



Snacks @ Semper

Monday	Tuesday	Wednesday	Thursday	Friday
1 Tortilla Chips w/Salsa and Edemame	2 Granola Bars and Grapes	3 Graham Crackers and Cream Cheese w/Craisins	4 Pretzels w/Cream Cheese and Celery	5 Raid the Fridge
8 Bananas and Cereal	9 String Cheese and Apples	10 Goldfish and Applesauce	11 Tortilla Chips, Salsa and Carrots	12 Raid the Fridge
15 Quesadillas, Salsa, and Guacamole	16 Veggie Straws and Go-Gurt	17 Carrots and Popcorn	18 Bagels, Cream Cheese, and Craisins	19 Raid the Fridge
22 Cucumber and Hummus	23 Granola Bars and Fruit Snacks	24 Rice Cakes and Fruit Cups	25 Celery w/ Cream Cheese and Crackers	26 Raid the Fridge
29 Ham and Cheese, Crackers and Cucumbers	30 Cinnamon Toast and Strawberries	1 Cheeze It's and Veggies	2 Apple Butter and Vanilla Wafers	3 Raid the Fridge

Program Information:

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Site Manager: Hannah Keyes

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Hours of Operation: 6:45-8:30 / 3:25-6:00

All snacks are served with milk and water and are subject to change.

3:25	4:30
Check In	STEAM
Homework	Gym
Outside	5:00
Inside	Clean Up
Centers	5:30
Engineering	Gym
Snack	