



Dear Parent or Guardian,

Jefferson Center's School Based Prevention Program and Red Rocks School Age Child Care is partnering for the third year to provide social/emotional learning to children and families. The primary goal is to increase children's skills in areas such as self-management, self-awareness, responsible decision-making, relationship skills, and social awareness. We are excited to present our summer series "**My Best Self.**" During the month of June, we will be presenting lessons and activities at your child's summer Red Rocks School Age Child Care program.

Halie Perko, MA, LPC is the School Based Prevention Specialist at your child's summer child care program. During her time with your child, Halie will teach four lessons on topics that have been found by The Collaborative for Academic, Social, and Emotional Learning (CASEL) to help increase positive and safe behaviors in children. Topics your child will be learning include: how their brain works, emotional regulation, coping skills, and effective communication.

If you have any questions or do not wish for your child to participate, please contact Halie by cell phone at 303-929-1128 or, by email at HalieP@jcmh.org. In order to provide this service for free, we collect the names and birthdates of the children in attendance in order to check for Medicaid eligibility, which is our funding source. Due to COVID-19, we will be following the health and hygiene requirements set out by the State of Colorado and Red Rocks School Age Child Care program to keep all participants and instructors as safe as possible.

In addition to the School Based Prevention team, Jefferson Center has a wide variety of programs and services for members of our community. Information about these services is available on our website at www.jcmh.org or call us at 303-425-0300. While we can refer for more in-depth services, our time with the children in this child care setting, is strictly educational.

Sincerely,

Your School Based Prevention Team