

Arvada High School

Concurrent Enrollment Courses

Course	Description	Credits
<p>HWE 1050</p> <p><i>Fall Enrollment</i></p>	<p>Human Nutrition</p> <p>High School Instructor: Barbara Steward</p> <p>Introduces basic principles of nutrition with emphasis on personal nutrition. This course focuses on macro and micro nutrients and their effects on the functions of the human body. Special emphasis is placed on the application of wellness, disease, and lifespan as it pertains to nutrition.</p> <p>Prerequisite: None</p> <p>Plan of Study: This course may be counted towards certain Integrative Professions Health degrees and certificates at Red Rocks Community College and may transfer to other colleges https://www.rccc.edu/integrative-health-professions</p>	3
<p>JOU 1006</p> <p><i>Spring Enrollment (yearlong)</i></p>	<p>Media News and Reporting</p> <p>High School Instructor: Sergio Yanes</p> <p>Introduces newswriting, reporting and interviewing with an emphasis on clarity, accuracy, completeness, timeliness and fairness.</p> <p>Prerequisites: None</p> <p>Plan of Study: This course is part of the Journalism Associates of Arts and Digital Media Journalism Associates of Applied Science at Red Rocks Community College and may transfer to other colleges. https://www.rccc.edu/journalism</p>	3
<p>JOU 1021</p> <p><i>Spring Enrollment</i></p>	<p>Photojournalism</p> <p>High School Instructor: Sergio Yanes</p>	3

*Students are encouraged to connect with their preferred college/university advisor to determine transferability of college credit.

*Course offerings subject to change based on instructor availability and approval and required class percentage participation: <https://www.rccc.edu/high-school-relations/credits-at-highschool>

Course	Description	Credits
	<p>Develops photojournalistic skills in capturing moments of real life from a unique personal viewpoint. Covers a broad overview of new media story-telling techniques. Students will focus on the way they observe the world around them and on the content and quality of their photographs.</p> <p>Prerequisites: None</p> <p>Plan of Study: This course is part of the Journalism Associates of Arts and Digital Media Journalism Associates of Applied Science at Red Rocks Community College and may transfer to other colleges.</p> <p>https://www.rccc.edu/journalism</p>	
<p>PHO 1021 <i>Fall Enrollment</i></p>	<p>Image Capture</p> <p>High School Instructor: Sergio Yanes</p> <p>Emphasizes the fundamental operations of a DSLR camera. The general operation of the camera, proper camera handling and maintenance, exposure control, depth of field, lenses and the visual characteristics of lenses, and an understanding of how digital capture works are emphasized. Additional topics include: f-stops, shutter speeds, metering modes, use of the histogram, auto focus, auto bracketing, and exposure compensation.</p> <p>Prerequisites: None</p> <p>Plan of Study: This course may be counted towards certain Photography and Videography Program certificates and AAS degrees at Red Rocks Community College and may transfer to other colleges.</p> <p>https://rccc.smartcatalogiq.com/current/catalog/academic-programs-and-areas-of-study/photography-and-videography-program/</p>	3

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