#### **The John Letter**

March 19th through March 25th 2018

All events listed in the John Letter are open and FREE for current students unless otherwise noted!

E-mail your items to

Mika.Matzen@rrcc.edu

Deadline is Wednesday at Noon prior to the week of publication.

#### **Student Activities:**

### **Bystander Training**

Bringing in the Bystander is an evidence-based sexual violence prevention program. Come to this two-part training to understand the role that you can play in preventing sexual assault by becoming an active bystander!

In Grays Peak room.

9:00 a.m. to 10:15 a.m.

April 2<sup>nd</sup> & 4<sup>th</sup>.

#### **LGBTQ 101**

A condensed version of the RRCC Safe Zone training, students will learn terminology, the basics of gender and sexuality theory, as well as develop the knowledge and skills to be an ally to better serve the LGBTQ community.

Friday, March 23<sup>rd</sup>.

1:00 p.m. to 3:00 p.m.

In the Grays Peak room.

To register email Jen Macken at

jen.macken@rrcc.edu .

#### **Peer Counseling Program**

**Alcohol Awareness Tables** 

Alcohol Screenings are available, Play Bean Bag Toss with Drunk Driving Goggles. Stop by and try a "mocktail".

March 20th & 22nd.

In The Great Hall at 10:00 a.m.

#### **Get Out**

Film Screening and Discussion.

Monday April 16th.

1:30 p.m. in The Den.

The Highland Square Ensemble will be performing a free String Quartet recital. Thursday, March 18<sup>th</sup>.

4:00 p.m. to 5:00 p.m.

In the Community Room.

### **Rising Star**

You can nominate a person for rising star! Stop by our table in the Great Hall and talk to your SSAC representatives to find out how.

March 19th and 20th.

# Rising Star Awards Luncheon Arapahoe Community College Tuesday, April 10<sup>th</sup>.

# **PTK Member Meeting**

Tuesday, April 20th.

In the Mt. Evans room.

1:00 p.m. to 2:00 p.m.

# **Social Justice Reading Group**

Join us for a book club of sorts where students, faculty, and staff gather to discuss strategies for combating systems of oppression through the lens of a shared book.

This semester we will be reading *Men Explain Things to Me* by Rebecca Solnit.

In the Grays Peak room.

April 11 at 12:00 p.m.

Pg. 69 through 124.

Contact jen.macken@rrcc.edu for details

# Student Recreation Center Spring Programs:

Free Snacks! Join us on Monday March 19th, 2018 In honor of National Nutrition Month as the SRC will be providing free healthy snacks, ranging from bananas to KIND Bars, for RRCC students. See the SRC Membership Desk for more information.

Student Recreation Center Spring Programs Continued:

The Strong as a Fox: Bi-Annual Bench Press Competition will take place Tuesday April 10th, 2018 from 4:00 p.m. to 6:00 p.m. in the SRC Weight Room.

If you are interested in participating, please pre-register for the competition by visiting the SRC Membership Desk. Registration forms will be located in a binder by the SRC Membership Desk.

Student Recreation Center Spring Programs Continued:

For Strong As A Fox information please contact Fitness Coordinator, Bre'una Keeton, at <a href="mailto:breuna.keeton@rrcc.edu">breuna.keeton@rrcc.edu</a>.

The SRC is now offering free Rock Wall and Skills clinics for RRCC students.

Email Intramural and Adventures

Coordinator, Ben Wygant, to schedule a

Sign up for the 4 versus 4 Coed Indoor Volleyball Tournament today! Visit the SRC Membership Desk for more information on how to register.

session at ben.wygant@rrcc.edu .

### **Honors Program at RRCC:**

Trefny Honors Program Events are open to ALL students!

Iceland Info Meeting
Monday, March 19th
In Grays Peak room.
3:00 p.m. to 4:00 p.m.

Applying for Honors Workshop
Tuesday, March 20th
In the Red Fox Room.
12:00 p.m. to 1:00 p.m.

# Honors Program at RRCC Continued:

**Chemical Footprint Workshop** 

Tuesday, March 20th

**Torreys Peak** 

1:30 p.m. to 3:00 p.m.

# Honors Program at RRCC Continued:

**Speaker Series:** 

**Adam Forland – Tessellation of the Plane** 

**Einstein Problem** 

Wednesday, March 21st

In the Grays Peak room.

3:00 p.m. to 4:00 p.m.

Early Admission Applications NOW OPEN!

To apply visit: www.rrcc.edu/honors

Want to help out your community?

Here are a few RRCC community service projects:

March 24th: Habitat for Humanity (building houses).

April 13th: Night Lights Kids (helping children with disabilities and their siblings).

Please contact <a href="mailto:PR@rrcc.edu">PR@rrcc.edu</a> to sign up or for more information!

### **World Water Day, Nature for Water:**

Thursday, March 22

**Ways to celebrate:** 

- 1.Free admission to the Denver Botanic Gardens.
- 2. Walk to the Environmental Training Center and stop by the creek along the way.
- 3. Sign up for a free workshop at the Environmental Training Center
- 4. Find out how to get a Bachelors degree in Water Quality Management from RRCC.

World Water Day, Nature for Water Contact Information:

From more information contact Summer Waters at <a href="mailto:summer.waters@rrcc.edu">summer.waters@rrcc.edu</a> or visit <a href="www.rrcc.edu/water-quality-management">www.rrcc.edu/water-quality-management</a>.

# **2018 Spring Break**

No Classes March 26<sup>th</sup> through March 30<sup>th</sup>.

Campus will be closed Saturday, March 31<sup>st</sup> & Sunday April 1<sup>st</sup>.

# **Campus Information:**

**Do You Know:** 

What you owe?

Who your lender is?

What the terms of your loan are?

What options you have if you have

trouble making payments?

Who can help?

Ask Tom Miller your Default Prevention Loan Advisor in Financial Aid.

thomas.miller@rrcc.edu

Call: 303-914-6495

#### **Student Food Bank**

All you need is a current student ID to access the food bank

**FOUR ITEMS FREE!** 

At the Student Life Desk.

**Tuesdays & Wednesdays** 

11:00 a.m. to 1:00 p.m. & 4:00 p.m. to 6:00 p.m.

Talk 24/7 Sexual Assault Hotline

Call: 303-322-7273

#### Report a Concern:

www.rrcc.edu/safe

#### **Suicide Prevention Hotline:**

Call: 1-800-273-8255

#### **Attention Students!**

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

### **Campus Life Hours of Operation:**

**Student Life Desk:** 

**Monday through Thursday** 

9:00 a.m. to 7:00 p.m.

Friday: 9:00 a.m. to 5:00 p.m.

Saturday: 10:00 a.m. to 2:00 p.m.

**Student Project Center:** 

**Monday through Thursday:** 

8:00 a.m. to 9:00 p.m.

Friday: 8:00 a.m. to 6:00 p.m.

**Saturday & Sunday: 10:00 a.m. to 4:00** 

p.m.

# Campus Life Hours of Operation Continued:

#### The Den:

**Monday through Thursday:** 

11:00 a.m. to 7:00 p.m.

Saturday: 10:00 a.m. to 2:00 p.m.

#### **Recreation Center:**

**Monday through Thursday** 

6:00 a.m. to 9:00 p.m.

Friday: 6:00 a.m. to 8:00 p.m.

Saturday & Sunday:

10:00 a.m. to 6:00 p.m.

#### **Student Health Clinic:**

**Monday through Friday:** 

9:00 a.m. to 4:00 p.m.

Monday, Tuesday, & Thursday the clinic will have Behavioral Provider Access

Fridays: Behavioral provider by appointment only