



Dear Parent,

Jefferson Center for Mental Health and Jefferson County Public Schools have partnered for over 20 years to provide support to children and families in the district. The School Based Prevention Program is an innovative collaboration between Jefferson Center and Jeffco with the primary goal of increasing student's skills in areas such as self-management, self-awareness, responsible decision making, relationship skills and social awareness. We are excited to extend this partnership into the summer with our summer series **My Best Self**. During the month of June we will be presenting lessons at your child's Red Rocks summer program.

The Prevention Team is made up of master's level professionals dedicated to providing meaningful learning to students. During their time with the students they will use evidence-based curriculums that have been proven to help increase positive and safe behaviors in children. The summer series will be character based, focusing on developing the traits of **integrity, perseverance, compassion, and self-awareness** using direct instruction and both large and small group activities including skits, music, crafts and games!

If you have any questions please contact Laura Nichols, School Based Prevention Coordinator, at 720-390-1019 or lauran@jcmh.org. In order to provide this service free to students, we do collect the names and birthdates of students who receive services to verify children served for our funding sources.

In addition to the school based team, Jefferson Center has a wide variety of programs and services for other members of our community. Information about these services is available on our website at www.jcmh.org or call us at 303-425-0300.

Sincerely,

Your School Based Team