



February Snack at Sempër

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Rice Cakes and Applesauce	2. Raid The Fridge
5. Veggie Straws and Dried Mangos	6. Salad with Tomatoes, Croutons and Dressing	7. Yogurt, Animal Crackers and Berries	8. Tortilla Chips with Salsa and Fresh Veggies	9. Raid The Fridge
12. Nutri-grain Bars and Cuties	13. Bagels, Cream Cheese and Craisins	14. Veggie Straws and Fruit Cups	15. Raid The Fridge	16. Full Day at Adams
19. RRCC SACC CLOSED Presidents Day	20. Popcorn and Apples	21. Cheerios with Milk and Bananas	22. Ham and Cheese Roll-ups with Mixed Veggies	23. Raid The Fridge
26. Graham Crackers and Mandarin Oranges	27. String Cheese, Carrots and Crackers	28. Pretzels and Dried Fruit	29. Breakfast Bars and Berries	

Program Information:

Site Manager: Sara Westemeier / 303-519-3737
Sara.Westemeier@rrcc.edu

Program Manager: Allie Jones / 303-914-6452
Allie.Jones@rrcc.edu

Accounts: sacc@rrcc.edu

Program Administrator: Sarah Espinoza
Sarah.Espinoza@rrcc.edu

All snacks are served with milk and water.

Hours of Operation:
6:30 am - 7:35 am
2:35 pm - 6:00 pm

Afternoon Schedule:

2:35 Check In	3:45 STEAM
Homework	Group Game
Outside	
Inside	
Centers	4:45 Clean Up
Engineer	Homework
Snack	



February Activities at Sempër

Monday	Tuesday	Wednesday	Thursday	Friday
			1. STEAM: Shadow Puppets Theater G.G. Gotcha Study Hall: Measurement Madness	2. STEAM: Reflective Sun Catchers G.G. Boxcars
5. STEAM: Windy Pinwheels GG: Human Shapes SH: Dice Patterns	6. STEAM: Cloud in a Jar GG: Bananas SH: Roll and Add	7. STEAM: Windy Art GG: Helium Hoop SH: Dice Graphing	8. STEAM: Storm in a Jar GG: Heads Up SH: Number Stories	9. STEAM: Rainbow Windsocks GG: Bumper Tag
12. STEAM: Candy Structures GG: Protector SH: Story in Pictures	13. STEAM: Heart-Shaped Parachutes GG: As I Say SH: Alphabet Adventure	14. STEAM: Valentine's Slime GG: Volley Tennis SH: Dreamy Doodles	15. STEAM: Dissolving Candies GG: 4-Square Volleyball SH: My Perfect Pet Poem	16. Full Day at Adams
19. RRCC SACC CLOSED Presidents Day	20. STEAM: Red, White, and Blue Friendship Bracelets GG: Bumping Buddies SH: Character Sketch	21. STEAM: Mount Rushmore Clay Sculptures GG: Countdown SH: Time Travel Journal Entry	22. STEAM: Balloon Rocket Launch GG: Crossover SH: Mystery Object Descriptions	23. STEAM: Pioneer Log Cabins GG: Mini Volleyball
26. STEAM: Frog Habitat Diorama GG: Royal Court SH: Collaborative Story Building	27. STEAM: Froggy Art Camouflage GG: Serving Shower SH: Story Cubes	28. STEAM: Frog Sounds Symphony GG: Setting Pairs SH: Number Ninja War	29. STEAM: Froggy Rock Painting GG: Table Tennis SH: Greater or Lesser Fisherman	

Program Information

Site Manager: Sara Westemeier / 303-519-3737

Sara.Westemeier@rrcc.edu

Program Manager Allie Jones / 303-914-6452

Allie.Jones@rrcc.edu

Accounts: sacc@rrcc.edu

Program Administrator: Sarah Espinoza

Sarah.Espinoza@rrcc.edu

Hours of Operation:

6:30 am - 7:35 am

2:35 pm - 6:00 pm

Afternoon Schedule:

2:35 Check In
Homework
Outside
Inside
Centers
Engineer
Snack

3:45 STEAM
Group Game

4:45 Clean Up
Homework