



# THE JOHN LETTER

STUDENT ACTIVITIES FOR THE WEEK OF JULY 13TH - JULY 19TH, 2015

Email your items to Terry.Hutchinson@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!

## CAMPUS ACTIVITIES

Monday, July 13th

### Queer Gym at the RRCC Fitness Center

The Red Rocks Fitness Center is a GLBT friendly fitness community!  
Mondays, 2:00 - 4:00 p.m.

Wednesday, July 15th

### Student Food Bank

Up to 4 free items per week with current student ID at the Student Life Desk.  
11:00 a.m. - 1:00 p.m. & 4:00 - 6:00 p.m.

### Summer Library Hours

Due to increased demand, the Library will be open the following extended hours, effective through Sunday August 2nd.

Mondays - Thursdays: 8:00 a.m. - 7:00 p.m.

Fridays: 8:00 a.m. - 6:00 p.m.

Saturdays: 10:00 a.m. - 4:00 p.m.

Sundays: Closed.



## Fun Science Facts to Brighten Your Day!

- 41 new species are discovered by scientists every single day.
- The average number of readers of any given published scientific paper is said to be 0.6.
- "Sphenopalatine ganglioneuralgia" is the scientific term for brain freeze.
- A new scientific method called 'toxineering' turns venoms into painkillers.
- The World's oldest known creature, a mollusc, was 507 years old until scientists killed it by mistake.
- Eating salmon helps hair grow faster.
- Rain contains vitamin B12.
- Hot water can freeze faster than cold water, in some circumstances.

These are fun bits acquired for you from:  
<http://www.facts4kids.com/s-Science>

## Get To Know...



### Matt M.

#### About:

**Where do they work:** Red Rocks Coffee Shop

**How long have they worked there:** 6 months

**What did they want to be when they grew up:** Scientist

**Dream Vacation:** Country hopping across Europe

**Childhood idol:** Velma

**Someday they want to:** See intelligent alien life

**Dinner with anyone from anytime:** Carl Sagan

**Last trip:** Las Vegas

**What do they like best about RRCC:** The community of people who work & study here is great

#### Favorites:

**Activity:** D&D

**Food:** Chinese

**Band:** Rob Zombie

**Movie:** Aliens Franchise

**TV show/character:** Game of Thrones/Arya

**Ice cream flavor:** Extreme Moose Tracks

**Animal:** Anything cute & fuzzy

**Pizza topping:** Steak & Bacon

More "John" on the back!

## Available at the Student Life Desk:

Student IDs - Free (replacement \$10)

RTD 10-ride booklets - \$17

Locker Rental - \$8

Movie Tickets (limit 6) - \$8

Postage Stamps (limit 6) - 49¢

Photocopies - 10¢/page

Color Prints (limit 8) - 50¢/page

Faxes - 50¢ local \$1 long distance

### Checkout with Current ID:

Playstation 4, Xbox 360 And Xbox One Games

Ping-Pong Paddles & Balls

Basketballs, Volleyballs, Soccerballs

Tennis Equipment

## ARVADA CAMPUS ACTIVITIES:

### Free Popcorn

Monday - Thursday: 3:30 - 6:00 p.m.

### Accuplacer Testing

Monday - Friday: 9:00 a.m. - 4:00 p.m.

Saturdays: 9:00 a.m. - 1:00 p.m.

## New Health Sciences Campus will start offering courses Fall 2016.

### Advising Appointments Online

Make advising appointments online at <http://www.rrcc.edu/advising/appointment>

## Groundbreaking Ceremony

Join us at the RRCC Health Sciences Campus. Thursday, July 16th, 10:00 a.m. at the Main Entrance.

I feel good from my head tomatoes!



You can too

START READING TODAY

TEXT RRCC TO 40691



**THE BACK OF THE**

# JOHN LETTER

*All events listed in the John Letter are open and FREE for Current Students unless otherwise noted!*

## Red Rocks Service Society

Do you volunteer? We appreciate you!

The RRCC Service Society

**acknowledges, supports, and rewards** students who serve by volunteering, on campus and off. All RRCC students are encouraged to participate. Why do we care? Volunteerism facilitates **personal development, experiential learning,** and the **exploration of career options.**

Need a place to volunteer? We have lots of suggestions to help you get started.

Email us at [careerconnect@rrcc.edu](mailto:careerconnect@rrcc.edu) or visit Experiential Learning Services in the Learning Commons - Room 1264.

## Campus Portal

Find what you need!

Log in to The Rock:

- Add/Drop classes
- Student Clubs
- Desire2Learn
- Upcoming Events
- And more

Check out the link on [www.rrcc.edu](http://www.rrcc.edu)

**the rock**



Follow us on:

facebook!

[facebook.com/redrockssc](https://www.facebook.com/redrockssc)

AND



twitter!

[twitter.com/rrccedu](https://twitter.com/rrccedu)

### Do you know:

- The "Life Cycle" of your student loan?
- Your student loan servicer?
- The repayment options available to keep payments affordable?
- How interest is calculated and how to pay your loans faster?

### Who can help?

Ask Tom Miller - your Default Prevention Loan Advisor - in the Financial Aid Department.

## Learning Commons Summer Hours

Monday - Thursday: 7:30 a.m. - 7:00 p.m.

Friday: 7:30 a.m. - 6:00 p.m.

Saturday: 10:00 a.m. - 4:00 p.m.

### Tutoring available for:

Study/Success Strategies

See Tamara Stubbs in the College Prep Zone. Time management, Learning styles, test prep, test anxiety, etc.

Monday: 9:00 a.m. - 6:00 p.m.

Wednesday: 10:00 a.m. - 4:00 p.m.

### Chemistry

Monday & Wednesday: 12:30 p.m. - 3:00 p.m.

Tuesday: 12:30 p.m. - 3:30 p.m.

### Accounting

Tuesday: 4:00 p.m. - 6:00 p.m.

Wednesday: 4:00 p.m. - 6:00 p.m.

Saturday: 11:00 a.m. - 1:00 p.m.

Please see student worker at the Assistance Desk in the Learning commons.

## STUDENT VETERANS CENTER



Southwest Corner of Library

Computer, TV Lounge,

VA Literature, Magazines, and more.

## Need to Talk? RRCC now has a Peer Counseling Program!

Peer Coaches have been trained and are ready to listen and offer resources. The Peer Counseling Program Office: Room 2282, in the southeast corner of the library. (303) 914 - 6136 [peercounseling@rrcc.edu](mailto:peercounseling@rrcc.edu)

## Red Rocks Options

Registration for Summer and Fall semesters is open! Get an education that fits your busy life. If your schedule is restricted check out these types of classes: weekend college, online, self-paced/flex, accelerated, or hybrid.

Welcome to RRCC's online career network

**CAREER**  
**connect**

BRINGING STUDENTS AND EMPLOYERS TOGETHER

### Hot Jobs:

#4619 - Solar PV Installer - Boulder

#4616 - Maintenance Tech. - Centennial

#4606 - Brand Ambassador - Lakewood

### Hot Internships:

#4617 - Business Administration - Boulder

#4523 - Historic Preservation - Brighton

#4515 - Chemical Technician - Arvada

For more information about these and many other positions, visit:

<http://www.rrcc.edu/careerconnect>

interested in 15 minutes of fame?  
Why not go for a week!

Want adoring fans to call out your name in the halls? Think you'd enjoy being recognized by your fellow peers around campus? Well you're in luck! Stop by the Project Center or the Student Life Desk to get your picture taken and fill out the 'Get To Know' questionnaire. All you have to be is a current student! Don't forget, Arvada, this means you too! Can't make it to either place, but really want to be our famous Student of the Week? Just send an email to Alexa at [aellstrom95@gmail.com](mailto:aellstrom95@gmail.com) and she'll get back to you.

Trust us, it's awesome!

## Payroll Deadline

Biweekly Payroll: 07/11 - 07/24

E-timesheets are due Friday, 07/24 by

**12:00 p.m.** Pay will be direct

deposited Friday, August 7th, 2015.