The Arvada John Letter

September 11 through September 18, 2017 All events listed in the John Letter are open and FREE for current students unless otherwise noted! E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication. Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center in Room 1551

Student Activities:

Student Recreation Center is now open! Monday through Friday 6:00 am to 9:00 pm Saturday & Sunday 9:00 am through 6:00 pm Located at Lakewood Campus (east entrance)

FEELING LOST!?

If you're feeling a little lost, come and learn about all the resources available to help you be successful! Free Food & Great Info!

Out of the Darkness Suicide Prevention & Awareness Walk 9/23/2017 Coors Field Check in: 8:30am; Event: 10am-12pm

Interested in Joining a RRCC Club? Join us at the Club Fair September 12 11:30am to 1:30pm The Great Hall

Student Food Bank

Up to 4 free items with current student ID at the Student Life Office. Tuesday and Wednesday from 11:00 a.m. to 1:00 p.m.

Sit-N-Knit Every Friday 12pm to 1pm Lakewood Campus Coffee Shop Annex

Paddle Day

Fine Woodworking Canoe-Building class Maiden Voyage Saturday September 23, 10am At Evergreen Lake BBQ, Potluck, Games Bring your own canoe and join the fun!

This is the first semester where ALL Red Rocks online courses will officially begin on August 28th

Prejudice & Pride Documentary Film

This 2003 documentary details the creation of the proud "Chicano" identity, as labor leaders organize farm workers in California, and as activists push for better education opportunities for Latinos, the inclusion of Latino studies, and empowerment in the political process. 9/12/17, 12:00pm room 7159 Arvada Campus

Internship Opportunities

-Design Internship with NCTI: (\$10 to \$12/hour) -Blueprint & Estimate Skills Internship with YS Construction: (\$10/hour) -Social Media Internship with Sosi's Healthy Pleasures (\$10/hour) -Jefferson County Library Foundation Internship (Unpaid) -Wellness Intern with Jefferson County (Unpaid) -Event Planning and Marketing Internship with Science Fair Fun (Stipend)

Doing an Internship this semester? Want to receive credit or a certification of completion? Contact Melissa English, Internship Coordinator to find out more! melissa.english@rrcc.edu 303-914-6361 or stop by room 1264 in the Learning Commons

Attention Students!

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

CONSTITUTION DAY

Monday, September 18th 11:00am - 1:00pm, The Den Free copies of the U.S. Constitution Free Cake & Trivia!

Student Health & Behavioral Health Counseling

MONDAY through FRIDAY 9AM to 4PM

Wednesday at the Arvada Clinic there will be Behavioral Health Counseling from 12pm to 3:30pm
Thursday at the Arvada Clinic a Health Provider will be available from 9am to 4pm
Friday at Lakewood Clinic a Health Provider will be

available from 9am to 4pm

Hours and days are subject to change. This schedule is only for the months of August and September. Note: Behavioral Counseling will still be available at the Lakewood student health clinic Monday-Friday with the exception that there will be NO Behavioral health service Aug 28- Sept 1.

The student health clinic will still be open during this period for non-emergency physical health services.

Arvada Hours of Operation

Welcome Desk Hours Monday through Friday 7:30am to 7:00pm, Saturday 8:00am to 5:00pm Coffee Shop Hours Monday through Thursday 7:30pm to 6:00pm, Friday 8:00am to 3:00pm, Saturday 8:00am to 1:00pm Advising Hours By Appointment 303-914-6011 Walk-In hours are Tuesday through Thursday 9:00am to 4:00 pm **Financial Aid Hours** Monday through Friday 8:00am to 5:00pm Assessment Hours Monday through Friday 9:00am to 5:00pm **Bookstore Hours** Monday 10:00am to 3:00pm Tuesday through Thursday 10:00am to 5:30pm Friday 0:00am to 3:00pm

Arvada Hours of Operation Continued

Student Life Office Monday: 10:00am to 2:00pm Tuesday & Thursday 11:00am to 3:00pm Wednesday & Friday 10:00am to 3:00pm

Talk 24/7 Sexual Assault Hotline

303-322-7273

Report a Concern:

www.rrcc.edu/safe

Suicide Prevention Hotline: 1-800-273-8255

Cashiers Notice!!!

If your summer tuition is not being paid by a 3rd party or has not been set up on an NBS payment plan then your balance must be paid in full by September 7, 2017.

As the summer term concludes, payment is due in full. There is no post-term payment plan available.

No extensions will be granted beyond the term for any reason.

Fall Recreation Center Activities! Group Fitness Classes! Rock Wall Clinics and Events! Intramural Sports! Rock Climbing Trips! Pickup Bubble Soccer/Volleyball/Playstation! Visit <u>www.rrcc.edu/src</u> for more info

Inclusion & Diversity September Events OUCH!

Recognizing & Responding to Microaggressions September 13th, 2:00pm – 4:00pm in Grays Peak

To Register contact Jen Macken

jen.macken@rrcc.edu

Lauren Zuniga Poetry Reading & Writing Workshop September 14th Poetry Reading, 12:00pm to 1:00pm in The Den Writing Workshop, 1:30pm to 3:30pm in Grays Peak ACLU Know Your Rights Workshop September 26th, 12:00pm to 1:30pm in Grays Peak Confronting Injustice with Civility September 27th, 10:30am to 12:00pm in Torreys Peak

RRCC Club List

Anime Club Concurrent Enrollment Club Creative Writers of Red Rocks Cultural Diversity D&D Club Engineering Club Geology Club International Students Club **Mechatronics Club NASA Space Grant Club Organic Gardening Club Political Science Club Psychology Club Rainbow Alliance Red Rocks Global Mentors Sustainable Energy Video Game Club** For more club information:

http://www.rrcc.edu/student-life/student-clubs-and-

organizations

Take the RRCC 2017-18 Wellness Pledge Free T-Shirt while supplies last For more information contact a wellness team member: yvonne.pepping@rrcc.edu breuna.keeton@rrcc.edu deborah.houser@rrcc.edu

"Put Some Muscle in Your Hustle" Entrepreneur Series The Denver Metro Small Business Scene: Current Trends & Happenings Thursday, Sept. 14th, Noon to 1pm In the Community Room

Tutoring Hours Biology, Microbiology & Anatomy & Physiology Monday & Wednesday: 3:00pm to 5:00pm Thursday 10:00am to 12:00pm Friday: 1:00pm to 3:00pm Saturday: 10:00am to 2:00pm Chemistry **Monday & Thursday** 3:00pm to 5:00pm Math Monday: 1:00pm to 3:00pm **Tuesday: 11:00am to 1:00pm Writing Center** Tuesday: 9:00am to 3:00pm Thursday: 10:0am to 2:00pm