#### **Arvada** John Letter

October 30th through November 5th, 2017

All events listed in the John Letter are open and FREE for current students unless otherwise noted!

E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center in Room 1551

#### **Student Activities:**

Halloween Costume Contest
First place gets a choice between
Bluetooth headphones
or a 3-credit class!
NOON
Great Hall
October 31st

#### **Student Food Bank**

# 4 items free with a current student ID at the Student Life Desk. Tuesdays & Wednesdays 11am to 1pm & 4pm to 6pm

## **Student Recreation Center Fall Programs:**

Red Rocks Bouldering Competition
November 11th

rrcc.edu/src/adventure-program for details.

**Want a Fitness Certification?** 

Email: <u>Breuna.keeton@rrcc.edu</u> for more info.

Free group fitness classes!

Visit: rrcc.edu/src/group-fitness for class schedule.

Grab-n-Go!
Snacks every Saturday from 10:00 am to 2:00 pm
at the Student Life Desk

# MOLE DAY CELEBRATION Monday, October 23rd 10:00am to 12:00pm Great Hall

Jazz and Symphonic Music by the Mile High Community Band sponsored by RRCC Thursday, November 16, 2017 6:30 pm to 8:30 pm in the Community Room

#### **Dia De Los Muertos Celebration**

Wednesday, November 1st 12:00 pm to 1:00 pm in the Grand Foyer Make your own sugar skulls!

#### **Internship Opportunities**

- -Engineering Technician with Black & Veatch Paid
- Safety Engineer with Ready Foods \$15/hour
- •Claims Specialist with Social Security Administration Paid
- ADA Assessment with City of Lakewood Paid
- •Research & Development with Proctor & Gamble (Summer 2018 Cincinnati, OH) Paid

Doing an Internship this semester? Want to receive credit or a certification of completion? Contact Melissa English, Internship Coordinator to find out more!

melissa.english@rrcc.edu
303-914-6361 or stop by room 1264 in the
Learning Commons.

# Labyrinth and Sensory Garden Workshop Visit the outdoor labyrinth /garden north of the Recreation Center to learn about this beautiful new campus space. Thursday, October 26th 12:00 to 1:00pm

**Rain Location: Snowmass Room** 

#### **NANOWRIMO**

National Novel Writing Month
Writing Workshops
Wednesday, November 1st
1:30pm to 4:30pm
Torreys Peak
Wednesday, November 6th
12:00pm to 1:00pm
Coffee Shop
Wednesday, November 14th
3:00pm to 4:00pm
Coffee Shop

#### **Social Justice Reading Group**

This semester we will be reading *Waking Up White, and Finding Myself in the Story of Race* by Debby Irving.

There are copies available at the RRCC Bookstore. Group 1:

Read pages 185 through 249 by Thursday, November 2nd at 1:30pm in the Red Fox Room at Lakewood OR Arvada Campus room 7211

#### Group 2:

Read pages 185 through 249 by Monday, October 30th at 2:30pm at Lakewood Campus in the Sandstone Room

Please consider the reflective questions at the end of each section as preparation for our discussion.

#### **Attention Students!**

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

## Student Health & Behavioral Health Counseling MONDAY-FRIDAY 9AM to 4PM

- Monday, Tuesday, and Thursday at Lakewood Clinic a Physical and Behavioral Health Provider will be available from 9am to 4pm.
- Wednesday at Arvada Clinic there will be Behavioral Health Counseling and nurse visits only from 9am-4pm.
  - Fridays at Lakewood Clinic will be Behavioral Health Counseling by appointment only from 9am-4pm.
    - Friday at Arvada Clinic a Physical Health Provider will be available from 9am to 4pm.

Hours and days are subject to change. This schedule is for October 2017. Thank you for your patience during our transition of staff.

#### **Star Party**

Thursday, November 2nd from 7:00pm to 9:00pm
Lakewood Campus
For more details contact:
lynnette.hoerner@rrcc.edu

## Student Life Hours of Operation **Student Life Desk:**

Monday through Thursday:

9:00 am to 7:00 pm

Friday: 9:00 am to 5:00 pm

**Saturday: 10:00 am to 2:00 pm** 

**Student Project Center:** 

**Monday through Thursday:** 

8:00 am to 9:00 pm

Friday: 8:00 am to 6:00 pm

**Saturday & Sunday:** 

10:00 am to 4:00 pm

The Den:

**Monday through Thursday:** 

11:00 am to 7:00 pm

**Saturday: 10:00 am to 2:00 pm** 

**Recreation Center:** 

**Monday through Friday:** 

6:00 am to 9:00 pm

**Saturday & Sunday:** 

9:00 am to 6:00 pm

## Talk 24/7 Sexual Assault Hotline 303-322-7273

**Report a Concern:** 

www.rrcc.edu/safe

**Suicide Prevention Hotline:** 

1-800-273-8255

Experiential Learning Fair
Learn about internships, volunteering, and more.
Thursday, November 2nd
10:30 a.m. to 1:00 p.m.
on the Bridge, in the Great Hall, and Grand Foyer

#### **RRCC Club List**

**Anime Club Concurrent Enrollment Club Creative Writers of Red Rocks Cultural Diversity** D&D Club **Engineering Club Geology Club International Students Club Mechatronics Club NASA Space Grant Club Organic Gardening Club Political Science Club Psychology Club Rainbow Alliance Red Rocks Global Mentors Sustainable Energy** Tea Club **Veterans' Club** Video Game Club

#### For more club information:

http://www.rrcc.edu/student-life/student-clubs-andorganizations