# The John Letter

May 14th through May 20th

All events listed in the John Letter are open and FREE for current students unless otherwise noted!

E-mail your items to <a href="Mika.Matzen@rrcc.edu">Mika.Matzen@rrcc.edu</a>
Deadline is Wednesday at Noon prior to the week of publication.

# **Student Activities:**

# **Service Learning**

Great opportunities for students to gain some valuable experience and boost their resumes!

#### **CALL FOR ENTRIES**

**Service Learning Poster Session** 

Did you take a Service Learning course this year? We are seeking students who have participated in service learning courses to present their projects to the National Conference on Service Learning and Community Engagement at RRCC

Friday, May 18th

5:00 p.m. to 6:30 p.m.

Contact:

Email Service Learning for more information and to apply!

## **RRCC Summer Break**

May 9th through June 3rd

# **Service Learning Continued:**

#### **Call for Student Ambassadors!**

We are in need for student ambassadors for the National Community College Conference on Service Learning & Community Engagement that will be held at the RRCC Lakewood Campus on May 18th and 19<sup>th</sup>, 2018. For more

information and to apply, please contact

service.learning@rrcc.edu

To see a complete list of Service Learning courses for Fall 2018 talk to your advisor or go to

www.rrcc.edu/hub/servicelearning/approved-courses

#### **Red Rocks Rec**

Studies have shown that rock climbing relieves symptoms of anxiety.

Start climbing today at the SRC!

Sweat the Stress. The FIT-WELL Group Fitness Program is still offering free classes, from Yoga and Meditation to Zumba and Pilates. Sweat the stress of finals away and join us for one of our engaging classes. Group Fitness classes for the Spring 2018 semester ends on Friday May 4th, 2018.

Fitness Facts 101: Did you know that exercise boosts brainpower?

Research supports that college students who are physically active and who exercise regularly are much more productive in their studies inside and outside of the classroom. Boost your brainpower by visiting the Student Recreation Center (SRC). We're happy to serve your fitness needs!

# **Honors Program**

**Honors Options Courses Fall 2018** 

Honors option courses are open to ALL students!

Honors LIT 202-01H:

**World Literature** 

Honors HIS 247-02H:

20th Century World History

Honors GEY 111-02H: Physical Geology

Talk to your advisor and apply now!

# **Graduation Ceremony 2018**

Saturday, May 12th at 10:00 a.m.

Lakewood Campus Pavilion

# **Internship Opportunities**

Designer / Drafter with Harris Group Starts at \$15 per hour

Associate Project Coordinator with Sun Run

Starts at \$17 per hour

Wastewater Sampling Intern with South Adams Water & Sanitation
District

Starts at \$14 per hour

Accounting Data Entry Intern with ATBS starts at \$11 to \$13 per hour

IT Service Desk Technician with AddOns, Inc. Starts at \$19 per hour

For more information about these and many other internships contact Melissa English at <a href="melissa.english@rrcc.edu">melissa.english@rrcc.edu</a>

303-914-6361 or stop by room 1264 in the Learning Commons.

### **RRCC Student Tech Advice Club**

We aim to help all staff, faculty and students with any questions or issues they encounter on their personal devices, such as smartphones, tablets, laptops, etc.

On The Bridge every Thursday from 12:00 p.m. to 1:00 p.m. on the Lakewood Campus.

# **Campus Information:**

#### Do You Know:

What you owe?

Who your lender is?

What the terms of your loan are?

What options you have if you have trouble making payments?

Who can help?

Ask Tom Miller your Default Prevention Loan Advisor in Financial Aid.

thomas.miller@rrcc.edu

Call: 303-914-6495

## **Student Food Bank**

All you need is a current student ID to access the food bank

**FOUR ITEMS FREE!** 

At the Student Life Desk.

Tuesdays & Wednesdays

11:00 a.m. to 1:00 p.m. & 4:00 p.m. to 6:00 p.m.

### **Talk 24/7 Sexual Assault Hotline**

303-322-7273

## **Report a Concern:**

www.rrcc.edu/safe

# **Suicide Prevention Hotline:**

1-800-273-8255

# **Attention Students!**

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

# Campus Life Hours of Operation Student Life Desk:

Monday through Thursday 9:00 a.m. to 7:00 p.m.

Friday: 9:00 a.m. to 5:00 p.m.

Saturday: 10:00 a.m. to 2:00 p.m.

# **Student Project Center:**

Monday through Thursday:

8:00 a.m. to 9:00 p.m.

Friday: 8:00 a.m. to 6:00 p.m.

Saturday & Sunday:

10:00 a.m. to 4:00 p.m.

(Color Printing is only available during Student Life Desk hours.)

## The Den:

Monday through Thursday:

11:00 a.m. to 7:00 p.m.

Saturday: 10:00 a.m. to 2:00 p.m.

# Campus Life Hours of Operation Recreation Center:

Monday through Thursday 6:00 a.m. to 9:00 p.m.

Friday: 6:00 a.m. to 8:00 p.m.

Saturday & Sunday:

10:00 a.m. to 6:00 p.m.

## **Student Health Clinic:**

Monday through Friday:

9:00 a.m. to 4:00 p.m.

Monday, Tuesday, & Thursday the clinic will have Behavioral Provider Access

Fridays: Behavioral provider by appointment only