

RSVP:



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303-914-6394

LOCATION:



Red Rocks Community College
Community Room #0650
13300 W. 6th Avenue
Lakewood CO 80228

CLASS COST
\$15.00

Sponsored by:
RED ROCKS
Campus Police Department



*Classes are discounted
only for April in honor
of Sexual Assault
Awareness Month*

WOULD YOU BE ABLE TO FIGHT OFF AN ATTACKER? IF NOT, THEN LEARN HOW!

The course includes lecture, discussion and self-defense techniques. No prior experience needed. Age limit (12 and up). Open to those who identify as women.



Saturday & Sunday
April 28 & 29



9am–6pm

90% OF SELF-DEFENSE IS EDUCATION.
COME FIND OUT WHAT YOU CAN DO TO
PROTECT YOURSELF AGAINST SEXUAL
PREDATORS AND OTHER ATTACKERS!



The R.A.D. system is a comprehensive, women-only course that teaches risk awareness, risk prevention, risk reduction, and risk avoidance. These four personal safety factors are the building fundamentals in the progression of the basics for hands-on self-defense training. R.A.D. is not a martial arts program. Our courses are taught by nationally certified R.A.D. instructors and provide each student with a workbook/reference manual. This manual outlines the entire Physical Defense Program for reference and continuous personal growth. This manual is the "Golden Ticket" to our free lifetime return and practice policy anywhere in the world where the class is offered. www.rad-systems.com

