Kendrick Lakes Newsletter

March, 2019

Important Dates

March 1st: Tuition is due on the first of the month, even on weekends.

March 15th: Early Release Day. Sign up by 3/1/19

March 25-29th: Spring Break Care at Kendrick Lakes. Sign up by 3/11/19.

April 26th: Early Release day. Sign up by 4/12/19.

Full days & Early Release sign up website: https://rrcc.formstack.com/forms/sacc_e arly_release_full_day_school_break



Happy 100th day of school!



Contact information

<u>Site Manager</u>

Seena Karki

303.519.3735

Seena.karki@rrcc.edu

Accounting

303.914.6506

<u>sacc@rrcc.edu</u>

rrcc.edu/School-agechildcare

Program Manger

Sarah Espinoza

303.914.6452

Sarah.espinoza@rrcc.edu

Program Administrator

Lizz Phelps

Liz.phelps@rrcc.edu

The Power of Positive Reinforcement

Positive reinforcement is when one concentrates on what the child is doing right rather than concentrating on what the child is doing wrong. For example, when your child puts away their toys without being asked to do so, "thank you for putting your toys away, I appreciate that!" is positive reinforcement and, "You finally put those toys away, about time!" is negative reinforcement. The benefits of positive reinforcement are:

- 1. Your child begins to recognize the value of his/her own positive quality and actions.
- 2. Your child feels noticed, validated, and approved of.
- 3. The good behavior increases and misbehavior decreases or is prevented.
- 4. Child grows up feeling good about themselves and has a healthy self-esteem.
- 5. It provides the child positive motivation toward a positive outcome.





Here at Red Rocks we have started our sticker charts as a positive reinforcement. If your child finishes one page of homework or 30 minutes of reading they can earn a sticker. They can also earn stickers by being leaders and helping when needed. If your child has five stickers then they can listen to the music of their choice. If a child earns ten stickers then they can earn an extra snack. If your child earns 15 stickers then they can choose a gym/STEAM activity of their choice. If your child earns 20 stickers then they can choose a toy or game that they would like me to purchase for Red Rocks. Feel free to check out our sticker chart as it's attached to our game cabinet.

