### The Arvada John Letter

April 2<sup>nd</sup> through April 8<sup>th</sup> 2018

All events listed in the John Letter are open and FREE for current students unless otherwise noted!

E-mail your items to

Mika.Matzen@rrcc.edu

Deadline is Wednesday at Noon prior to the week of publication.

### **Student Activities:**

### **Bystander Training**

Bringing in the Bystander is an evidence-based sexual violence prevention program. Come to this two-part training to understand the role that you can play in preventing sexual assault by becoming an active bystander!

Lakewood campus In Grays Peak room.

9:00 a.m. to 10:15 a.m.

April 2<sup>nd</sup> & 4<sup>th</sup>.

# Honors Program Events Trefny Honors Program Events are Open to ALL Students!

Speaker Series: John Curchin –
Meteorites – Touring the Solar System
Wednesday, April 4<sup>th</sup>
Lakewood Campus In Grays Peak
3:00 p.m. to 4:00 p.m.

# **Honors Program Events Continued:**

**Chemical Footprint Workshop** 

Wednesday, April 18th

**Lakewood Campus in Snowmass Room** 

1:00 p.m. to 3:00 p.m.

Early Admission Applications NOW OPEN!

www.rrcc.edu/honors

#### **Get Out**

Film Screening and Discussion.

Monday April 16th.

1:30 p.m. in The Den on the Lakewood Campus.

### **Rising Star**

You can nominate a person for rising star! Stop by our table in the Great Hall and talk to your SSAC representatives to find out how.

March 19th and 20th.

# Rising Star Awards Luncheon Arapahoe Community College Tuesday, April 10<sup>th</sup>.

### **PTK Member Meeting**

Tuesday, April 20th.

Lakewood Campus In the Mt. Evans room.

1:00 p.m. to 2:00 p.m.

# **Social Justice Reading Group**

Join us for a book club of sorts where students, faculty, and staff gather to discuss strategies for combating systems of oppression through the lens of a shared book.

This semester we will be reading *Men Explain Things to Me* by Rebecca Solnit.

Arvada Campus room 7159.

April 12th at 1:00 p.m.

Pg. 69 through 124.

Contact jen.macken@rrcc.edu for details

Career Conversations: Resumes
Do you have a resume and need
someone to review it? Need to update an
old resume but don't know where to
start? Don't have a resume and need to
create one? Come and learn everything
you need to know about resumes!

Tuesday, April 10th

2:00 p.m. to 3:00 p.m.

In Torreys Peak Room (1572)

**Lakewood Campus** 

Student Recreation Center Spring Programs:

The Strong as a Fox: Bi-Annual Bench Press Competition will take place Tuesday April 10<sup>th</sup>, 2018 from 4 to 6 p.m. in the SRC Weight Room. If you are interested in participating, registration forms are located at the SRC Membership Desk. You may also contact Fitness Coordinator, Bre'una Keeton, to register or for more information at

breuna.keeton@rrcc.edu

Student Recreation Center Spring Programs Continued:

Relaxation. Peace. Self-Reflection.

Join us for Spa Night on Thursday April
19<sup>th</sup>, 2018 from 4-6pm for a night of
calmness and relaxation before finals.

Please email Bre'una Keeton at
breuna.keeton@rrcc.edu for more
information.

Sweat the Stress! Visit one of our free group fitness classes today to sweat the stress of finals away. Class schedule is located on our website at www.rrcc.edu/src

# Student Recreation Center Spring Programs Continued:

DODGEBALL IS BACK! Starting April 4<sup>th</sup>, Wednesdays from 2 to 3 p.m. in the gym. Sign up at the SRC front desk. Spots are limited.

4 on 4 volleyball tournament Friday, April 27<sup>th</sup> from 3 to 8 p.m. Sign up at the SRC front desk.

## **Salary Workshop and Breakfast**

Friday, April 13th

**Breakfast:** 

8:00 a.m. to 9:00 a.m.

Workshop:

9:00 a.m. to 12:00 p.m.

For Information:

www.tinyurl.com/rrcc-itl

To Register:

www.rrcc.edu/luncheon-workshop

# Center for Inclusion & Diversity Programs:

**The Clothesline Project** 

The Clothesline Project is a visual display of shirts with graphic messages and illustrations that have been designed by survivors of violence or by someone who loves a person who has been impacted by violence.

April 2<sup>nd</sup> through April 5<sup>th</sup>

10:00 a.m. to 1:00 p.m.

On The Bridge

# Center for Inclusion & Diversity Programs Continued:

**Perspectives Series Open Forum:** 

#MeToo

This open forum will be a place to talk about experiences of sexual harassment, violence, and the consequences they have for the lives of our students, faculty, and staff.

April 4th

12:00 p.m. in Grays Peak

# **Casino Night**

At RRCC's annual Casino Night event, you can play casino-style games or Bingo! You also have the chance to win amazing prizes like a laptop, TV,

headphones, and more!

Thursday, April 12<sup>th</sup>

3:00 p.m. to 6:00 p.m. in the RRCC Cafeteria on the Lakewood Campus

# **Campus Information:**

**Do You Know:** 

What you owe?

Who your lender is?

What the terms of your loan are?

What options you have if you have

trouble making payments?

Who can help?

Ask Tom Miller your Default Prevention Loan Advisor in Financial Aid.

thomas.miller@rrcc.edu

Call: 303-914-6495

Arvada Campus Student Food Bank
Up to 4 free items with current student
ID. Open to all students, no need to
prove financial hardship to access the
food bank.

Arvada Campus Life Office

Tuesday and Wednesday from 11:00 a.m.

to 1:00 p.m.

Talk 24/7 Sexual Assault Hotline

Call: 303-322-7273

### **Report a Concern:**

www.rrcc.edu/safe

#### **Suicide Prevention Hotline:**

Call: 1-800-273-8255

#### **Attention Students!**

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

# **Arvada Hours of Operation:**

**Arvada Health Clinic** 

Wednesdays 9:00 a.m. to 12:00 p.m.

Fridays from 9:00 a.m. to 4:00 p.m.

### **Behavioral Health**

Wednesdays from 9:00 a.m. to 4:00 p.m.

Fridays from 9:00 a.m. to 4:00 p.m.

**Assessment Hours** 

Monday through Friday from 9:00 a.m.

to 5:00 p.m.

**Bookstore Hours** 

Monday through Friday from 11:00 a.m. to 3:00 p.m.

**Campus Life Office** 

Monday through Friday from 11:00 a.m. to 3:00 p.m.

**Learning Commons** 

Open during campus hours

**Welcome Desk Hours** 

Monday through Friday from 8:00 a.m. to 7:00 p.m.

Saturday from 8:00 a.m. to 5:00 p.m.

**Coffee Shop Hours** 

Monday though Thursday from 7:30 p.m. to 6:00 p.m.

Friday from 8:00 a.m. to 3:00 p.m.

**Advising Hours** 

**Monday through Friday by Appointment** 

**Advising Walk-Ins:** 

**Monday & Wednesday** 

**Financial Aid Hours** 

Monday through Friday from 8:00 a.m. to 5:00 p.m.

Cafe

Monday through Friday from 8:00 a.m. to 5:00 p.m.