

The Arvada John Letter

September 25 through October 1, 2017

**All events listed in the John Letter are open and FREE
for current students unless otherwise noted!**

**E-mail your items to Mika.Matzen@rrcc.edu. Deadline is
Wednesday at Noon prior to the week of publication.**

**Please don't take me with you! If you would like a copy
of this week's John Letter please visit the Student
Project Center in Room 1551**

Student Activities:

Student Recreation Center is now open!

Monday through Friday

6:00 am to 9:00 pm

Saturday & Sunday

9:00 am through 6:00 pm

Located at Lakewood Campus (east entrance)

Student Food Bank

**Up to 4 free items with current student ID at the
Student Life Office. Tuesday and Wednesday from
11:00 a.m. to 1:00 p.m.**

Sit-N-Knit

**Every Friday 12pm to 1pm
Lakewood Campus Coffee Shop Annex**

Paddle Day

Fine Woodworking Canoe-Building class

Maiden Voyage

Saturday September 23, 10am

At Evergreen Lake

BBQ, Potluck, Games

Bring your own canoe and join the fun!

Internship Opportunities

-Design Internship with NCTI: (\$10 to \$12/hour)

-Blueprint & Estimate Skills

Internship with YS

Construction: (\$10/hour)

**-Social Media Internship with Sosi's Healthy Pleasures
(\$10/hour)**

-Jefferson County Library

Foundation Internship (Unpaid)

-Wellness Intern with Jefferson County (Unpaid)

**-Event Planning and Marketing Internship with Science
Fair Fun (Stipend)**

**Doing an Internship this semester? Want to
receive credit or a certification of completion?**

Contact Melissa English,

Internship Coordinator to find out more!

melissa.english@rrcc.edu

**303-914-6361 or stop by room 1264 in the
Learning Commons**

Attention Students!

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

Phi Theta Kappa

New Member Information Meetings

Tuesday, September 26th

12:15pm to 1:00pm

Mt. Evans Room

Wednesday, September 27th from 12:15pm to 1:00pm

Arvada Campus

Student Life

Wednesday, September 27th 5:15pm to 6:00pm

Mt. Evans Room

Student Health & Behavioral Health Counseling

**MONDAY through FRIDAY
9AM to 4PM**

- Wednesday at the Arvada Clinic there will be Behavioral Health Counseling from 12pm to 3:30pm**
- Thursday at the Arvada Clinic a Health Provider will be available from 9am to 4pm**
- Friday at Lakewood Clinic a Health Provider will be available from 9am to 4pm**

Hours and days are subject to change. This schedule is only for the months of August and September.

Note: Behavioral Counseling will still be available at the Lakewood student health clinic Monday-Friday with the exception that there will be NO Behavioral health service Aug 28- Sept 1.

The student health clinic will still be open during this period for non-emergency physical health services.

Arvada Hours of Operation

Welcome Desk Hours

Monday through Friday 7:30am to 7:00pm,

Saturday 8:00am to 5:00pm

Coffee Shop Hours

Monday through Thursday 7:30pm to 6:00pm,

Friday 8:00am to 3:00pm,

Saturday 8:00am to 1:00pm

Advising Hours

By Appointment

303-914-6011

Walk-In hours are

Tuesday through Thursday 9:00am to 4:00 pm

Financial Aid Hours

Monday through Friday 8:00am to 5:00pm

Assessment Hours

Monday through Friday 9:00am to 5:00pm

Bookstore Hours

Monday 10:00am to 3:00pm

Tuesday through Thursday 10:00am to 5:30pm

Friday 10:00am to 3:00pm

Arvada Hours of Operation Continued

Student Life Office

Monday: 10:00am to 2:00pm

Tuesday & Thursday 11:00am to 3:00pm

Wednesday & Friday 10:00am to 3:00pm

Talk 24/7 Sexual Assault Hotline

303-322-7273

Report a Concern:

www.rrcc.edu/safe

Suicide Prevention Hotline:

1-800-273-8255

Cashiers Notice!!!

If your summer tuition is not being paid by a 3rd party or has not been set up on an NBS payment plan then your balance must be paid in full by September 7, 2017.

As the summer term concludes, payment is due in full. There is no post-term payment plan available.

No extensions will be granted beyond the term for any reason.

Fall Recreation Center Activities!

Group Fitness Classes!

Rock Wall Clinics and Events!

Intramural Sports!

Rock Climbing Trips!

Pickup Bubble Soccer/Volleyball/Playstation!

Visit www.rrcc.edu/src for more info

Inclusion & Diversity September Events

OUCH!

**Recognizing & Responding to Microaggressions
September 13th, 2:00pm – 4:00pm in Grays Peak**

To Register contact Jen Macken

jen.macken@rrcc.edu

Lauren Zuniga Poetry Reading & Writing Workshop

September 14th

Poetry Reading, 12:00pm to 1:00pm in The Den

Writing Workshop, 1:30pm to 3:30pm in Grays Peak

ACLU Know Your Rights Workshop

September 26th, 12:00pm to 1:30pm in Grays Peak

Confronting Injustice with Civility

September 27th, 10:30am to 12:00pm in Torreys Peak

RRCC Club List

Anime Club
Concurrent Enrollment Club
Creative Writers of Red Rocks
Cultural Diversity
D&D Club
Engineering Club
Geology Club
International Students Club
Mechatronics Club
NASA Space Grant Club
Organic Gardening Club
Political Science Club
Psychology Club
Rainbow Alliance
Red Rocks Global Mentors
Sustainable Energy
Video Game Club

For more club information:

<http://www.rrcc.edu/student-life/student-clubs-and-organizations>

Take the RRCC 2017-18 Wellness Pledge

Free T-Shirt while supplies last

For more information contact a

wellness team member:

yvonne.pepping@rrcc.edu

breuna.keeton@rrcc.edu

deborah.houser@rrcc.edu

“The Doctor Is In”

Monday, October 2nd

11:30am to 1:00pm

The Bridge (Lakewood)

Tuesday, October 3rd

11:30am to 1:00pm

The Bridge(Lakewood)

Wednesday, October 4th

11:30am to 1:00pm

Arvada Campus

Tutoring Hours

**Biology, Microbiology &
Anatomy & Physiology**

Monday & Wednesday:

3:00pm to 5:00pm

Thursday

10:00am to 12:00pm

Friday: 1:00pm to 3:00pm

Saturday: 10:00am to 2:00pm

Chemistry

Monday & Thursday

3:00pm to 5:00pm

Math

Monday: 1:00pm to 3:00pm

Tuesday: 11:00am to 1:00pm

Writing Center

Tuesday: 9:00am to 3:00pm

Thursday: 10:0am to 2:00pm

FREE rock climbing trip on 9/30 and 10/14 with the Red Rocks Adventure Program. Go to rrcc.edu/src/adventures-program for details.

Need a Fitness Certification?

Email Fitness Coordinator, Bre'una Keeton, at breuna.keeton@rrcc.edu for more information.

Group Fitness Classes Going on Now! Visit one of our free classes today – no commitment.

Visit rrcc.edu/src/group-fitness for class schedule