RSVP:



Ericka.Rendon@rrcc.edu or Sam.Hufschmidt@rrcc.edu



303-914-6394

LOCATION:



Red Rocks Community College Community Room #0650 13300 W. 6th Avenue Lakewood CO 80228 Sponsored by:

RED ROCKS
Campus Police Department



*Classes are discounted for April in honor of Sexual Assault Awareness Month, \$15.00

CLASS COST

\$25.00*

WOULD YOU BE ABLE TO FIGHT OFF AN ATTACKER? IF NOT, THEN LEARN HOW!

The course includes lecture, discussion and self-defense techniques. No prior experience needed. Age limit (12 and up). Open to those who identify as women.



CLASS DATES 2019 Saturday & Sunday

Advanced R.A.D. February 23 & 24

Basic R.A.D. April 27 & 28*

Advanced R.A.D. August 3 & 4

Basic R.A.D. November 16 & 17



9am-6pm



90% OF SELF-DEFENSE IS EDUCATION. COME FIND OUT WHAT YOU CAN DO TO PROTECT YOURSELF AGAINST SEXUAL PREDATORS AND OTHER ATTACKERS!

The R.A.D. system is a comprehensive, women-only course that teaches risk awareness, risk prevention, risk reduction, and risk avoidance. These four personal safety factors are the building fundamentals in the progression of the basics for hands-on self-defense training. R.A.D. is not a martial arts program. Our courses are taught by nationally certified R.A.D. instructors and provide each student with a workbook/reference manual. This manual outlines the entire Physical Defense Program for reference and continuous personal growth. This manual is the "Golden Ticket" to our free lifetime return and practice policy anywhere in the world where the class is offered. www.rad-systems.com













