## Kendrick Lakes Newsletter

### February, 2019

#### **Important Dates**

February 1<sup>st</sup>: Tuition is due on the first of the month, even on weekends.

February 15<sup>th</sup>: It is an early release day. Please remember that we only provide care during morning and afternoon to families who have signed up for early release. Please sign up by 2/1/19.

February 18<sup>th</sup>: There will be no care this day due to it being President Day.

March 15<sup>th</sup>: Early Release Day. Sign up by 3/1/19

March 25-29<sup>th</sup>: Spring Break Care @ Kendrick Lakes. Sign up by 3/11/19.

Full days & Early Release sign up website: https://rrcc.formstack.com/forms/sacc\_early\_rel ease\_full\_day\_school\_break

Due to construction plans with the district, summer registration is being delayed. We will inform you as soon as we are close to opening regist ering for summer.



# Contact information

Site Manager Seena Karki 303.519.3735 Seena.karki@rrcc.edu Accounting 303.914.6506 sacc@rrcc.edu rrcc.edu/School-agechildcare Program Manger Sarah Espinoza 303.914.6452 Sarah.espinoza@rrcc.edu Program Administrator Lizz Phelps We had our Jr.Staff interview our first grader, Chloe, to get to know her better.

Favorite thing about Red Rocks?

Playing with you.

Favorite color?

Turquoise

What is Favorite sports you like to play?

Soccer.

What is your favorite ice cream?

Mint-Chocolate chip.

What is your favorite thing to do at School?

I like to go to the Gym!

Interviewer: Kiara Interviewee: Chloe

#### Why it is important for kids to eat healthy?

Healthy eating can help prevent many chronic diseases such as obesity, heart disease, high blood pressure, and type II diabetes.

Healthy eating habits are more likely to stay if children learn them from small age.

Eating healthy and staying active in school can help you feel better, do better in sports, concentrate, and get better grades and test scores.

Keeping this information in mind, RRCC SACC strives to provide nutritious snacks for your child(ren) each afternoon. We also include cooking projects that provide the children with skills they can use to create healthy meals as adults.



