



Grief Resources - Youth Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Many organizations that provide grief support in the community also offer individual grief counseling and family support.

Jefferson Center

303-425-0300

Multiple locations

www.jcmh.org

- Outpatient groups – offers a wide range of support groups for clients of Jefferson Center.
- Please contact Navigation at 303-432-5130 to learn more about Jefferson Center's current offerings.

Community Support

Judi's House

720-941-0331

10125 E 25th Ave. Aurora, CO 80010

www.judishouse.org

- Provides support groups, grief education groups, individual and family counseling, and activities for grieving youth. Also provides support and education for caregivers of grieving children and youth.
- Services are available in Spanish.
- Services are provided free of charge to children and families grieving a death loss of any kind.

Resilient Minds Counseling

303-578-9312

12213 Pecos St. Suite 200, Westminster, CO 80234

<http://resilientmindscounseling.com/>

- Specializes in grief counseling for children, youth, and adults.
- Offers EMDR, Play therapy and individual/family therapy
- Private pay

Children's Hospital – The Colors of Healing Bereavement Program

720-777-6978

<https://www.childrenscolorado.org/doctors-and-departments/departments/grief-and-loss/#:~:text=720%2D777%2D6978,of%20gatherings%20and%20resource%20information.>

- Family centered bereavement services that support your grieving family through a variety of gatherings and resource information.
- Services offered include resources and referrals, a variety of support groups, a fall grief conference, a sibling day camp for bereaved children, and more.

Contents:

Our resources are grouped into the following categories:

[Support at Jefferson Center](#) – p. 1

[Support in the Community](#) – p. 2

[Support for Loss of a Pet](#) – p. 2-3

[Other Resources and Support](#) – p. 3

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

Camp Comfort – Mt Evans Home Health Care and Hospice

303-674-6400

<http://www.mtevans.org/camp-comfort/>

- Offers a weekend camp twice each summer for grieving children ages 6-12 years of age.
- Camp is held in Georgetown and is free for children. A \$25 deposit is required to secure a child's spot.
- A three day long day camp is now offered as well.

The Denver Hospice – Footprints Children's Grief Center

303-321-2828

8299 E Lowry Blvd. Denver, CO 80230

<https://thedenverhospice.org/grief-support/>

- Provides specialized support to children and teens (ages 3 – 17) with anticipatory grief while a loved one is ill. Also provides individual counseling to grieving children following a death loss.
- Counseling held in-person or virtually. Sessions are free of charge to our family members/caregivers and offered to grieving individuals of our community on a fee-per-session basis.

Outward Bound – Grieving Teens Expeditions

866-467-7651

<https://www.outwardbound.org/expeditions/grieving-teens/>

- Intended to provide respectful healing experiences in a wilderness environment, these courses implement personal growth methodologies and a simple support model that honors the griever.
- Reduced tuition provided for all program participants.

Richard Lambert Foundation

720-408-8417

457 S 4th Ave, Brighton, CO 80601

<http://www.richardlambertfoundation.org>

- Provides a variety of services for grief for adults and youth, including events, counseling, and support groups. Counseling available for clients 5 and up.
- Support services are free of charge and counseling services are offered on a sliding scale. The counseling program serves the uninsured, low-income families, families facing financial difficulties and the inability to afford copays and deductibles, and any individual regardless of income.

Resilience1220

720-282-1164

32003 Ellingwood Trail, Evergreen, CO 80439

<https://www.resilience1220.org/>

- Resilience1220 provides services in the form of FREE counseling sessions and support groups for young people ages 12 - 20.
- Provides individual counseling with a focus on grief, as well as events and groups

Support for Loss of a Pet

Denver Pet Loss Support Group

303-539-7646

<http://www.humananimalbondtrust.org/>

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

- The Pet Loss Support Group is a safe and supportive environment where individuals can come to process the grief occurring from the loss of a beloved animal companion. This weekly group is facilitated by licensed therapists and is free of charge.
- Meetings currently held via Zoom, see website for more details.

Pet loss support hotline numbers and National Support Groups

| | | |
|--|---|--|
| <p>Anti-Cruelty Society Pet Loss Support Group: https://anticruelty.org/pet-loss-support</p> | <p>CSU Veterinary Teaching Hospital Call-in Pet Loss Group 1-(425)-436-6350 Enter access code 880072 First Thursday of the month, 6:30-8 p.m.</p> | <p>Cornell University veterinary students Pet Loss Support Line 607-218-7457</p> |
| <p>Chicago Veterinary Medical Association Pet Loss Support Hotline: 630-325-1600</p> | <p>Pet Loss Support Hotline Staffed by Tufts University veterinary students 508-839-7966</p> | |

Other Resources and Supports

National Alliance for Children’s Grief
 866-432-1542
<https://nacg.org/>

- Online resources and supports as well as information on local resources.

The Dougy Center – The National Center for Grieving Children and Families
 503-775-5683
<https://www.dougy.org/>

- Providing grief resources and tool kits for kids, teens, parents, and young adults
- Resources also available in Spanish