The John Letter

October 2 through October 8, 2017

All events listed in the John Letter are open and FREE for current students unless otherwise noted!

E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center in Room 1551

Student Activities:

Student Recreation Center is now open!

Monday through Friday
6:00 am to 9:00 pm
Saturday & Sunday
9:00 am through 6:00 pm
Located at Lakewood Campus (east entrance)

Grab-n-Go!

Snacks available every Saturday from 10:00 am to 2:00 pm at the Student Life Desk

Student Food Bank 4 items free with a current student ID at the Student Life Desk. Tuesdays & Wednesdays 11am to 1pm & 4pm to 6pm

Sit-N-Knit
Every Friday 12pm to 1pm
Lakewood Campus Coffee Shop Annex

LGBTQ History Month

Lakewood Campus

LGBTQ Film:
"But I'm a Cheerleader"
October 10th at 1:30 p.m.
in the LGBTQ Center

National Coming Out Day October 11th 9:00 a.m. to 3:00 p.m. on The Bridge

LGBTQ History Month Event list continued

Coming Out Stories
October 11th from
10:30 a.m. to Noon
in The Den

Arvada Campus

"Still Around"
Film Screening
October 4th
9:00 a.m. to 3:00 p.m.
in room 7102

"Gen Silent"
Film Screening
October 11th at 11:00 a.m.
& 2:00 p.m. in room 7102

"The Doctor Is In"

Monday, October 2nd

11:30am to 1:00pm

The Bridge

Tuesday, October 3rd

11:30am to 1:00pm

The Bridge

Wednesday, October 4th

11:30am to 1:00pm

Arvada Campus

Grab-n-Go! Snacks every Saturday from10:00 am to 2:00 pm at the Student Life Desk

Internship Opportunities

- -Design Internship with NCTI: (\$10 to \$12/hour)
- -Blueprint & Estimate Skills

Internship with YS

Construction: (\$10/hour)

- -Social Media Internship with Sosi's Healthy Pleasures (\$10/hour)
- -Jefferson County Library Foundation Internship (Unpaid)
- -Wellness Intern with Jefferson County (Unpaid)
- -Event Planning and Marketing Internship with Science Fair Fun (Stipend)

Doing an Internship this semester? Want to receive credit or a certification of completion?

Contact Melissa English,
Internship Coordinator to find out more!

melissa.english@rrcc.edu

303-914-6361 or stop by room 1264 in the Learning Commons

Attention Students!

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

Free dance classes

Offered and taught by the RRCC dance program
1st and 3rd Friday of each month at 12:00 p.m.
Held in Studio 2 in the new Student Recreation Center
All students, faculty and staff are welcome!
All classes start at noon

Sept 15th - Modern Dance

Oct 6th - Jazz Dance

Oct 20th - Musical Theatre Dance

Nov 3rd - Ballet

Nov 17th - Hip Hop

Student Health & Behavioral Health Counseling

MONDAY through FRIDAY 9AM to 4PM

- •Wednesday at the Arvada Clinic there will be Behavioral Health Counseling from 12pm to 3:30pm
- •Thursday at the Arvada Clinic a Health Provider will be available from 9am to 4pm
- Friday at Lakewood Clinic a Health Provider will be available from 9am to 4pm

Hours and days are subject to change. This schedule is only for the months of August and September.

Note: Behavioral Counseling will still be available at the Lakewood student health clinic Monday-Friday with the exception that there will be NO Behavioral health service Aug 28- Sept 1.

The student health clinic will still be open during this period for non-emergency physical health services.

Student Life Hours of Operation Student Life Desk:

Monday through Thursday:

9:00 am to 7:00 pm

Friday: 9:00 am to 5:00 pm

Saturday: 10:00 am to 2:00 pm

Student Project Center:

Monday through Thursday:

8:00 am to 9:00 pm

Friday: 8:00 am to 6:00 pm

Saturday & Sunday:

10:00 am to 4:00 pm

The Den:

Monday through Thursday:

11:00 am to 7:00 pm

Saturday: 10:00 am to 2:00 pm

Recreation Center:

Monday through Friday:

6:00 am to 9:00 pm

Saturday & Sunday:

9:00 am - 6:00 pm

Talk 24/7 Sexual Assault Hotline 303-322-7273

Report a Concern:

www.rrcc.edu/safe

Suicide Prevention Hotline:

1-800-273-8255

Cashiers Notice!!!

If your summer tuition is not being paid by a 3rd party or has not been set up on an NBS payment plan then your balance must be paid in full by September 7, 2017.

As the summer term concludes, payment is due in full. There is no post-term payment plan available.

No extensions will be granted beyond the term for any reason.

Fall Recreation Center Activities!

Group Fitness Classes!

Rock Wall Clinics and Events!

Intramural Sports!

Rock Climbing Trips!

Pickup Bubble Soccer/Volleyball/Playstation!

Visit www.rrcc.edu/src for more info

Star Party

Wednesday, October 18th from 7:30 - 9:30 p.m.

Lakewood Campus

RRCC Club List

Anime Club

Concurrent Enrollment Club

Creative Writers of Red Rocks

Cultural Diversity

D&D Club

Engineering Club

Geology Club

International Students Club

Mechatronics Club

NASA Space Grant Club

Organic Gardening Club

Political Science Club

Psychology Club

Rainbow Alliance

Red Rocks Global Mentors

Sustainable Energy

Video Game Club

For more club information:

http://www.rrcc.edu/student-life/student-clubs-andorganizations

Take the RRCC 2017-18 Wellness Pledge Free T-Shirt while supplies last For more information contact a wellness team member:

yvonne.pepping@rrcc.edu breuna.keeton@rrcc.edu deborah.houser@rrcc.edu

Phi Theta Kappa
New Member Information Meetings
Tuesday, September 26th
12:15 to 1:00 p.m.
Mt. Evans Room
Wednesday, September 27th
12:15 to 1:00 p.m.

Arvada Campus-Student Life Wednesday, September 27th 5:15 to 6:00 p.m. Mt. Evans Room

Community Forum

The State Board for Community Colleges & Occupational Education invites students and staff in setting goals as a part of the 2017 through 2018 CCCS

Presidential search. Share what you believe should be the priorities for CCCS as well as provide input on the attributes you would like to see in the future System President.

To submit questions email:

RRCC.Communityforum@rrcc.edu

Monday, September 25th from 10:00 a.m. - 11:00 a.m. in the

Community Room

For more information email kathy.schissier@rrcc.edu

Suicide Prevention Project

National day without stigma

Tuesday, October 3rd from

11:00 a.m. to 3:00 p.m.

in the Great Hall

"It's Real: College Students and Mental Health"

film screening

Tuesday, October 3rd From

11:00 a.m. & 12:00 p.m. in The Den

National Depression Screening Day & World Mental

Health Day

Depression screenings and

information Thursday, October 5th & Tuesday, October

10th from

11:00 a.m. to 1:00 p.m. in

the Great Hall