

Red Rocks Community College

Outdoor Leadership PRA218-640 (HYBRID)

Course Information

Semester Credit Hours: 3

Prerequisites: None

Spring 2019 January 22-May 14, 2019

NOTE: There are 4 Meeting Times (rooms subject to change):

1. Saturday January 26 – 9am-5pm - RRCC Lakewood Campus W2756
2. Saturday February 16 – W2756
3. Saturday March 16 – Challenge Course Day! LaForet Camp & Conference, 1485 Shoup Rd., Colorado Springs
4. Saturday April 13 – W2756

Contact Information

Instructor: Deb Kulcsar, M.S. Education; **Ph:** 720-291-6390 (use email first)

Preferred Email: debra.kulcsar@rrcc.edu (I use D2L email but RRCC.edu is best); **Office Hours:** By appointment

Course Description

Enables the student to develop, acquire and apply outdoor leadership skills and knowledge. Emphasizes foundations, history, theory, facilitation, teaching, public land resources & program management in Outdoor Leadership. Exposes students to the latest information, philosophy, and techniques necessary to safely conduct outdoor programs and expeditions as an outdoor leader. Skills are applied under actual field conditions. These skills enhance the effectiveness of the student as a professional outdoor leader.

Required Textbooks/Course Materials

- 1.) Martin, B., Breunig, M., Wagstaff, M., Goldenberg, M. (2017). *Outdoor Leadership: Theory and Practice 2nd Edition*. Human Kinetics: Champaign, IL.
- 2.) Rohnke, K. (1995). *Quicksilver: Adventure games, initiative problems, trust activities and a guide to effective leadership*. Dubuque, IA: Kendall/Hunt. (AVAILABLE used on Amazon)

Standard Competencies

1. Understand and practice the attributes of successful outdoor leaders based on 8 core competencies
2. Describe the history and trends of outdoor leadership
3. Identify outdoor leadership facilitation styles and know when they are applicable
4. Understand and identify the major elements of group dynamics including stages of group development
5. Gain insights into oneself as an outdoor leader and set goals toward professional development
6. Know, understand and apply the principles of risk management
7. Identify & describe the principles of environmental ethics
8. Plan and deliver an outdoor class as the group leader in an educational outing

Course Expectations

Online Attendance Policy & Discussions

- You are an equal and active partner in your own education. You'll truly get out of the class what you put into it. It is expected that you spend 3 hours/credit hour (about 9 hours of "seat time") each week on reading assignments, homework assignments & online discussions.

Discussion Question Expectations

- Developing our outdoor leadership community is directly related to your involvement and contributions to discussions.
- Discussions are part of your grade and will be used as a formative assessment of your knowledge & skill acquisition.
- It required that you check D2L by Tuesday of each week and return a minimum of 2 times before the end of the week.
- There will be weekly discussion questions posted.
- You are required to have an initial post weekly and reply to at least 2 other student posts.
- Your posts must follow online Netiquette, be courteous and provide thoughtful input that is helpful to the author.
- Your ability to ask questions, share observations & listen respectfully to others' questions and observations will be noted.
- One sentence responses are considered incomplete. You are required to post full thoughts/sentences.

Field Classes

- A portion of the grade will be based on your attendance at the 4 required weekend classes. There will be NO opportunities to "make-up" these days.
- If you work on weekends *please arrange your work schedule* as soon as possible.
- If a *family crisis or illness* arises please let me know as soon as possible so we can discuss how to proceed.

Professionalism

CPR - Courtesy • Professionalism • Respect

Because this class requires that students develop an academic community, we must all work to develop good working relationships. Students can undermine that community through disruptive behavior or through speech that is offensive or disrespectful in the classroom, faculty office or in email communications. If a student undermines the academic community in these ways, the course instructor will remove the disruptive person from the class and the student will receive a "W" or "F."

Group discussion is a large part of this class and I want you to feel as though you have a voice that counts (within respectful reason) and ask questions. When doing so, make sure you are not interrupting or disrespecting other students or the professor. Carrying on conversations while someone else is talking and attacking opinions that differ from your own will not be tolerated and will negatively affect your participation grade.

SILENCE your phone on field trips. No exceptions. It's easy to spot someone using phone/laptop for non-course stuff.

Email communication

Email will be used to communicate with the students in this course. All emails will be sent to your College-assigned email address (e.g. joe.smith@cccs.edu), which may be accessed through the Portal link on the RRCC.edu website. You may opt to have copies of the email messages sent to your campus address automatically forwarded to another email address (e.g. @hotmail.com, @yahoo.com), but you do so at your own risk. The college's SPAM identification software often tags emails from public accounts as JUNK and I never receive them. You must take responsibility for the consequences that may arise because of missed or delayed messages and e-mails being sent to my trash due to use of non-CCCS email services.

Laptop/Web Browsing Device Use

Laptops or other web-browsing devices may NOT be used on field days unless specifically approved ahead of time for student accommodation by the disabilities services coordinator or myself. If a student is found to be using a laptop for non-course related activities during class time, they will be no longer allowed to use their laptop in class, may be asked to leave the class and/or the instructor may remove the student from the class and the student will receive a "W" or "F"

Course Projects or Learning Opportunities

Project #1: Initiative Facilitation

Plan, facilitate and debrief an initiative - ice breaker, get acquainted activity or group challenge for the class on Field Day #2.

- a. Submit a written Initiative Lesson Plan onto D2L
- b. Present and facilitate your Initiative to a portion of the class
- c. Submit a written reflection paper within 1 week of your presentation

Project #2: Community Leadership

This will be done with a co-leader (groups of 2). This will give you a *real* “co-facilitation” experience. Choose a local community group/school with which to facilitate a lesson/s, activities, Leave No Trace program, and conservation project. You will need to contact and make all the arrangements as part of this assignment. (A list of schools/organizations will be provided to get you started). Assess, plan and deliver a minimum 2-hour session for a total of 10 hours (includes group contact meeting & your planning time). See guidelines in the Community Leadership handout for more details. You will be evaluated on the following:

- a. Group Assessment (you will meet with the contact person and gather information prior to your actual program)
- b. Lesson Plan - MUST include 2 SMART goals supported by 2 objectives for YOUR PERSONAL LEADERSHIP DEVELOPMENT
- c. Field work with your organization/school (you must obtain appropriate permits if using public lands)
- d. Final Written Report (you must co-author your final written report which will include your LEADERSHIP goals and details about how the project went)
- e. Personal Written Reflection (you will each independently submit your own personal reflection)
- f. Contact Evaluation (your contact person needs to complete an evaluation on your performance)

Project #3: Leadership Skills Workshop

You will present in groups of 3. Plan & present a 30-minute leadership skills workshop on a relevant outdoor skill or topic.

- a. ONE Workshop Lesson Plan/Team
Please onto D2L under your OWN name with ALL TEAM MEMBERS NAMED on your lesson plan
- b. Presentation of Workshop
- c. Reflection paper – 1 page double spaced, typed UPLOADED onto D2L under your own name
- d. There will be a peer evaluation of your workshop

Project #4: Outdoor Journal OPTIONAL – will NOT affect your grade.

(Highly recommended for your professional development)

Compile an outdoor trip log/activity journal throughout the semester. It will have 2 sections. SECTION 1 TRIPS: May include those in which you participated through Red Rocks and/or personal trips. SECTION 2 ACTIVITIES/LESSONS: Will cover any related experience, activities, group challenges, adventure games, backcountry ideas that you can reference while in the field. You will need a notebook that is conveniently sized to take with you in your pack, waterproof would be great. You may hand-write your entries, these will not be submitted online. Be creative and inspirational with this journal. Include/create maps, drawings, photos.

Details: At least ONE trip (purpose and goals of trip, planning notes, map, risk management concerns, group members, outcomes, evaluation), a description of at least 2 useful adventure games that you will use (warm-up, ice-breaker, name game, group initiative or trust activity) and at least 3 relevant quotes you might use with a group. Include anything else you deem as useful so this becomes a friend that you can refer to when you get stuck. HEADINGS: Date, location, weather, time of day, who with, purpose of trip/activity, short reflection/evaluation/comments

Turning in Assignments onto D2L

- Please do NOT email your completed assignments. All assignments must be uploaded onto D2L under the correct folder.
- Students must abide by the following writing guidelines for assignments: typed; FULL NAME, date and class (PRA218) on the first page; no cover page. Double spaced; pages numbered; correct grammar and spelling; American Psychological Association (APA) format required.
- Failure to abide by these guidelines will result in a reduction of points or a 0 for the assignment.
- Each week starting Monday at 12am there will be a new unit/chapter to explore along with a required assignment/s, due the following Sunday evening by 11:30pm. If you miss this assignment deadline due to an unforeseen circumstance, family emergency, injury or severe illness let me know and we will discuss how to proceed. You will need to demonstrate true need for extending the deadline.

Late Policy

- I allow a 7-day late policy. Points will be deducted (10%/day) for late submissions depending upon assignment. You will no longer be able to submit your work after the end date.

Grading Policy PRA218

Your grade will be based on accumulated points from a variety of assignments listed below. Points will be converted to percentage. A final letter grade will be given according to the following scheme:

A 90-100%

B 80-89%

C 70-79%

D 60-69%

F 0-59%

Each assignment is equally important, even though points vary. You will be able to track your points on D2L throughout the semester. It is up to you to check your progress. I highly recommend you do this frequently to be sure you know where you stand in the course.

ASSESSMENT		TOTALS
Attendance & Participation		
Online Discussions	150	
Field Trips	150	300
Written Assignments		
10 written assignments 20 pts each	200	200
Project #1 Initiative Presentation		
Lesson Plan	25	
Facilitation/Presenting to the Class	25	
Reflection Paper	25	75
Project #2 Community Leadership		200
Group Assessment & Lesson Plan	50	
Field Work	100	
Final Report	25	
Self-Reflection	25	
Project #3 Leadership Skills Workshop		
Lesson Plan	50	
Workshop Presentation	125	
Reflection Paper	25	200
FINAL TEST	125	125
TOTAL POINTS		
Subject to change depending on the semester		1100

Course Schedule Outdoor Leadership PRA 218 SP19

(Subject to change)

The syllabus generally corresponds with the OLTP chapters with the exception of Chapter 11 & 12, Challenge Course Leadership & Teaching Strategies. These 2 chapters are explored earlier in the semester.

A NOTE on DUE dates: Reading & Written assignments are **generally due 7 days after assignment is given**.

Check D2L for due dates.

Date	Topics	Reading Assignments	Written Assignments & Projects
WK 1 1/22	Course Introduction Syllabus/Online Introduction Core Competencies Foundations Defining the profession	Outdoor Leadership Theory & Practice (OLTP) Preface pgs. Xiii – xxii Chapter 1	-ONLINE introductions -Core Competencies reflection
Sat 1/26 IN CLASS #1	Course Details Get acquainted Discuss -Community Leadership Project -Leadership Skills Workshop	See above OLTP Pages 223-225 in Chapter 12 on SMART goals & Lesson Planning	-Leadership Assessment in class -BRING LUNCH & WATER, textbook, laptop, pen/paper. Be prepared for outdoor activities. -SMART goals – develop 2 SMART goals supporting your professional development -Initiative Assignments
WK 2 1/29	Foundations -History of Outdoor Leadership -Professional Careers -Elements of Outdoor Leadership as a profession	OLTP Chapter 2 & 3	2 assignments on D2L -Research a well-known outdoor leader from the past -Interview a current professional using D2L guidelines.
WK 3 2/5	Adventure Leadership -Elements of Successful Program -Functional Leadership -Core Leadership Functions -APPLE TEACHING STRATEGIES -Experiential Education -Kolb Experiential Learning Cycle	Quicksilver Pages 5-28 OLTP Chapter 12	Quicksilver Adventure Leadership D2L Professional Development -Research a professional OUTDOOR organization. CHOOSE from list on D2L
WK 4 2/12	Teaching Strategies (Continued) Learning Styles Multiple Intelligences	Quicksilver pgs. 29-42 OLTP Chapter 12 continued	-Take the Multiple Intelligences Survey, D2L assignment -Initiative Project #1 Lesson Plan with SMART goals
SAT 2/16 #2	Leadership in Action! BRING textbooks, laptop/notebook & pen	Discuss CLP Assign Pairs, Project Ideas And LOTS more	INITIATIVE PRESENTATIONS TODAY!
WK 5 2/19	Cultural & Social Justice	OLTP Chapter 4	
WK 6 2/26	Theories of Leadership	OLTP Chapter 5 Pay attention to all of the Contemporary Leadership Theories	-Case study about Michio p. 84. Respond to questions on D2L -Compare & contrast transactional and transformational leadership

Date	Topics	Reading Assignments	Written Assignments & Projects
WK 7 3/5	Leadership in Practice -Power -Styles -Models	OLTP Chapter 6	-COLT model -Observe leadership in action this week. Summary of who/where/what style/s of leadership you observed
WK 8 3/12	Judgement & Decision Making -Process, Models, Leadership -Ethic of CARE -Ethic of JUSTICE Challenge Course Leadership	OLTP Chapter 7 OLTP Chapter 11 (skim this chapter before Saturday's field trip)	Identify your top 10 values. -How do they inform your outdoor leadership? -Personal Code of Ethics
Sat 3/16 Field Trip LaForet	Challenge Course Experience -Discuss Community Leadership -Discuss Leadership Skills Wkshp	Chapter 11 Challenge Course Leadership Finish reading this week	Written reflection on the day at LaForet will be due before Spring Break
WK 9 3/19	Understanding Facilitation Personal Development	OLTP Chapter 8 OLTP Chapters 9	Facilitation Assignment -DiSC assessment -Choose Theory of Human Development from text
BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
WK 10 Apr 2	Group Development -Core group functions -Theory, Stages of Groups -Co-Leadership -Expedition Behavior	OLTP Chapter 10	Assignment on D2L
WK 11 4/9	Practical tips for bag of tricks -4 Issues that can cause trouble	Quicksilver pg. 67-71 Practical Tips for your Bag of Tricks	Assignment on D2L
WK 12 4/16	Parks & Protected Areas Environmental Stewardship	Chapter 13 Chapter 14	-Video & Website Research Carhart National Wilderness Training Center
WK 13 4/23	Expedition Planning	Chapter 17	-Pg. 314 assignment on D2L -GO-PREPARE – Pg. 315, Plan for a 5-day trip for INEXPERIENCED participants. D2L for further details.
WK 14 4/30	Program Management -Design -Administration Safety & Risk Management -Accident equation -Legal	Chapter 15	Assignment on D2L
WK 15 5/7	Assessment & Evaluation -staff, program, participant -rubrics	Chapters 18	Self-Assessment Rubric Group Participation Rubric
WK 16 5/14	Finals Week -Final will be available on D2L the last day of class	DONE!	-Leadership Assessment #2 -Final Post - Please post a final comment about your experience and "take-aways"

Date	Topics	Reading Assignments	Written Assignments & Projects
	-ALL Assignment DUE by midnight		

Academic Guidelines

Academic Integrity

Everyone associated with the college's academic community has a responsibility for establishing, maintaining, and fostering understanding and respect for academic integrity. The following principles are associated with academic integrity:

- Cite (give credit for) words and/or ideas in an academic exercise that are not expressly your own.
- Use information, computer programs, another person's work, study aids and/or other materials only when allowed by the instructor.
- Remove materials from the library, labs, and other college facilities only when an official representative of the college grants permission.
- Use copyrighted materials only with permission.
- Refuse to help another commit an act of academic dishonesty.
- Use only the resources specifically allowed when completing a test or other assignment.

Academic dishonesty is the intentional act of fraud when an individual claims credit for the work of another, uses unauthorized materials, or fabricates information in any scholarly exercise. Academic dishonesty also includes, but is not limited to:

- Forging educational documents
- Damaging or destroying the works of another; or
- Assisting others in acts of academic deception.

If you are aware of an incident of academic dishonesty, please report the occurrence to a faculty member, department chair, or administrator. Those committing academic dishonesty will be subject to disciplinary action, such as failing the assignment or course and/or expulsion from the course or college.

Disabilities

RRCC offers many special services to students with disabilities. The college complies with and fully supports Section 504 of the Rehabilitation Act of 1973, with amendments of 1974, as well as the Americans with Disabilities Act (ADA) of 1990 regarding non-discrimination based on disability.

Reasonable accommodation is provided upon request for persons with disabilities. If you require an accommodation to participate in any class, program, service, or other activity at RRCC, contact the Office of Disability Services (ODS). No accommodations will be accepted after the due date for any required assignments, attendance, or fieldwork.

Information: 303.914.6733 or 303.914.6737 TTY

Affirmative Action/Equal Opportunity

RRCC is committed to diversity in its people and programs. The college is an equal opportunity educational institution and does not discriminate based on race, color, religion, national origin, sex, sexual orientation, gender expression, age, veteran status, or disability. It also does not tolerate acts of ethnic intimidation, which are any unlawful acts against persons or groups because of race, color, ancestry, religion, or national origin for the purpose of inciting and provoking bodily injury or damage to property. The State Board for Community Colleges and Occupational Education has approved the RRCC Affirmative Action/Equal Opportunity Program Plan (available for individual, public, and agency review in the Personnel Office). The college has designated the Director of Personnel as its affirmative action officer.

Mandatory Reporting

Our College is committed to preserving a safe and welcoming educational environment for all students. As part of this effort, I have an obligation to report certain issues relating to the health and safety of campus community members. I must report to the appropriate College officials any allegation of discrimination or harassment. Sexual misconduct, which includes sexual harassment, non-consensual sexual contact, non-consensual sexual intercourse, and sexual exploitation, is considered a form of discrimination.

In addition to reporting all discrimination and harassment claims, I must report all allegations of dating violence or domestic violence, child abuse or neglect, and/or credible threats of harm to yourself or others. Such reports may trigger contact from a College official who will want to talk with you about the incident that you have shared. In almost all cases, it will be your decision whether you wish to speak with that individual. If you would like more information, you may reach the Title IX/EO Coordinator: D. Arnie Oudenhoven, Executive Director of Human Resources/Title IX Administrator, 303-914-6298 or [Arnie Oudenhoven](mailto:arnie.oudenhoven@rrcc.edu) (arnie.oudenhoven@rrcc.edu)

Reports to law enforcement can be made at the Red Rocks Campus Police Department behind the Welcome Desk at the Main Entrance or [RRCC Dispatch](mailto:rrpd.dispatch@rrcc.edu) (rrpd.dispatch@rrcc.edu) at 303-914-6394. If you would like a confidential resource, please contact Deborah Houser, Assistant Director of Human Resources/Deputy Title IX Administrator, 303-914-6224 or [Deborah Houser](mailto:deborah.houser@rrcc.edu) (deborah.houser@rrcc.edu)

Further information may be found on the college [Human Resources website](http://www.rrcc.edu/human-resources/sexual-misconduct): <http://www.rrcc.edu/human-resources/sexual-misconduct>.

Campus Closure Information

RRCC is exempt from the State Inclement Weather Policy and may remain open while other state government offices close. You can learn when bad weather or emergency conditions require that either of the Red Rocks campuses are closed via local news media, the RRCC website, or by calling the campus closure line at 303-914-6600. **The current RRCC Student Handbook is your most current source** of dates, resources, contacts, and policies:

<http://www.rrcc.edu/student-life/handbook>.

No Smoking Policy

Smoking is not permitted on the Red Rocks Community College campus. Smoking will not be permitted on field trips.

NO SHOW GUIDELINES

February 10 at 6:00 pm FINAL DEADLINE

STUDENTS: PLEASE VERIFY THE SPECIFIC DROP AND WITHDRAW DATES FOR THIS COURSE IN YOUR “[Detailed Student Schedule \(with Drop-Withdrawal Dates\)](#)” LINK IN THE ROCK, UNDER THE STUDENT TAB

https://erpdnssb.ccs.edu/PRODRRCC/wt_student_sched.P_DisplayStudentSched