

At the Start of Each Semester

Complete this worksheet after the first few weeks of the semester. This worksheet should help you set your goals for the remainder of your semester.

1. Name at least 1 peer in each of your courses you could contact if you missed a class, needed notes, etc.
2. List at least one academic activity (study group, review session, lecture) at RRCC in which you plan to participate.
3. Have you set a goal for your grade point average at the end of this semester?

How many hours/weekly of studying do you think will earn this grade average?

4. What is your academic advisor's name and the location of his/her office?
5. What is your RRCC Email address?
6. List a faculty, staff, or administrative person that you could go to in a time of need:
7. What is the location on campus of the Learning Center and Writing Center?
8. Do you need help in any of the following areas (check as many as apply):

___Note-Taking, ___Organization, ___Test Anxiety, ___Test Preparation, ___Time Management, or ___Textbook Reading

Where can you find information about these topics to help you?

9. Are you working while attending school? If yes, how many hours per week? Has this conflicted with your class and/or study time? How will you deal with this issue?