

PRE-TEST ACTIVITIES

- **MANAGE YOUR REVIEW TIME**
 - Daily reviews: Short, several times per day
 - Weekly reviews: An hour per subject, cover reading and lecture notes
 - Major reviews: 2–5 hours at a stretch, begin 7 days before major exams
 - Fill in a 7 day study guide

- **CREATE REVIEW TOOLS**
 - Design a study checklist (if not provided by your instructor)
 - Match your Learning Style with how you are studying
 - Create study aids, i.e. flash cards, word webs, etc.
 - Ask instructor what to expect
 - Get notes organized
 - Plan a study group
 - Complete textbook chapter review questions

- **PREDICT TEST QUESTIONS**
 - Save all quizzes, papers, lab sheets, and graded material
 - Brainstorm test questions with other students
 - Watch for clues from instructor during class
 - Repeating certain points
 - Writing information down
 - Questions posed to students
 - Extensively covering certain material
 - Heightened interest in a topic
 - Key phrases...."This is important"...

- **COME TO CLASS PREPARED**
 - Get plenty of sleep
 - Eat breakfast or light snack if the exam is later in the day
 - Wear a watch and comfortable clothing
 - Assemble all your testing items
 - Arrive early and relax