



October Snacks at Bear Creek

Monday	Tuesday	Wednesday	Thursday	Friday
1 Goldfish & Fruit Cups	2 Pretzels & String Cheese	3 Cheese & Crackers with Veggies	4 Fig Bars & Applesauce	5 Raid the Fridge
8 Animal Crackers & Craisins	9 Go-gurt & Berries	10 Tortilla Chips & Salsa with Carrots	11 Cereal with Milk & Bananas	12 Raid the Fridge
15 Graham Crackers & Apples	16 Cheese Quesadillas with Fruit Cups	17 Pita Chips with Hummus & Snap Peas	18 Bagels with Cream Cheese & Raisins	19 Raid the Fridge
22 Popcorn & Oranges	23 Apple Cinnamon Straws & Fresh Fruit	24 Pretzels & Celery with Cream Cheese	25 Berries and Vanilla Wafers	26 Raid the Fridge
29 Rice Cakes & Fresh Fruit	30 Cracker Stackers & Carrots	31 Cheez-Its & Fruit Snacks Happy Halloween!		

Program Information

Site Phone: 303.519.6377

Site Manager: Beth Williams

Program Manager: Sarah Espinoza (303) 914.6452

Accounts: (303) 914-6515

Program Administrator: Lizz Phelps (303) 914-6253



Hours of Operation:

6:30am-8:10am & 2:30pm-6:00pm



Afternoon Schedule:

2:50 Check In	3:45 STEAM Activity
Homework	Group Game
Outside	4:45 Study Hall
Inside	Library
Centers	
Engineering	5:15 Clean & Go Home
Snack	

All snacks are served with milk and water.

