
Sam Hufschmidt	Campus Police (<i>CIT Officer</i>)	x6394
Elizabeth James	English Instructor	
Gina Jimenez	Arvada Student Success – 7230	x6030
Bre’una Keeton	Student Rec Center – 4205	x6477
Jean Kelly	Accessibility Services – 1185	x6731
Randy Landis-Eigsti	Learning Commons – 1266	x6736
Jen Macken	Inclusion & Diversity – 1251	x6309
Dan Macy	Arvada Campus Advising	x6010
Zerain Martinez	Computer Services – 1454	x6118
Rosemary Najera	Campus Police	x6394
Travis Ogburn	RRCC Foundation – 1133	x6426
Sara Oviatt	Student Life – 1566	x6547
Jeff Parker	Academic Advisor – 1302	x6504
Katey Parsons	Behavioral Health Services – Student Health & Counseling – 1569	x6316
Yvonne Pepping	Lakewood Main Entrance Information Desk	x6130
Ericka Rendon	Campus Police (<i>CIT Officer</i>)	x6394
Stacy Roe	Accessibility Services – 1182	x6732
Anthony Schaller	Campus Police Sergeant	x6394
Cynthia Shields	Academic Advising Director – 1331	x6905
Katherine Sykes	Veteran Advisor/School Certifying Official- 1005	x6353
Janet Tarase	Accounting/ Business Faculty – 2606	x6292
Kyle Whitecotton	English Faculty – 1651	x6332

For Employees

Colorado State Employees Assistance Program – Professional assessment, referral, and short-term counseling for State employees with work-related or personal concerns: 303-866-4314 or 1-800-821-8154.