

Kendallvue May Newsletter

May News

Greetings Kendallvue friends and families! Can you believe it's May? Summer is knocking at the door. Only 15 days of RRCC SACC Program left and 18 days until school is out!

I want to thank everyone for a fabulous year. Your kiddos are fantastic and have been a joy to work with. As our school year comes to a close, we are sad to see our 5th graders graduate the Red Rocks Program. We are excited for them, as they get ready to embark on a new life venture into middle school.

Summer is almost here and we have a fun filled *Novel Summer* adventure in store for our summer campers this year, here at Kendallvue! If this is the first time your child will be attending summer camp, make sure to come to our Family Night Orientation on May 9th at 6:15pm. This meeting is for new families attending summer camp as well as those of you who have additional questions. It will be held at Kendallvue Elementary.

Our Karaoke Club Performance will be Wednesday, May 15th from 6:00-6:45pm! We will be set up in the gym and ready to rock and roll!

SUMMER FAMILY FREE DAYS

Denver Art Museum 6/4/19

<http://www.denverartmuseum.org>

Chatfield Farms 7/2/19

<http://www.botanicgardens.org>

Four Mile Historic Park-Free Day

6/14/19 12pm – 4pm

Parker Arts-Free Summer Concerts at Discovery Park 6/13/19

www.ParkerArts.org

Children's Museum of Denver - Free Evening 7/2/19, 8/6/19 4pm-8pm

<https://www.mychildsmuseum.org>

Important Dates to Remember!

Tuition Due

May 1st

Tuition is always due on the first of every month.

Summer Family Orientation

May 9th 6:15pm-7:00pm

This meeting is for new families attending summer camp and will be held at Kendallvue Elementary.

Summer Camp

Summer Care starts on

Tuesday, May 28th

Site Manager:

Amy Lewis
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Program Manager

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Accounting

If you do not receive your statement by the 18th of the each month, please reach out to us at SACC@rrcc.edu

Website – rrcc.edu/sacc

Payments –

<http://www.rrcc.edu/school-age-childcare/online-bill-pay>

Hours of Operation ^{SEP}

6:45 AM – 6:00 PM

**Please note that
 May 21nd is our last
 day of care for the
 school year!**



Summer Safety Tips

Summer is a great time for kids to enjoy different indoor and outdoor activities. Whether they are young children or teens, learn ways to keep your kids safe and healthy while they enjoy the summer fun.

Master water safety

Water-related activities are popular for getting [physical activity](#) and have many [health benefits](#). Here are some tips to stay safe while having fun.

- Learn how to prevent [recreational water illnesses](#) and help protect yourself and your kids.
- Help kids get [H2O Smartz](#) about water safety.

Drownings are the leading cause of injury death for young children ages 1 to 4, and three children die every day as a result of [drowning](#).

- Always supervise children when in or around water. A responsible adult should constantly watch young children.
- Teach kids to swim. Formal swimming lessons can protect young children from drowning.
- Learn cardiopulmonary resuscitation (CPR). Your CPR skills could save someone's life.
- Install a four-sided fence around home pools.

[Recreational boating](#) can be a wonderful way to spend time with family and friends. Make boating safety a priority.

- Wear a properly fitted life jacket every time you and your loved ones are on the water.
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Beat the heat and sun

Heat-related illness happens when the body's temperature control system is overloaded. [Infants and children](#) up to 4 years of age are at greatest risk. Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather. For heat-related illness, [the best defense is prevention](#).

- Never leave infants, children, or pets in a parked car, even if the windows are cracked open.
- Dress infants and children in loose, lightweight, light-colored clothing.
- Schedule outdoor activities carefully, for morning and evening hours.
- Stay cool with cool showers or baths.
- Seek medical care immediate if your child has [symptoms of heat-related illness](#).

Just a few serious sunburns can increase you and your child's risk of [skin cancer](#) later in life. Their skin needs protection from the sun's harmful ultraviolet (UV) rays whenever they're outdoors.

- Cover up. Clothing that covers your and your child's skin helps protect against UV rays.
 - Use sunscreen with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.
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[Keep mosquitos and ticks from bugging you this summer](#)

Protect yourself and your family by preventing bites and diseases, like [Zika](#), [West Nile virus](#) and [Lyme disease](#), which can be transmitted by insects.

- [Use an effective insect repellent](#) while playing outdoors.
 - Make your backyard a [tick-safe zone](#).
 - Check yourself and your children for ticks. [Ticks are easy to remove](#).
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[Prevent Injuries](#)

Each year in the United States, emergency departments treat more than 200,000 children ages 14 and younger for playground-related injuries. [Falls](#) at home and on the playground are a common cause of injury.

- Check to make sure that the surfaces under [playground](#) equipment are safe, soft, and well-maintained.
- Supervise young children at all times around fall hazards, such as stairs and playground equipment.
- Use stair gates, which can help keep a busy, active child from taking a dangerous tumble.

A concussion is a type of [traumatic brain injury](#) caused by a bump, blow, or jolt to the head that can change the way your brain normally works. Concussions can occur in any sport or recreation activity.

- Learn [concussion signs and symptoms](#) and [what to do](#) if a concussion occurs.
- Make sure kids and teens wear the right protective equipment for their sport or recreation activity.

Parents can take many actions to protect their children's health and safety at home.

- [Stay smart around the house](#) by following tips on fire prevention, microwave use, and living with pets.
- Learn [healthy home](#) tips for each room in the house.

[Young workers](#) have high job injury rates. Hazards in the workplace, inexperience, and lack of safety training may increase injury risks for young workers.

- Know their rights, employer and [teen worker](#) responsibilities, and what teens under 18 can't do.