RSVP:



Ericka.Rendon@rrcc.edu or Sam.Hufschmidt@rrcc.edu



303-914-6394

LOCATION:



Red Rocks Community College Community Room #0650 13300 W. 6th Avenue Lakewood CO 80228 Sponsored by:

RED ROCKS
Campus Police Department

CLASS COST \$25.00/per person



RESISTING AGGRESSION WITH DEFENSE

Male participants will have the opportunity to: raise their awareness of aggressive behavior, recognize how aggressive behavior impacts their lives, learn steps to avoid aggressive behavior, consider how they can be part of reducing aggression and violence, and practice hands-on self-defense skills to resist and escape aggressive behavior directed toward them. This program is designed to empower participants to make safer choices when confronted with aggressive behavior.

Age limit (12 and up).





9am-6pm

90% OF SELF-DEFENSE IS EDUCATION. COME FIND OUT WHAT YOU CAN DO TO PROTECT YOURSELF.















