## **The John Letter**

September 11 through September 18, 2017

All events listed in the John Letter are open and FREE for current students unless otherwise noted!

E-mail your items to Mika.Matzen@rrcc.edu. Deadline is Wednesday at Noon prior to the week of publication.

Please don't take me with you! If you would like a copy of this week's John Letter please visit the Student Project Center in Room 1551

### **Student Activities:**

Student Recreation Center is now open!

Monday through Friday
6:00 am to 9:00 pm
Saturday & Sunday
9:00 am through 6:00 pm
Located at Lakewood Campus (east entrance)

#### **FEELING LOST!?**

## If you're feeling a little lost, come and learn about all the resources available to help you be successful! Free Food & Great Info!

# Out of the Darkness Suicide Prevention & Awareness Walk 9/23/2017 Coors Field

Check in: 8:30am; Event: 10am-12pm

Interested in Joining a RRCC Club?

Join us at the Club Fair

September 12

11:30am to 1:30pm

The Great Hall

#### Grab-n-Go!

## Snacks available every Saturday from 10:00 am to 2:00 pm at the Student Life Desk

## Student Food Bank 4 items free with a current student ID at the Student Life Desk. Tuesdays & Wednesdays 11am to 1pm & 4pm to 6pm

Sit-N-Knit
Every Friday 12pm to 1pm
Lakewood Campus Coffee Shop Annex

# Paddle Day Fine Woodworking Canoe-Building class Maiden Voyage Saturday September 23, 10am At Evergreen Lake BBQ, Potluck, Games Bring your own canoe and join the fun!

This is the first semester where ALL Red Rocks online courses will officially begin on August 28<sup>th</sup>

## **Internship Opportunities**

- -Design Internship with NCTI: (\$10 to \$12/hour)
- -Blueprint & Estimate Skills

**Internship with YS** 

**Construction: (\$10/hour)** 

- -Social Media Internship with Sosi's Healthy Pleasures (\$10/hour)
- -Jefferson County Library Foundation Internship (Unpaid)
- -Wellness Intern with Jefferson County (Unpaid)
- **-Event Planning and Marketing Internship with Science Fair Fun (Stipend)**

Doing an Internship this semester? Want to receive credit or a certification of completion?

Contact Melissa English,
Internship Coordinator to find out more!

melissa.english@rrcc.edu

303-914-6361 or stop by room 1264 in the Learning Commons

## **Attention Students!**

Activate and use your student email account. RRCC communicates with students via email ONLY through the student email address.

#### **CONSTITUTION DAY**

**Monday, September 18th** 

11:00am - 1:00pm, The Den

Free copies of the U.S. Constitution

Free Cake & Trivia!

## Student Health & Behavioral Health Counseling

## MONDAY through FRIDAY 9AM to 4PM

- •Wednesday at the Arvada Clinic there will be Behavioral Health Counseling from 12pm to 3:30pm
- •Thursday at the Arvada Clinic a Health Provider will be available from 9am to 4pm
- •Friday at Lakewood Clinic a Health Provider will be available from 9am to 4pm

Hours and days are subject to change. This schedule is only for the months of August and September.

Note: Behavioral Counseling will still be available at the

Lakewood student health clinic Monday-Friday with the exception that there will be NO Behavioral health service Aug 28- Sept 1.

The student health clinic will still be open during this period for non-emergency physical health services.

## **Student Life Hours of Operation Student Life Desk:**

**Monday through Thursday:** 

9:00 am to 7:00 pm

Friday: 9:00 am to 5:00 pm

**Saturday: 10:00 am to 2:00 pm** 

**Student Project Center:** 

**Monday through Thursday:** 

8:00 am to 9:00 pm

Friday: 8:00 am to 6:00 pm

**Saturday & Sunday:** 

10:00 am to 4:00 pm

The Den:

**Monday through Thursday:** 

11:00 am to 7:00 pm

**Saturday: 10:00 am to 2:00 pm** 

**Recreation Center:** 

**Monday through Friday:** 

6:00 am to 9:00 pm

**Saturday & Sunday:** 

9:00 am - 6:00 pm

## Talk 24/7 Sexual Assault Hotline 303-322-7273

## **Report a Concern:**

www.rrcc.edu/safe

#### **Suicide Prevention Hotline:**

1-800-273-8255

### **Cashiers Notice!!!**

If your summer tuition is not being paid by a 3rd party or has not been set up on an NBS payment plan then your balance must be paid in full by September 7, 2017.

As the summer term concludes, payment is due in full. There is no post-term payment plan available.

No extensions will be granted beyond the term for any reason.

#### **Fall Recreation Center Activities!**

**Group Fitness Classes!** 

**Rock Wall Clinics and Events!** 

**Intramural Sports!** 

**Rock Climbing Trips!** 

**Pickup Bubble Soccer/Volleyball/Playstation!** 

Visit www.rrcc.edu/src for more info

"Put Some Muscle in Your Hustle"

Entrepreneur Series

The Denver Metro Small Business Scene:

Current Trends & Happenings

Thursday, Sept. 14th, Noon to 1pm

In the Community Room

## Inclusion & Diversity September Events OUCH!

Recognizing & Responding to Microaggressions
September 13<sup>th</sup>, 2:00pm – 4:00pm in Grays Peak
To Register contact Jen Macken

jen.macken@rrcc.edu

**Lauren Zuniga Poetry Reading & Writing Workshop**September 14<sup>th</sup>

Poetry Reading, 12:00pm to 1:00pm in The Den
Writing Workshop, 1:30pm to 3:30pm in Grays Peak
ACLU Know Your Rights Workshop
September 26<sup>th</sup>, 12:00pm to 1:30pm in Grays Peak
Confronting Injustice with Civility
September 27<sup>th</sup>, 10:30am to 12:00pm in Torreys Peak

#### **RRCC Club List**

**Anime Club** 

**Concurrent Enrollment Club** 

**Creative Writers of Red Rocks** 

**Cultural Diversity** 

**D&D Club** 

**Engineering Club** 

**Geology Club** 

**International Students Club** 

**Mechatronics Club** 

**NASA Space Grant Club** 

**Organic Gardening Club** 

**Political Science Club** 

**Psychology Club** 

**Rainbow Alliance** 

**Red Rocks Global Mentors** 

**Sustainable Energy** 

**Video Game Club** 

For more club information:

http://www.rrcc.edu/student-life/student-clubs-andorganizations

# Take the RRCC 2017-18 Wellness Pledge Free T-Shirt while supplies last For more information contact a wellness team member:

yvonne.pepping@rrcc.edu breuna.keeton@rrcc.edu deborah.houser@rrcc.edu